

20U566

(Pages: 2)

Name:

Reg.No:

FIFTH SEMESTER B.Sc. DEGREE EXAMINATION, NOVEMBER 2022

(CBCSS - UG)

(Regular/Supplementary/Improvement)

CC19U PSY5 B05 - HEALTH PSYCHOLOGY

(Psychology - Core Course)

(2019 Admission onwards)

Time : 2.00 Hours

Maximum : 60 Marks

Credit : 3

Part A (Short answer questions)

Answer *all* questions. Each question carries 2 marks.

1. Conversion hysteria.
2. Biomedical model.
3. Health belief model.
4. Trans theoretical model.
5. Primary prevention.
6. Sources of stress.
7. Emotional support.
8. Self talk.
9. Anxiety.
10. Issues of nontraditional treatment.
11. Informed consent.
12. Hospice care.

(Ceiling: 20 Marks)

Part B (Short essay questions - Paragraph)

Answer *all* questions. Each question carries 5 marks.

13. Need and significance of health psychology.
14. Changing health habits.
15. Cognitive behavioral approach.
16. General adaptation syndrome.

17. Psychosocial issues.
18. Psychological management of terminal illness.
19. Individual counseling.

(Ceiling: 30 Marks)

Part C (Essay questions)

Answer any *one* question. The question carries 10 marks.

20. Define coping and Moderators of coping.
21. Define terminal illness and Stages in adjustment to dying.

(1 × 10 = 10 Marks)
