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(Pages: 2)

Name:

Reg.No:

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2023

(CBCSS - PG)

(Regular/Supplementary/Improvement)

CC19P SOW2 C10 - THEORY AND PRACTICE OF COUNSELLING

(Social Work)

(2019 Admission onwards)

Time : 3 Hours

Maximum : 30 Weightage

Part-A

Answer any *four* questions. Each question carries 2 weightage.

1. What is the difference between individual and group counselling?
2. Explain relationship building in counselling.
3. Describe congruence.
4. Discuss any two approaches in counselling.
5. Miracle question and Goal clarification in SFT.
6. Define stress and identify various symptoms of stress.
7. Trauma Counselling.

(4 × 2 = 8 Weightage)

Part-B

Answer any *four* questions. Each question carries 3 weightage.

8. Detail on the elements of counselling.
9. Discuss on the similarities and differences between counselling with social case work, Psycho therapy and guidance.
10. Give a brief note on questioning and clarification skills.
11. Brief note on Code of ethics for counsellors by Rehabilitation Council of India.
12. Basic techniques involved in Gestalt therapy.
13. Detail on the different principles of Strength Based approach in counselling.
14. What is the role and functions of a school counsellor?

(4 × 3 = 12 Weightage)

Part-C

Answer any *two* questions. Each question carries 5 weightage.

15. Explain various skills required for a counsellor during each stages of counselling skills.
16. Detail on goals and techniques of Rational Emotive Therapy.
17. Discuss on the goals, principles and techniques of TA.
18. Detail on the various techniques involved in Family counselling.

(2 × 5 = 10 Weightage)
