

**21BP25**

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Name: .....

Reg. No: .....

**SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2023**

(Regular/Supplementary/Improvement)

**CC15U BPE2 T10 / CC19U BPE2 T10 – FIRST AID AND SAFETY EDUCATION AND  
LIFE SKILL EDUCATION**

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part –A.**

Any *one* question from **Part-B.** Question from **Part C** is Compulsory

**Part – A**

1. Elaborate on the need and the technique of Cardiopulmonary resuscitation.

**(1 × 15 = 15 Marks)**

2. A. Choose the correct answer:

1) How to check the breath of an unconscious casualty?

- a) Check the pulse.
- b) Make the person stand.
- c) Head tilt and open jaw.
- d) Look, Listen or feel for breath.
- e) All of above

2) Immediate priority of a first aider should be .....

- a) Assessing the situation for any further immediate danger,
- b) Resuscitate the victim, if necessary and carry out general treatment of unconsciousness.
- c) Arrest bleeding, cover all wounds, burns or scalds and immobilize all fractures.
- d) All of the above.

3) What is a Chocking?

- a) Blockage of nose.
- b) Continuous bleeding.
- c) Object lodges in the throat or windpipe blocking the flow of air.
- d) Loss of sense.
- e) All of above

- 4) How to stop severe bleeding from an injury?
- Remove any clothing or debris from the wound.
  - Cover the wound with sterile gauze or a clean cloth.
  - Press on it firmly with the palm of your hand until bleeding stops.
  - Help the injured person lie down.
  - All of the above.
- 5) Symptoms of sudden cardiac arrest are immediate and severe like?
- Sudden collapse.
  - No pulse.
  - No breathing.
  - Loss of consciousness.
  - All of above

(5 × 1 = 5 Marks)

B. State whether True or False:

- A nose bleeding person should pinch his nose and sit with head leaning forward.
- Burn should be treated with butter.
- A insect or snake bite wound should be washed thoroughly with soap and clean water.
- Correct ratio of chest compressions to rescue breaths for use in CPR of an adult casualty 2 compressions followed by 20 rescue breaths.
- Immobilizing the injured part is a priority.

(5 × 1 = 5 Marks)

C. Match the following:

- |                    |   |                               |
|--------------------|---|-------------------------------|
| a) Figure of eight | - | 1. Inadequate oxygen delivery |
| b) Strain          | - | 2. Bandaging                  |
| c) Rabies          | - | 3. Laceration                 |
| d) Skin            | - | 4. Muscles                    |
| e) Shock           | - | 5. Wild animal bites          |

(5 × 1 = 5 Marks)

3. Discuss briefly:

- Sports and character building.
- Substance abuse.
- Carrying an injured person.

(3 × 5 = 15 Marks)

4. Write notes about the following:

- Safety standards at playfield.
- Personality and sports.
- Tsunami.

(3 × 5 = 15 Marks)

5. Explain briefly:

- Safety during Recreational camping.
- RICE
- Bandaging technique for ankle sprain.

(3 × 5 = 15 Marks)

**PART – B**

6. What do you mean by Disaster? Elaborate the means and methods of disaster preparedness and mitigation.

(1 × 15 = 15 Marks)

7. Elaborate on the techniques of: -

- First aid for fracture.
- First aid for animal bites.
- First aid for chocking.

(3 × 5 = 15 Marks)

**PART – C**

8. Answer shortly on any *five* of the following:

- Laceration and abrasion
- Heat stroke
- First aid for snake bite
- Sports and friendship.
- Steroids
- Relaxation techniques.
- Asanas
- Frostbite

(5 × 3 = 15 Marks)

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