

**20BP24**

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Name: .....

Reg. No: .....

**SECOND YEAR B.P.Ed. DEGREE EXAMINATION, APRIL 2022**

(Regular/Supplementary/Improvement)

**CC15U BPE2 T9 - EDUCATIONAL AND SPORTS PSYCHOLOGY**

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A**.

Any *one* question from **Part-B**. Questions from **Part C** is Compulsory.

**Part-A**

1. Define the term psychology. Explain the role of Psychology in Physical Education and competitive sport.

**(1 × 15 = 15 Marks)**

2. (A) Fill in the blanks with appropriate answers from the bracket:

(a) Observation of one's mental and emotional process is known as \_\_\_\_\_

(Case study, Introspection, Experimentation, Psychoanalysis)

(b) A stage in learning when the learning process is stagnated is called \_\_\_\_\_

(Retention, Progression, Plateau, None of the above)

(c) Disturbed and unpleasant state of body and mind is called \_\_\_\_\_

(Emotion, Anxiety, Ego, Superego)

(d) Law of exercise was put forward by \_\_\_\_\_

(Ivan Pavlov, Edward Thorndike, J.B Watson, Arthur Gates.

(e) A previous skill of learner in one sport facilitates the learning of another skill of different sport is called \_\_\_\_\_

(Zero transfer, Negative transfer, Positive transfer, None of the above)

**(5 × 1 = 5 Marks)**

- (B) Match the following:

(a) Learning - Recreational activity

(b) Anxiety - Conditioned reflex theory

(c) Play - Modification of behaviour

(d) Edward Thorndike - Form of stress

(e) Ivan Pavlov - Primary loss of learning

**(5 × 1 = 5 Marks)**

- (C) Complete the following:

(a) The term Psychology is derived from the latin words Psyche and \_\_\_\_\_

(b) The period of human growth between eleven months and five years is called \_\_\_\_\_

- (c) Law of satisfaction and annoyance is also called \_\_\_\_\_  
(d) A motivation involving incentives, awards, prizes is \_\_\_\_\_ type of motivation  
(e) Motive, Need and \_\_\_\_\_

**(5 × 1 = 5 Marks)**

3. Explain briefly:

- (a) Personality  
(b) Transfer of training  
(c) Motivation

**(3 × 5 = 15 Marks)**

4. Write short notes on:

- (a) Laws of learning  
(b) Plateau  
(c) Team cohesion

**(3 × 5 = 15 Marks)**

5. Describe the following:

- (a) Stages of growth and development  
(b) Arousal and Anxiety  
(c) Introvert and extrovert

**(3 × 5 = 15 Marks)**

#### **Part-B**

6. Explain insight learning theory.

**(1 × 15 = 15 Marks)**

7. Explain the following:

- (a) Competitive Stress  
(b) Experimentation method in Psychology  
(c) Observation method

**(3 × 5 = 15 Marks)**

#### **Part-C**

8. Write briefly any *five* of the following.

- |                       |                            |
|-----------------------|----------------------------|
| (a) Subconscious mind | (e) Attitude               |
| (b) Learning curve    | (f) Educational Psychology |
| (c) Guidance          | (g) Case study             |
| (d) Learning          | (h) Emotion                |

**(5 × 3 = 15 Marks)**

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