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Name:

Reg.No:

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2022

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC19P CPY3 C13 - PSYCHOTHERAPEUTICS - II

(Clinical Psychology)

(2019 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. Explain the experiment of classical conditioning.
2. Describe the application of operant conditioning.
3. Explain desensitization procedures.
4. Explain applications of Jacobson's Progressive Muscle Relaxation.
5. Describe the application of breathing exercise.
6. Explain the applications of crisis intervention therapy.
7. Explain the application of dialectical behaviour therapy.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Explain the concept and application of flooding and implosion.
9. Elaborate response prevention.
10. Describe the concept and application of token economy.
11. Explain aversion therapy.
12. Discuss biofeedback techniques and its benefits.
13. Discuss interpersonal therapy.
14. Explain the basic principles and ethical issues in psychotherapy.

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain in-vivo, in-vitro and graded exposure.
16. Explain assertiveness training and modeling.
17. Discuss meditation.
18. Discuss marital therapy.

(2 × 5 = 10 Weightage)
