

21BP23

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Name:

Reg. No:

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2023

(Regular/Supplementary/Improvement)

CC15U BPE2 T8 / CC19U BPE2 T8 - FOUNDATION OF PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A**.
Any *one* question from **Part-B**. Question from **Part C** is Compulsory.

PART A

1. National integration can't be built by brick or mortar or with chisel and hammer, it has to grow silently into the hearts and minds of the people of the country. Explain.

(1 × 15 = 15 Marks)

2. (A) Match the following

i. Kothari Commission	:	1940
ii. Sheldon's Classification	:	2001
iii. E L Thorndike	:	Trial and Error
iv. Soren Kierkegaard	:	Existentialism
v. Sarva Shiksha Abhiyan	:	1964

(5 × 1 = 5 Marks)

- (B) Explain the recreation program for elderly people.

(5 × 1 = 5 Marks)

- (C) Fill in the blanks:

- Physical Education is art and -----
- If heredity is the seed, then environment is the -----
- is the father of realism.
- Ectomorph body type behaves like -----
- Church is an example for ----- type of agency for education.

(5 × 1 = 5 Marks)

3. Explain briefly:

- Any two theories of play.
- Individual difference in Physical Education.
- How can you finance community recreation?

(3 × 5 = 15 Marks)

4. Write briefly:
- a. Agencies of Education.
 - b. Objectives of Physical Education.
 - c. Contribution of Montessori towards education.

(3 × 5 = 15 Marks)

5. Describe the following:
- a. Biped position.
 - b. Social stratification.
 - c. Physical Education at grass root level.

(3 × 5 = 15 Marks)

PART B

6. Explain the Sheldon's system of body classification.

(1 × 15 = 15 Marks)

7. Explain briefly:
- a. Leadership
 - b. Growth and development
 - c. Youth unrest and social problems.

(3 × 5 = 15 Marks)

PART C

8. Write short notes on any *five* of the following:
- a. Meaning of the term education.
 - b. Sports for mass.
 - c. Sex differences.
 - d. Physical activities as man's cultural heritage.
 - e. Problems due to mechanization.
 - f. Contribution of Tagore.
 - g. International relations.
 - h. Trends and challenges in Physical Education.

(5 × 3 = 15 Marks)
