

20P432

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Name:

Reg. No.....

FOURTH SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2022

(CBCSS-PG)

(Regular/Supplementary/Improvement)

**CC19P SOW4 E1 03 - THERAPEUTIC APPROACHES IN MEDICAL AND
PSYCHIATRIC SETTINGS**

(Social work- Elective Course)

(2019 Admission onwards)

Time: Three Hours

Maximum: 30 Weightage

Part A

Answer any *four* questions. Each question carries 2 weightage.

Each question should not exceed 100 words.

1. What is Systematic desensitization?
2. What do you mean by Re-educative psycho therapy?
3. Discuss Reinforcement and Punishment.
4. Explain Unconditional Positive Regard.
5. What is NLP?
6. Discuss Occupational Therapy
7. Explain Gestalt therapy.

(4 × 2 = 8 Weightage)

Part B

Answer any *four* questions. Each question carries 3 weightage.

Each question should not exceed 300 words.

8. Define psychotherapy. Discuss the scope and objectives of psychotherapy.
9. What do you mean by psychodynamic therapies? Critically analyze the psychodynamic approach of Sigmund Freud with suitable illustrations.
10. Discuss the applicability of Exposure and Response Prevention therapy in Psychiatric setting.
11. What do you mean by Mindfulness? Explain how mindfulness-based stress reduction helps clients improve their coping strategies.
12. Write a short essay on the concept and process of reality therapy.
13. Discuss the relevance of Couple and Marital therapies in the current scenario.
14. Explain briefly on Solution focused therapy.

(4 × 3 = 12 Weightage)

Part C

Answer any *two* questions. Each question carries 5 weightage.

Each question should not exceed 800 words.

15. Describe the concept of behavior modification. Discuss the contributions of Ivan Pavlov and B.F Skinner in human behavior change.
16. Elucidate the process and techniques used in systemic family therapy.
17. What do you mean by Transactional Analysis? Elaborate on the process of Transactional Analysis.
18. Explain the concept of Therapeutic Community. Discuss its applicability in the rehabilitation process of persons with mental illness.

(2 × 5 = 10 Weightage)
