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Name: .....

Reg. No: .....

**SECOND YEAR B.P.Ed. DEGREE EXAMINATION, APRIL 2021**

(Regular/Supplementary/Improvement)

**BPE2 T10 - FIRST AID AND SAFETY EDUCATION AND LIFE SKILL EDUCATION**

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A**.  
Any *one* question from **Part-B**. Question from **Part C** is Compulsory.

**PART –A**

1. What are the safety to be followed at Swimming pool and Gymnasium?

**(1 × 15 = 15 Marks)**

2. A. Choose the Correct answer:

i. How can you recognize a arterial bleeding?

- a) Blood flows equal of the wounds.
- b) Bloods flows out of the wounds.
- c) Bloods flows with pulse out of the wounds.
- d) None of these.

ii. In a bone, if concavity: elongation: convexity: \_\_\_\_\_

- a) Compression.
- b) Depression.
- c) Suppression.
- d) Extension.

iii. How many compression and breaths should do for each cycle of CPR?

- a) 15 compressions, 2 breaths.
- b) 30 compressions, 5 breaths.
- c) 30 compressions, 2 breaths.
- d) 15 compressions, 5 breaths.

iv. The purpose of CPR is to:

- a) Maintaining oxygenated blood circulation
- b) Stabilize body temperature to avoid hypothermia
- c) Build upper body strength
- d) Dislodge blood cloths within the victim's lungs

(1)

**Turn Over**

v. Which is not a symptom of shock?

- a) Strong thirst, nausea or vomiting.
- b) Chest or abnormal pain, breathing difficulty.
- c) Restless or irritability.
- d) Rapid breathing or rapid pulse.

(5 × 1 = 5 Marks)

B. State whether the following statements are true or false:

- i. The full form of CPR is Cardio Pulmonary Resuscitation
- ii. Bites from the wild animals carry the risk of rabies
- iii. A stroke can be caused by the blood clot
- iv. When someone is having a seizure, you should place an object in their mouth to prevent them from biting their tongue.
- v. A typical sprain occurs when you misstep and land on the side of your foot

(5 × 1 = 5 Marks)

C. Match the Following:

- |                       |   |
|-----------------------|---|
| i. Anaphylactic shock | a) Spider bites first aid                       |
| ii. Sprain            | b) tendons                                      |
| iii. Heimlich         | c) to remove blockage in the victim's breathing |
| iv. Hypothermia       | d) cold, tired, shivering                       |
| v. Scold              | e) a burn by liquid or gas                      |
| vi. Defibrillator     | f) High energy electric shock                   |
|                       | h) ligaments                                    |

(5 × 1 = 5 Marks)

3. Discuss briefly:

- a) Define exposed injury and its managements.
- b) Character building through sports participation.
- c) Briefly elaborate about safety education.

(3 × 5 = 15 Marks)

4. Write notes about the followings:

- a) Define fracture, its types, and first aid managements.
- b) Types of Bandages, procedure of applying bandages.
- c) What are the main causes of sprain and strain?

(3 × 5 = 15 Marks)

5. Explain briefly:

- a) Principles of first aid.
- b) Traffic safety.
- c) Techniques of carrying a injured person.

(3 × 5 = 15 Marks)

**PART – B**

6. A Physical education teacher must have valid CPR certificate Justify your answer?

(1 × 15 = 15 Marks)

7. Write about the first aid procedure for:

- a) Chocking and electric shock
- b) Fracture and dislocation
- c) Snake bite

(3 × 5 = 15 Marks)

**PART – C**

8. Answer shortly on any *five* of the followings:

- a) Unexposed Injury
- b) Three modalities of CPR
- c) PRICER
- d) First Aid Kit
- e) Disaster Readiness
- f) Recreational Safety
- g) Crepe Bandage
- h) Blisters
- i) Defibrillator

(5 × 3 = 15 Marks)

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