

**TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG
HIGHER SECONDARY STUDENTS OF VADANAPALLY
PANCHAYAT**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Bachelor of Social Work.**

SUBMITTED BY

ANDREW EVELIN T (REG NO: CCAVBSW005)

BENNAT BENSHY (REG NO: CCAVBSW009)

HARITHA CJ (REG NO: CCAVBSW010)

Under the supervision of

Mr. SAIJITH N S

Asst. Professor, department of social work



Department of social work

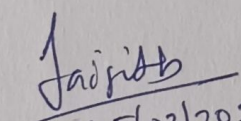
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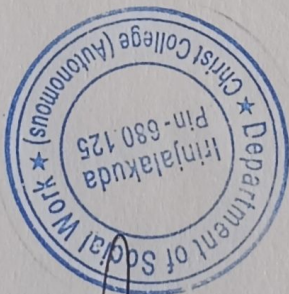
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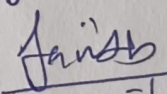
March 2024

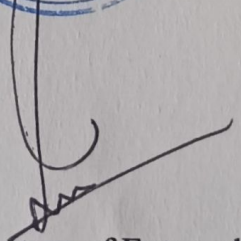
CERTIFICATE

This is to certify that the project entitled “**TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG HIGHER SECONDARY STUDENTS OF VADANAPALLY PANCHAYAT**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. ANDREW EVELIN T (Reg. No. CCAVBSW005)**, **Ms. BENNAT BENSHY (Reg. No. CCAVBSW009)**, **Ms. HARITHA C J (Reg. No. CCAVBSW010)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


25/03/2024
Mr. Saijith N S
Guide and Supervisor



For Dr. Ajeesh George

25/03/2024
Dr. Ajeesh George
Head of Dept. of Social Work

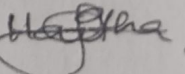

Signature of External Examiner
Name of External Examiner

DECLARATION

We , Mr. ANDREW EVELIN T ,Ms. BENNAT BENSHY, Ms. HARITHA C J hereby declare that the project entitled “TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG HIGHER SECONDARY STUDENTS OF VADANAPALLY PANCHAYAT” , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Mr. Saijith N S of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

ANDREW EVELIN T

BENNAT BENSHY

HARITHA C J 

Place: IRINJALAKUDA

Date: 25/03/2024

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**TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG
HIGHER SECONDARY STUDENTS OF VADANAPALLY
PANCHAYAT**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Bachelor of Social Work.**

SUBMITTED BY

ANDREW EVELIN T (REG NO: CCAVBSW005)

BENNAT BENSHY (REG NO: CCAVBSW009)

HARITHA CJ (REG NO: CCAVBSW010)

Under the supervision of

Mr. SAIJITH N S

Asst. Professor, department of social work



Department of social work

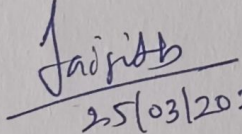
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Irinjalakuda

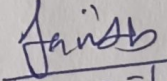
March 2024

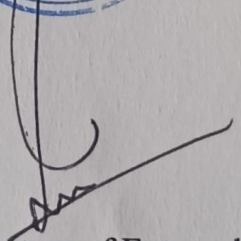
CERTIFICATE

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25/03/2024
Mr. Saijith N S
Guide and Supervisor



For Dr. Ajeesh George

Dr. Ajeesh George 25/03/2024
Head of Dept. of Social Work

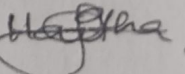

Signature of External Examiner
Name of External Examiner Dr. P. J.

DECLARATION

We , Mr. ANDREW EVELIN T ,Ms. BENNAT BENSHY, Ms. HARITHA C J hereby declare that the project entitled "TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG HIGHER SECONDARY STUDENTS OF VADANAPALLY PANCHAYAT" , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Mr. Saijith N S of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

ANDREW EVELIN T

BENNAT BENSHY

HARITHA C J 

Place: IRINJALAKUDA

Date: 25/03/2024

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**A STUDY ON PSYCHO-SOCIAL ISSUES FACED
BY CHILDREN IN COASTAL AREA**

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

SUBMITTED BY

JERIN JOSEPH JAMION (CCAVBSW011)

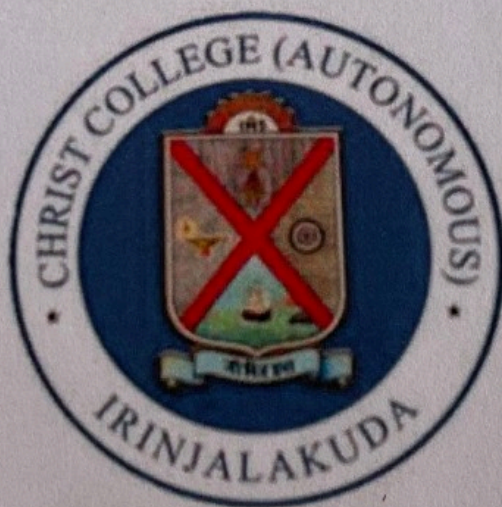
ATHIRA BABU (CCAVBSW008)

SONA S (CCAVBSW048)

Under the supervision of

Ms. Ashely George

Asst. Professor, Department Social Work

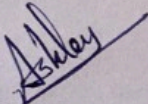


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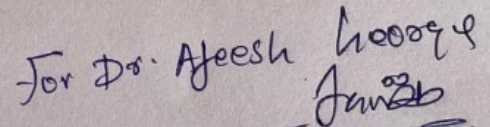
March 2024

CERTIFICATE

This is to certify that the project entitled "**A STUDY ON PSCYHO-SOCIAL ISSUES FACED BY CHILDREN IN COASTAL AREA**" submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. JERIN JOSEPH JAIMON (CCAVBSW011), MS. ATHIRA BABU (CCAVBSW008), SONA S (CCAVBSW048)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



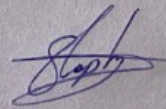
Mrs. Ashley George
Guide and Supervisor



Dr. Ajeesh George
Head, Dept. of Social Work



Signature of External Examiner

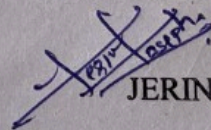


Name of External Examiner

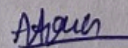
Stephy Francis

DECLARATION

WE, Mr. JERIN JOSEPH JAIMON, Ms. ATHIRA BABU, Ms. SONA S hereby declare that the project entitled "A STUDY ON PSYCHO-SOCIAL ISSUES FACED BY CHILDREN IN COASTAL AREA " submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of Ms. **Ashley George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.



JERIN JOSEPH JAIMON



ATHIRA BABU



SONA S

IRINAJALAKUDA

25-3-2024

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**SEX EDUCATION IN ADOLESCENCES: A STUDY ON
ATTITUDE OF PARENTS IN IN MURIKKUNGAL,
MATTATHUR PANCHAYATH**

A project submitted to the Christ College (Autonomous), Irinjalakuda,

Affiliated to the University of Calicut in partial fulfilment of the

Degree of Bachelor of Social Work.

SUBMITTED BY

KALYANI K J (REG NO: CCAVBSW012)

NIDHAL MUHAMMED MUSTHAFA (REG NO: CCAVBSW012)

ROBIN T J (REG NO: CCAVBSW044)

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, department of social work



Department of social work

Christ college (autonomous)

Irinjalakuda

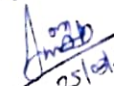
March 2024


CERTIFICATE

This is to certify that the project entitled **"SEX EDUCATION IN ADOLESCENCES: A STUDY ON ATTITUDE OF PARENTS IN IN MURIKKUNGAL, MATTATHUR PANCHAYATH"**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by **Ms. KALYANI K J**(Reg. No. CCAVBSW012), **Mr. NIDHAL MUHAMMED MUSTAFHA**(Reg. No. CCAVBSW012), **Mr. ROBIN T J**(Reg. No. CCAVBSW044) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Ms. Amrutha M Thankan
 Guide and Supervisor



For Dr Ajeesh George

Dr Ajeesh George
 Head, Dept. of Social Work


 Signature of External Examiner
Joseel. P. J
 Name of External Examiner

DECLARATION

I, Ms. KALYANI K J ,Mr. ROBIN TJ, Mr. NIDHAL MUHAMMED MUSTHAFA hereby declare that the project entitled “SEX EDUCATION IN ADOLESCENCES: A STUDY ON ATTITUDE OF PARENTS IN MURIKKUNGAL, MATTATHUR PANCHAYATH” , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. Amrutha M Thankan of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

KALYANI K J

ROBIN T J

NIDHAL MUHAMMED MUSTHAFA

IRINJALAKKUDA

22 / 03 / 2024

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MENSTRUAL IRREGULARITY AND HEALTH PROBLEMS AMONG ADOLESCENT GIRLS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted by

Malavika K (REG NO: CCAVBSW013)

Aiswarya Rose Thomas (REG NO: CCAVBSW026)

Bhatty Joseph (REG NO: CCAVBSW032)

Under the supervision of

Ms. Rosemary T George

Asst. Professor, department of social work



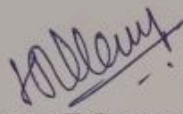
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Christ college (autonomous)Irinjalakuda

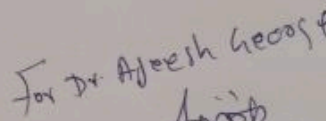
March 2024


CERTIFICATE

This is to certify that the project entitled "**Menstrual Irregularity And Health Problems Among Adolescent Girls**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. Malavika K (Reg No. CCAVBSW013)**, **Ms. Aishwarya Rose Thomas (Reg No. CCAVBSW026)**, **Mr. Bhatti Joseph (Reg No. CCAVBSW032)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associateship/fellowship and or similar title to any candidate of any University.


Ms. Rosemary T George
Guide and Supervisor
Work




Dr Ajeesh George
Head, Dept.of Social
25/03/2024


Signature of External Examiner:

Name of External Examiner: *Josee I. P. J*

DECLARATION

We, Ms. Malavika K, Ms. Aishwarya Rose Thomas, Mr. Bhattu Joseph hereby declare that the project entitled "**Menstrual Irregularity And Health Problems Among Adolescent Girls**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by us during 2023-24 under the supervision and guidance of Ms. Rosemary T George of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship of other similar title to any candidate in any University.



Malavika k

Aishwarya Rose Thomas

Bhattu Joseph

Irinjalakuda

21/03/2024

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Mar 30, 2024, 13:02

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A STUDY ON BULLYING FACED BY COLLEGE STUDENTS

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

AISAL JOY (Reg No. CCAVBSW024)

LAKSHMINDRA M N (Reg No. CCAVBSW052)

MIDHUNA THANKACHAN (Reg No. CCAVBSW014)

**Under the supervision of
Ms. ROSEMARY T GEORGE
Asst. Professor, Department Of Social Work**



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

March 2024

CERTIFICATE

This is to certify that the project entitled “ **A STUDY ON BULLYING FACED BY COLLEGE STUDENTS** ”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Aisal Joy : (Reg No. CCAVBSW024), Ms. Lakshmindra M N : (Reg No.CCAVBSW052), Ms. Midhuna Thankachan : (Reg No. CCAVBSW014)**, during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University



Name. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George

Dr. Ajeesh George 
Head, Dept. of Social Work 25/03/2024

Signature of External Examiner



Name of External Examiner

Stephy Francis

DECLARATION

We, **Mr. Aisal Joy, Ms. Lakshmindra M N , Ms. Midhuna Thankachan** hereby declare that the project entitled "**A STUDY ON BULLYING FACED BY COLLEGE STUDENTS**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Rosemary T Gerorge** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Name: Aisal Joy

Place: Irinjalakuda

Date: 22/03/2024

Lakshmindra M N


Midhuna Thankachan

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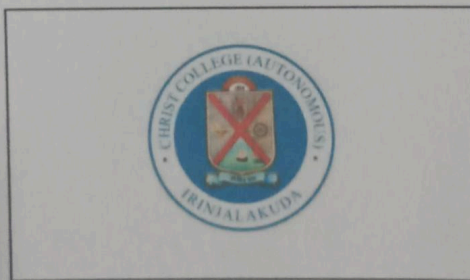
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**A STUDY ON CHALLENGES EXPERIENCED BY THE PARENTS OF
CHILDREN AFFECTED WITH
ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD)**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

SUBMITTED BY
ALAN GEO BABY
(REG.NO: CCAVBSW027)
JANSON PAUL JAMES
(REG.NO: CCAVBSW036)
NASEEHA BANU V.B
(REG.NO: CCAVBSW015)

Under the supervision of
Ms. Rosemol Dany A
Asst. Professor, Department of Social Work

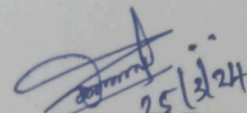


Department of Social Work
Christ College (Autonomous)
Irinjalakuda

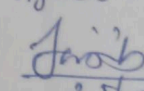
March 2024

CERTIFICATE

This is to certify that the project entitled **"A Study on challenges experienced by parents of children with Attention-deficit/hyperactivity disorder (ADHD)"**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Alan Geo Baby (Reg.No.CCAVBSW027)**, **Janson Paul James (Reg.No.CCAVBSW036)** and **Naseeha Banu V.B (Reg. No.CCAVBSW015)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

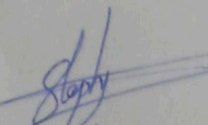

25/3/24
Ms. Rosemol Dany A
Guide and supervisor



For Dr. Ajeesh George

Dr. Ajeesh George 25/03/2024
Head, Dept. of social work

Signature of External Examiner

Name of External Examiner


Stephy Francis

DECLARATION

We, Alan Geo Baby , Janson Paul James and Naseeha Banu hereby declare that the project entitled "A Study on challenges experienced by parents of children affected with Attention deficit hyperactivity disorder (ADHD)", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. **Rosemol Dany** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

ALAN GEO BABY

JANSON PAUL JAMES

NASEEHA BANU V.B

IRINJALAKUDA

19/03/2024

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A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY.

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted by

NIKHILA. K. UNNIKRISHNAN (REG NO: CCAVBSW016)

NINITHA THOMAS (REG NO: CCAVBSW042)

SIJIL BABU (REG NO: CCAVBSW017)

Under the supervision of

Ms. ROSEMOL DANY A

Asst. Professor, Department of Social Work




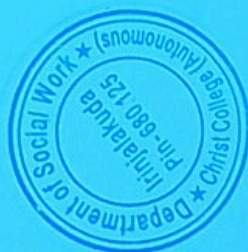
**Department of social work
Christ college (autonomous)
Irinjalakuda**


March 2024


CERTIFICATE

This is to certify that the project entitled "**A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. NIKHILA K UNNIKRISHNAN (Reg. No. CCAVBSW016)**, **Ms. NINITHA THOMAS (Reg No. CCAVBSW042)**, **Mr. SIJIL BABU (Reg. No. CCAVBSW017)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


25/3/24
Ms. Rosemol Dany A
Guide and Supervisor



For Dr. Ajeesh George

25/03/2024
Dr Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner
Name of External Examiner

Goscal. P.J

DECLARATION

We, Ms. NIKHILA K UNNIKRISHNAN, Ms. NINITHA THOMAS, Mr. SIJIL BABU hereby declare that the project entitled "A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by us during 2023-24 under the supervision and guidance of **MS. ROSEMOL DANY A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship of other similar title to any candidate in any University.


NIKHILA K UNNIKRISHNAN .


NINITHA THOMAS


SIJIL BABU

IRINJALAKKUDA

25/04/2024.

A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY.

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted by

NIKHILA. K. UNNIKRISHNAN (REG NO: CCAVBSW016)

NINITHA THOMAS (REG NO: CCAVBSW042)

SIJIL BABU (REG NO: CCAVBSW017)

Under the supervision of

Ms. ROSEMOL DANY A

Asst. Professor, Department of Social Work

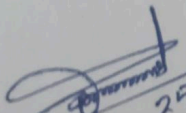


**Department of social work
Christ college (autonomous)
Irinjalakuda**

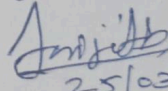
March 2024

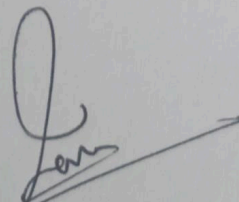
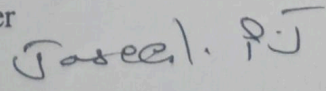
CERTIFICATE

This is to certify that the project entitled "A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. NIKHILA K UNNIKRISHNAN (Reg. No. CCAVBSW016)**, **Ms. NINITHA THOMAS (Reg No. CCAVBSW042)**, **Mr. SIJIL BABU (Reg. No. CCAVBSW017)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


25/3/24
Ms. Rosemol Dany A
Guide and Supervisor

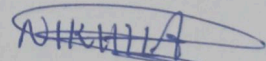


For Dr. Ajeesh George

25/03/2024
Dr Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner
Name of External Examiner 

DECLARATION

We, Ms. NIKHILA K UNNIKRISHNAN, Ms. NINITHA THOMAS, Mr. SIJIL BABU hereby declare that the project entitled "A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by us during 2023-24 under the supervision and guidance of **MS. ROSEMOL DANY A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship of other similar title to any candidate in any University.



NIKHILA K UNNIKRISHNAN



NINITHA THOMAS

SIJIL BABU

IRINJALAKKUDA

25/03/2024.

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PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODYSHAMING AMONG ADOLESCENT

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the Degree

In Bachelor of Social Work

Submitted by

ANANYA P DEVACHAN CCAVBSW004

AMEEN ASHOK CCAVBSW029

ADARSH K SHAJI CCAVBSW001

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, Department of social work



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

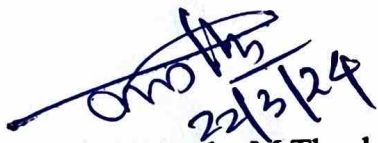
Department of Social Work

Christ College (Autonomous), Irinjalakuda

March 2024

CERTIFICATE

This is to certify that the project entitled "A STUDY ON PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BOBY SHAMING AMONG ADOLESCNT.", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. Ananya P Devachan (CCAVBSW004), Mr. Ameen Ashok (CCAVBSW029), Mr. Adarsh K Shaji (CCAVBSW001) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


22/3/24

Name: Ms. Amrutha M Thankan

Guide and Supervisor


22/3/24

Dr Ajeesh George

Head, Dept. of Social Work



Signature of External Examiner



Name of External Examiner

Stephy Francis

DECLARATION

We, **Ms. Ananya P Devachan, Mr. Ameen Ashok, Mr. Adarsh K Shaji** hereby declare that the project entitled “**A STUDY ON PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODY SHAMING AMONG ADOLESCENT**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Amrutha M Thankan** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place : Irinjalakuda

Name: ANANYA P DEVACHAN 

Date: 25-3-2024

AMEEN ASHOK 

ADARSH K SHAJI 

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PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODYSHAMING AMONG ADOLESCENT

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the Degree
In Bachelor of Social Work

Submitted by

ANANYA P DEVACHAN CCAVBSW004

AMEEN ASHOK CCAVBSW029

ADARSH K SHAJI CCAVBSW001

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, Department of social work



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

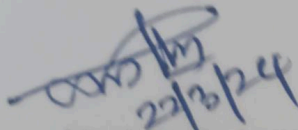
Department of Social Work

Christ College (Autonomous), Irinjalakuda

March 2024

CERTIFICATE

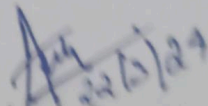
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22/3/24

Name: Ms. Amrutha M Thankan

Guide and Supervisor

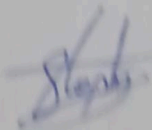



22/3/24

Dr Ajeesh George

Head, Dept. of Social Work

Signature of External Examiner



Name of External Examiner

Stephy Francis

DECLARATION

We, Ms. Ananya P Devachan, Mr. Ameen Ashok, Mr. Adarsh K Shaji hereby declare that the project entitled "A STUDY ON PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODY SHAMING AMONG ADOLESCENT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. Amrutha M Thankan of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place : Irinjalakuda

Name: ANANYA P DEVACHAN

Date:

AMEEN ASHOK

ADARSH K SHAJI

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**A STUDY ON NOMOPHOBIA AMONG THE STUDENTS OF
CHRIST COLLEGE [AUTONOMOUS] IRINJALAKUDA**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted By

ANITTA JOSHY (REG.NO.CCAVBSW006)

VARSHA BALAKRISHNAN (REG NO: CCAVBSW050)

ALWIN SAJAN (CCAVBSW002)

Under The Supervision Of

Ms. ROSEMOL DANY A

Asst. Professor, Department Of Social Work



Department Of Social Work


Christ College (Autonomous)

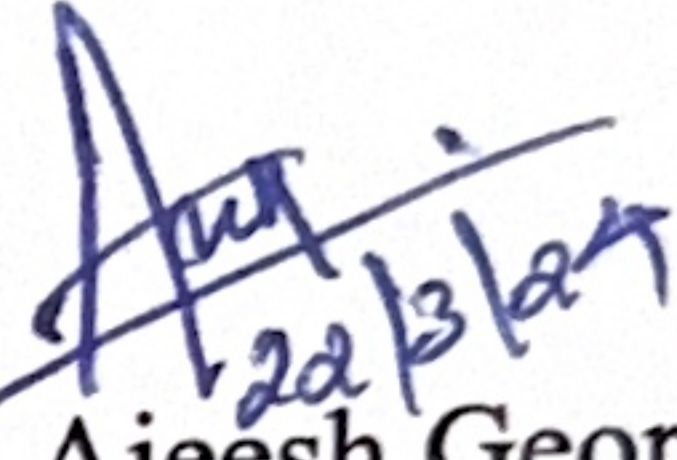
Irinjalakuda

March 2024


CERTIFICATE

This is to certify that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms.ANITTA JOSHY (Reg.No.CCAVBSW006)**, **Ms.VARSHA BALAKRISHNAN (Reg.No.CCAVBSW050)**, **Mr.ALWIN SAJAN (Reg.No.CCAVBSW002)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


22/3/24
Mrs. Rosemol Dany A
Guide and Supervisor


22/3/24
Dr. Ajeesh George
Head, Dept. of Social Work




Signature of External Examiner


Name of External Examiner

DECLARATION

We, Ms. ANITTA JOSHY, Ms. VARSHA BALAKRISHNAN , Mr.ALWIN SAJAN hereby declare that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms.Rosemol Dany A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

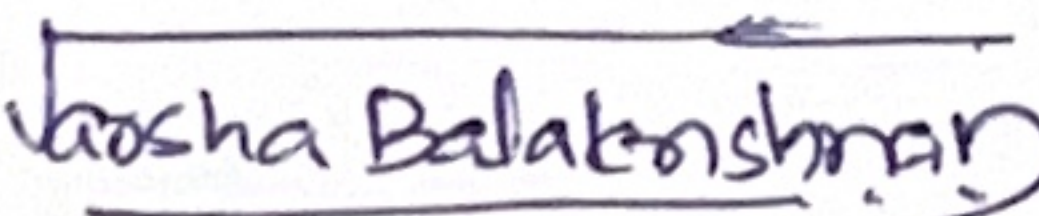
ANITTA JOSHY 

VARSHA BALAKRISHNAN

ALWIN SAJAN 

IRINJALAKUDA

Date : 22 | 03 | 2024



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A STUDY ON ATTITUDE OF SOCIAL WORK STUDENTS TOWARDS HOMOSEXUALS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

**RICHARD BABU
(Reg.NO.CCAVBSW043)**

**AKSHAY P
(Reg.NO.CCAVBSW055)**

**NANDANA T
(Reg.NO.CCAVBSW039)**

Under the supervision of

Mr. SAIJITH NS

ASST.PROFESSOR, SOCIAL WORK DEPARTMENT



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

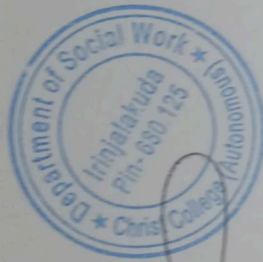
**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

March 2024

CERTIFICATE

This is to certify that the project entitled "A study on attitude of social work students towards homosexuals", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Mr. Richard Babu (Reg.NO: CCAVBSW043), Ms. Nandana T (Reg.NO: CCAVBSW039) and Mr. Akshay P (Reg.NO: CCAVBSW055) during the period 2023-24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

Saijith
25/03/2024
Mr. Saijith N.S
Guide and Supervisor



For Dr. Ajeesh George
Ajeesh
25/03/2024
Dr Ajeesh George
Head, Dept. of Social Work

[Signature]
Signature of External Examiner


Gascel. PJ
Name of External Examiner

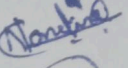
DECLARATION

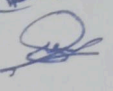
We, Mr. Richard Babu(Reg.NO: CCAVBSW043), Ms. Nandana T(Reg.NO: CCAVBSW039) and Mr. Akshay P(Reg.NO: CCAVBSW055) hereby declare that the project entitled "a study on attitude of social work students towards homosexuals", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Mr.Saijith N.S** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date:22/03/2024

Name: Richard Babu 

Nandana T 

Akshay P 

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**SEX EDUCATION IN ADOLESCENCES: A STUDY ON
ATTITUDE OF PARENTS IN MURIKKUNGAL, MATTATHUR
PANCHAYATH**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

SUBMITTED BY

KALYANI K J (REG NO: CCAVBSW012)

NIDHAL MUHAMMED MUSTHAFA (REG NO: CCAVBSW012)

ROBIN T J (REG NO: CCAVBSW044)

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, department of social work




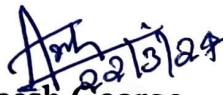
**Department of social work
Christ college (autonomous)
Irinjalakuda**

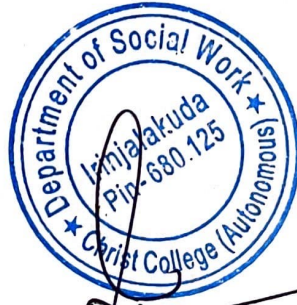
March 2024

CERTIFICATE

This is to certify that the project entitled "SEX EDUCATION IN ADOLESCENCES: A STUDY ON ATTITUDE OF PARENTS IN IN MURIKKUNGAL, MATTATHUR PANCHAYATH", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. KALYANI K J (Reg. No. CCAVBSW012), Mr. NIDHAL MUHAMMED MUSTAFHA (Reg. No. CCAVBSW012), Mr. ROBIN TJ (Reg. No. CCAVBSW044) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


22/3/24
Ms. Amrutha M Thankan
Guide and Supervisor


22/3/24
Dr Ajeesh George
Head of Dept. of Social Work




Signature of External Examiner

Jaseel. P.J
Name of External Examiner

DECLARATION

We, Ms. KALYANI K J ,Mr. ROBIN TJ, Mr. NIDHAL MUHAMMED MUSTHAFA hereby declare that the project entitled **“SEX EDUCATION IN ADOLESCENCES: A STUDY ON ATTITUDE OF PARENTS IN MURIKKUNGAL, MATTATHUR PANCHAYATH”** , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Amrutha M Thankan** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

KALYANI K J

ROBIN T J

NIDHAL MUHAMMED MUSTHAFA

IRINJALAKKUDA

22 / 03 / 2024

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DECLARATION

We, Ms. AISWARYA ALEX, Mr. AMARNATH K S, Ms. SAFA M A hereby declare that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. RENI K MANI of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 22.03.2024

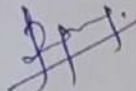
Name: AISWARYA ALEX

AMARNATH K S

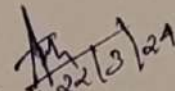
SAFA M A


CERTIFICATE

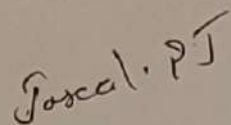
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Name : Reni K Mani
Guide and Supervisor




Dr. Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

**A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING
A CHILD WITH AUTISTIC DISORDER**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by
AISWARYA ALEX (Reg No. CCAVBSW025)
AMARNATH K S (Reg No. CCAVBSW019)
SAFA M A (Reg No. CCAVBSW045)

Under the supervision of
Ms. RENI K MANI
Asst. Professor, Department Of Social Work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work

Christ College (Autonomous)

Irinjalakuda

March 2024

**CHALLENGES AND INJURIES FACED BY ATHLETIC
STUDENTS, A CONCEPTUAL STUDY**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda, Affiliated to the University of Calicut in partial
fulfillment of the Degree of Bachelor of Social Work.**

SUBMITTED BY

AJMAL M F (CCA VBSW018)

Under the supervision of

Mr. SAIJITH N S

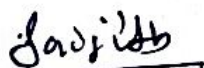
Asst. Professor, Department of Social work



**DEPARTMENT OF SOCIAL WORK
CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA
MARCH 2024**

CERTIFICATE

This is to certify that the project entitled "**CHALLENGES AND INJURIES FACED BY ATHLETIC STUDENTS, A CONCEPTUAL STUDY**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **AJMAL M F (CCAVBSW018)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



Mr. SAIJITH N S
Guide and Supervisor



Dr Ajeesh George
Head of Dept. of Social Work

Signature of External Examiner

Name of External Examiner

DECLARATION

Mr. AJMAL M F hereby declare that the project entitled "**CHALLENGES AND INJURIES FACED BY ATHLETIC STUDENTS, A CONCEPTUAL STUDY**" submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfillment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Mr. Saijith N S** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any degree/Diploma/Associate ship/Fellowship of other similar title to any candidate in any University.



AJMAL M F

Place : IRINJALKUDA

Date : 27/03/2024

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**CHALLENGES AND INJURIES FACED BY ATHLETIC
STUDENTS, A CONCEPTUAL STUDY**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda, Affiliated to the University of Calicut in partial
fulfillment of the Degree of Bachelor of Social Work.**

SUBMITTED BY

AJMAL M F (CCAVBSW018)

Under the supervision of

Mr. SAIJITH N S

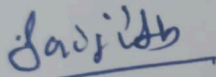
Asst. Professor, Department of Social work



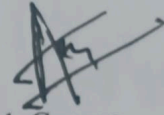
**DEPARTMENT OF SOCIAL WORK
CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA
MARCH 2024**

CERTIFICATE

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Mr. SAIJITH N S
Guide and Supervisor



Dr Ajeesh George
Head of Dept. of Social Work

Signature of External Examiner

Name of External Examiner

DECLARATION

Mr. AJMAL M F hereby declare that the project entitled "**CHALLENGES AND INJURIES FACED BY ATHLETIC STUDENTS, A CONCEPTUAL STUDY**" submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfillment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Mr. Saijith N S** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any degree/Diploma/Associate ship/Fellowship of other similar title to any candidate in any University.



AJMAL M F

Place : IRINJALKUDA

Date : 27/03/2024

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A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by
AISWARYA ALEX (Reg No. CCAVBSW025)
AMARNATH K S (Reg No. CCAVBSW019)
SAFA M A (Reg No. CCAVBSW045)

Under the supervision of
Ms. RENI K MANI
Asst. Professor, Department Of Social Work




CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

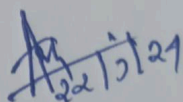
Department of Social Work
Christ College (Autonomous)
Irinjalakuda
March 2024

CERTIFICATE

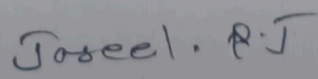
This is to certify that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. AISWARYA ALEX (Reg.No.CCAVBSW025), Mr. AMARNATH K S (Reg No.CCAVBSW019), Ms. SAFA M A (Reg.No.CCAVBSW045), during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Name : Reni K Mani
Guide and Supervisor




Dr. Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

We, Ms. AISWARYA ALEX, Mr. AMARNATH K S, Ms. SAFA M A hereby declare that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. RENI K MANI of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 22/3/24

Name: AISWARYA ALEX *Aiswarya*
AMARNATH K S *Amarnath*
SAFA M A *Safa*

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**A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING
A CHILD WITH AUTISTIC DISORDER**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

AIWARYA ALEX (Reg No. CCAVBSW025)

AMARNATH K S (Reg No. CCAVBSW019)

SAFA M A (Reg No. CCAVBSW045)

Under the supervision of

Asst. Professor, Department Of Social Work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work


Christ College (Autonomous)

Irinjalakuda


March 2024

CERTIFICATE


This is to certify that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. AISWARYA ALEX (Reg.No.CCAVBSW025), Mr. AMARNATH K S (Reg No.CCAVBSW019), Ms. SAFA M A (Reg.No.CCAVBSW045), during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Name : Reni K Mani
Guide and Supervisor




Dr. Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

We, Ms. AISWARYA ALEX, Mr. AMARNATH K S, Ms. SAFA M A hereby declare that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. RENI K MANI of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 22.03.2024

Name: AISWARYA ALEX

AMARNATH K S

SAFA M A

Amarnath K S

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A STUDY ON FACTORS AFFECTING SCHOLASTIC BACKWARDNESS AMONG SCHOOL GOING CHILDREN

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

Submitted By
ATHUL.V. BIJU
(CCAVBSW021)

Under The Supervision Of
Reni. K. Mani
Asst.professor Christ College
(Autonomous) Irinjalakuda




Department of Social Work
Christ College (Autonomous)
Irinjalakuda

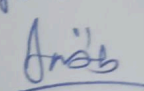
March 2024


CERTIFICATE

This is to certify that the project entitled "A study on factors affecting scholastic backwardness among school going children", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Mr/Ms. Athul. V. Biju (Reg. No. CCAVBSW021) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Mrs. Reni. K. Mani
Guide and Supervisor



For Dr. Ajeesh George

Dr Ajeesh George
Head, Dept. of Social work

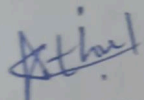
Signature of External Examiner 

Name of External Examiner

Stephy Francis

DECLARATION

I, Mr/Ms Athul .V. Biju hereby declare that the project entitled "Title of the study", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Dr/Mr/Ms Reni .K. Mani, Assistant professor of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.


Name: Athul V Biju

Place: Christ College (Autonomous) Irinjalakuda

Date: 25/03/2024

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A STUDY ON STRESS AMONG MIGRATED STUDENTS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

SUBMITTED BY

ALOSH SHAJU(CCAVBSW028)

FARZIN K N (REG NO: CCAVBSW022)

HANNA MARIYAM P T (CCAVBSW035)

Under the supervision of

Ms. Ashley George

Asst. Professor, Department of Social work



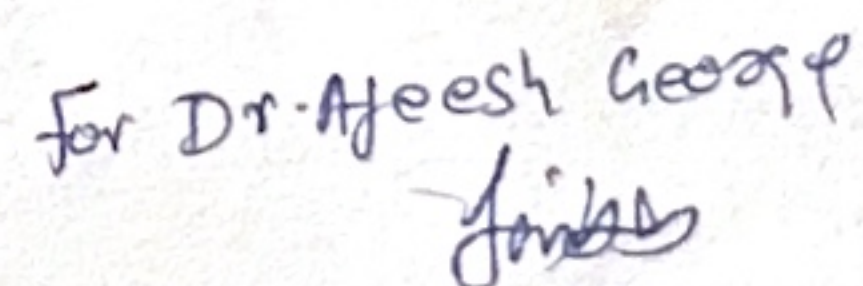
**DEPARTMENT OF SOCIAL WORK
CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA
MARCH 2024**

CERTIFICATE

This is to certify that the project entitled “**A STUDY ON STRESS AMONG MIGRATED STUDENTS**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfillment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **ALOSHSHAJU (CCAVBSW028) FARZIN K N (REG NO: CCAVBSW022) HANNA MARIYAM P T (CCAVBSW035)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

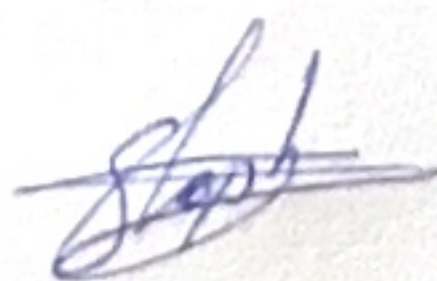


Ms. Ashley George
Guide and Supervisor



Dr Ajeesh George
Head, Dept. of Social Work

Signature of External Examiner




Name of External Examiner

Stephy Francis

DECLARATION

We , Mr. ALOSH SHAJU, Mr. FARZIN KN, Ms. HANNA MARIYAM PT hereby declare that the project entitled “A STUDY ON STRESS AMONG MIGRATED STUDENTS” ,submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. ASHLEY GEORGE of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship or others similar title to any candidate in any University.

ALOSH SHAJU

FARZIN K N 

HANNA MARIYAM P T

IRINJALAKUDA

19 / 03 / 2024

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A STUDY ON PSYCHOSOCIAL ISSUES FACED BY THE WOMEN WORKING IN CONSTRUCTION SITES

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

**Submitted by
SNEHA SHAJI
(REG. NO: CCAVBSW023)**

**Under the supervision of
Ms. RENI K MANI
Asst. Professor, Department of Social Work**



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

**Department of Social Work
Christ College (Autonomous) Irinjalakuda**

March 2024

CERTIFICATE

This is to certify that the project entitled “**A STUDY ON PSYCHOSOCIAL ISSUES FACED BY THE WOMEN WORKING IN CONSTRUCTION SITES**”, submitted to the Christ College (Autonomous) Irinjalakuda, affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. Sneha Shaji (Reg. No: CCAVBSW023)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



Ms. Reni K Mani
Guide and Supervisor

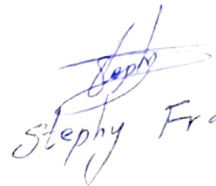
For Dr - Ajeesh George
Ajeesh
25/03/2024

Dr Ajeesh George
Head, Dept. of Social Work



Signature of External Examiner

Name of External Examiner


Stephy Francis

DECLARATION

I, **Ms. Sneha Shaji** hereby declare that the project entitled "**A STUDY ON PSYCHOSOCIAL ISSUES FACED BY THE WOMEN WORKING IN CONSTRUCTION SITES**", submitted to the Christ College (Autonomous) Irinjalakuda, affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Reni K Mani** of Department of Social Work, Christ College (Autonomous) Irinjalakuda and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place : Irinjalakuda

Name : Sneha Shaji

Date : 20/03/2024



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A STUDY ON BULLYING FACED BY COLLEGE STUDENTS

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

AISAL JOY (Reg No. CCAVBSW024)

LAKSHMINDRA M N (Reg No. CCAVBSW052)

MIDHUNA THANKACHAN (Reg No. CCAVBSW014)

Under the supervision of

Ms. ROSEMARY T GEORGE

Asst. Professor, Department Of Social Work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

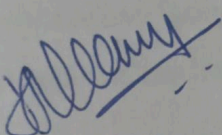
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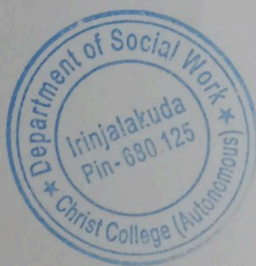
**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

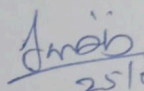
March 2024

CERTIFICATE

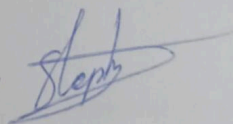
This is to certify that the project entitled " **A STUDY ON BULLYING FACED BY COLLEGE STUDENTS** ", submitted to the Christ College (Autonomous) , affiliated to the University of Calicut, in partial fulfilment of the requirements for the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Aisal Joy : (Reg No. CCAVBSW024), Ms. Lakshmindra M N : (Reg No.CCAVBSW052), Ms. Midhuna Thankachan : (Reg No. CCAVBSW014)**, during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University


Name. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George

25/03/2024
Dr. Ajeesh George
Head, Dept. of Social Work

Signature of External Examiner

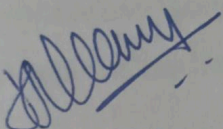


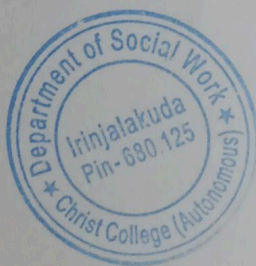
Name of External Examiner

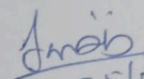
Stephy Francis

CERTIFICATE

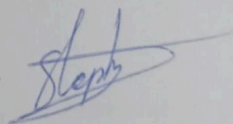
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Name. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George

25/03/2024
Dr. Ajeesh George
Head, Dept. of Social Work

Signature of External Examiner



Name of External Examiner

Stephy Francis

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DECLARATION

We, Ms. AISWARYA ALEX, Mr. AMARNATH K S, Ms. SAFA M A hereby declare that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. RENI K MANI of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 22.03.2024

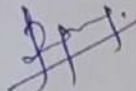
Name: AISWARYA ALEX

AMARNATH K S

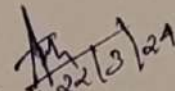
SAFA M A


CERTIFICATE

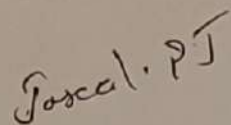
This is to certify that the project entitled "A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING A CHILD WITH AUTISTIC DISORDER", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. AISWARYA ALEX (Reg.No.CCAVBSW025)**, **Mr. AMARNATH K S (Reg No.CCAVBSW019)**, **Ms. SAFA M A (Reg.No.CCAVBSW045)**, during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Name : Reni K Mani
Guide and Supervisor




Dr. Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

**A STUDY ON CHALLENGES OF THE PARENTS IN MANAGING
A CHILD WITH AUTISTIC DISORDER**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by
AISWARYA ALEX (Reg No. CCAVBSW025)
AMARNATH K S (Reg No. CCAVBSW019)
SAFA M A (Reg No. CCAVBSW045)

Under the supervision of
Ms. RENI K MANI
Asst. Professor, Department Of Social Work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work

Christ College (Autonomous)

Irinjalakuda

March 2024

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DECLARATION

We, Alan Geo Baby , Janson Paul James and Naseeha Banu hereby declare that the project entitled "**A Study on challenges experienced by parents of children affected with Attention deficit hyperactivity disorder (ADHD)**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Rosemol Dany** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

ALAN GEO BABY



JANSON PAUL JAMES


NASEEHA BANU V.B

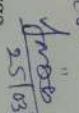
IRINJALAKUDA

19/03/2024


CERTIFICATE

This is to certify that the project entitled "A Study on challenges experienced by parents of children with Attention-deficit/hyperactivity disorder (ADHD)", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, partial fulfillment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Alan Geo Baby (Reg.No.CCAVBSW027), Janson Paul James (Reg.No.CCAVBSW036) and Naseeha Banu V.B (Reg. No.CCAVBSW015) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


25/3/24
Ms. Rosemol Dany A
Guide and supervisor

for Dr. Ajeesh George

25/03/2024
Dr. Ajeesh George
Head, Dept. of social work

Signature of External Examiner
Name of External Examiner


Stephy Francis

**A STUDY ON CHALLENGES EXPERIENCED BY THE PARENTS OF
CHILDREN AFFECTED WITH
ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD)**

A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

SUBMITTED BY
ALAN GEO BABY
(REG.NO: CCAVBSW027)
JANSON PAUL JAMES
(REG.NO: CCAVBSW036)
NASEEHA BANU V.B
(REG.NO: CCAVBSW015)

Under the supervision of
Ms. Rosemol Dany A
Asst. Professor, Department of Social Work



Department of Social Work
Christ College (Autonomous)
Irinjalakuda

March 2024

A STUDY ON STRESS AMONG MIGRATED STUDENTS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

SUBMITTED BY

ALOSH SHAJU(CCAVBSW028)

FARZIN K N (REG NO: CCAVBSW022)

HANNA MARIYAM P T (CCAUBSW035)

Under the supervision of

Ms. Ashley George

Asst. Professor, Department of Social work



**DEPARTMENT OF SOCIAL WORK
CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA**

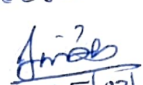
MARCH 2024

CERTIFICATE

This is to certify that the project entitled **"A STUDY ON STRESS AMONG MIGRATED STUDENTS"**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **ALOSH SHAJU (CCAVBSW028) FARZIN K N (REG NO: CCAVBSW022) HANNA MARIYAM P T (CCAVBSW035)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Ms. Ashley George
Guide and Supervisor



for Dr. Ajeesh George

25/03/2024
Dr Ajeesh George
Head, Dept. of Social Work

Signature of External Examiner 

Name of External Examiner *Stephy Francis*

DECLARATION

We, **Mr. ALOSH SHAJU, Mr. FARZIN KN, Ms. HANNA MARIYAM PT** hereby declare that the project entitled "**A STUDY ON STRESS AMONG MIGRATED STUDENTS**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. ASHLEY GEORGE** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship or of others similar title to any candidate in any University.

ALOSH SHAJU 

FARZIN K N

HANNA MARIYAM P T

IRINJALAKUDA

19 / 03 / 2024

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PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODYSHAMING AMONG ADOLESCENT

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the Degree
In Bachelor of Social Work

Submitted by

ANANYA P DEVACHAN CCAVBSW004

AMEEN ASHOK CCAVBSW029

ADARSH K SHAJI CCAVBSW001

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, Department of social work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work

Christ College (Autonomous), Irinjalakuda

March 2024

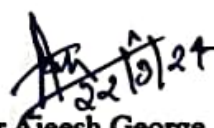
CERTIFICATE

This is to certify that the project entitled "A STUDY ON PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BOBY SHAMING AMONG ADOLESCNT.", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. Ananya P Devachan (CCAVBSW004), Mr. Ameen Ashok (CCAVBSW029), Mr. Adarsh K Shaji (CCAVBSW001) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Name: Ms. Amrutha M Thankan

Guide and Supervisor




Dr Ajeesh George

Head, Dept. of Social Work

Signature of External Examiner

Name of External Examiner



Stephy Francis

DECLARATION

We, Ms. Ananya P Devachan, Mr. Ameen Ashok, Mr. Adarsh K Shaji hereby declare that the project entitled "A STUDY ON PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODY SHAMING AMONG ADOLESCENT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. Amrutha M Thankan of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place : Irinjalakuda

Name: ANANYA P DEVACHAN 

Date: 25-03-2024

AMEEN ASHOK 

ADARSH K SHAJI 

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A STUDY ON PSYCHO-SOCIAL FACTORS AFFECTING THE EMPLOYEES OF THE IT SECTOR OF INFOPARK, KOCHI

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

ASHIK PAULSON (REG NO. CCAVBSW031)

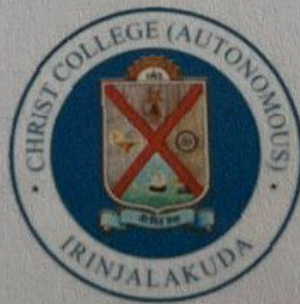
ASHA THOMAS (REG NO. CCAVBSW030)

ARYA M.B (REG NO. CCAVBSW051)

Under the supervision of

DR AJEESH GEORGE

Asst. Professor, department of social work

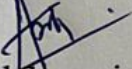


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Christ College (Autonomous)
Irinjalakuda**

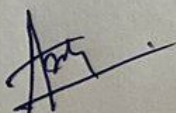
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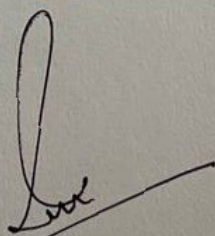
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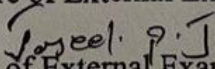
This is to certify that the project entitled **“Psycho-social factors affecting the employees of the IT sector of Infopark, Kochi”**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Ashik Paulson (Reg. No. CCAVBSW031)**, **Ms. Asha Thomas (Reg. No. CCAVBSW030)**, **Ms. Arya M.B (Reg. No. CCAVBSW051)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

Name 
Guide and Supervisor



Dr Ajeesh George 
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

we, **Mr. Ashik Paulson, Ms. Asha Thomas, Ms. Arya M.B** hereby declare that the project entitled **“Psycho-social factors affecting the employees of the IT sector of Infopark, Kochi”**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of **Dr Ajeesh George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Ashik Paulson
Arya M.B
Asha Thomas



Irinjalakuda

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A STUDY ON PSYCHO-SOCIAL FACTORS AFFECTING THE EMPLOYEES OF THE IT SECTOR OF INFOPARK, KOCHI

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

ASHIK PAULSON (REG NO. CCAVBSW031)

ASHA THOMAS (REG NO. CCAVBSW030)

ARYA M.B (REG NO. CCAVBSW051)

Under the supervision of

DR AJEESH GEORGE

Asst. Professor, department of social work

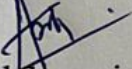


**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

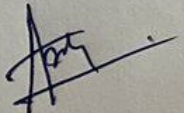
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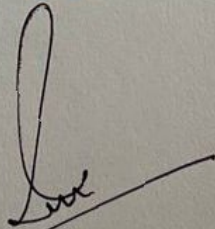
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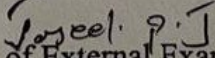
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Name 
Guide and Supervisor



Dr Ajeesh George 
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

we, **Mr. Ashik Paulson, Ms. Asha Thomas, Ms. Arya M.B** hereby declare that the project entitled **“Psycho-social factors affecting the employees of the IT sector of Infopark, Kochi”**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of **Dr Ajeesh George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Ashik Paulson
Arya M.B
Asha Thomas



Irinjalakuda

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**A STUDY ON NOMOPHOBIA AMONG THE STUDENTS OF
CHRIST COLLEGE [AUTONOMOUS] IRINJALAKUDA**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted By

ANITTA JOSHY (REG.NO.CCAVBSW006)

VARSHA BALAKRISHNAN (REG NO: CCAVBSW050)

ALWIN SAJAN (CCA VBSW002)

Under The Supervision Of

Ms. ROSEMOL DANY A

Asst. Professor, Department Of Social Work



Department Of Social Work


Christ College (Autonomous)

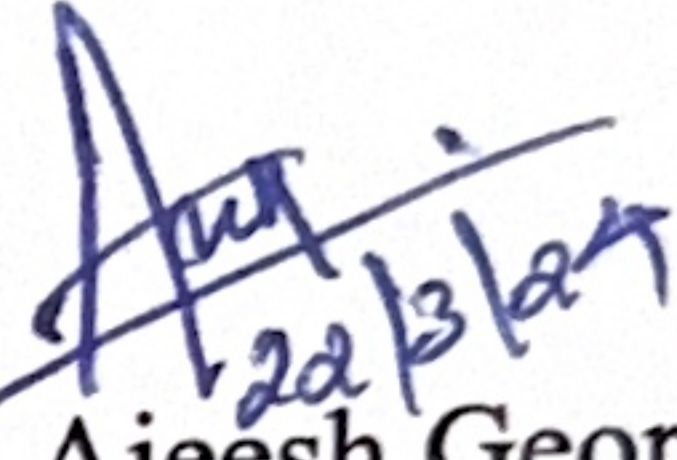
Irinjalakuda

March 2024


CERTIFICATE

This is to certify that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms.ANITTA JOSHY (Reg.No.CCAVBSW006)**, **Ms.VARSHA BALAKRISHNAN (Reg.No.CCAVBSW050)**, **Mr.ALWIN SAJAN (Reg.No.CCAVBSW002)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


22/3/24
Mrs. Rosemol Dany A
Guide and Supervisor


22/3/24
Dr. Ajeesh George
Head, Dept. of Social Work




Signature of External Examiner


Name of External Examiner

DECLARATION

We, Ms. ANITTA JOSHY, Ms. VARSHA BALAKRISHNAN , Mr.ALWIN SAJAN hereby declare that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms.Rosemol Dany A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

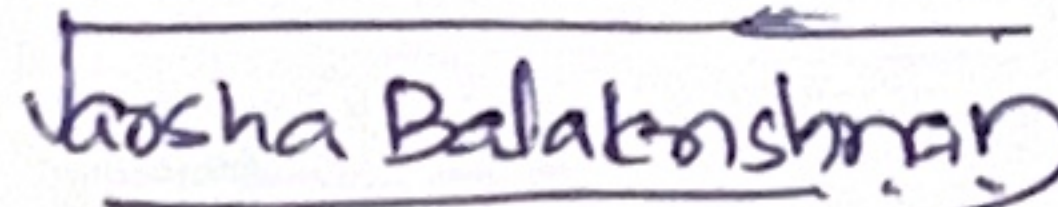
ANITTA JOSHY 

VARSHA BALAKRISHNAN

ALWIN SAJAN 

IRINJALAKUDA

Date : 22 | 03 | 2024



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CHAPTER -1

INTRODUCTION

Nomophobia as the fear of being out of mobile phone contact, and the anxiety produced by the thought of losing it or being unable to use it (Kim and Kang, 2013).

A phobia is an excessive and irrational fear reaction. If you have a phobia, you may experience a deep sense of dread or panic when you encounter the source of your fear. The fear can be of a certain place, situation, or object. Unlike general anxiety disorders, a phobia is usually connected to something specific. The impact of a phobia can range from annoying to severely disabling. People with phobias often realize their fear is irrational, but they're unable to do anything about it. Such fears can interfere with work, school, and personal relationships. With the changes of technologies, new challenges are coming up on a daily basis. New kinds of phobias have emerged (the so-called techno-phobias). Since the first mobile phone was introduced to the consumer market in 1983, these devices have become significantly mainstream in the majority of societies. An estimated 19 million of people have a phobia that causes difficulty in some area of their lives. Seek the help of your doctor if you have a fear that prevents you from leading your fullest life.

Nomophobia (short for "no mobile phobia") is a word for the fear of, or anxiety caused by, not having a working mobile phone. It has been considered a symptom or syndrome of problematic digital media use in mental health, the definitions of which are not standardized for technical and genetically reasons. Other mental disorders like, social phobia or social anxiety, and panic disorder may also precipitate Nomo phobic symptoms. It is very difficult to differentiate whether the patient become Nomo phobic due to mobile phone addiction or existing anxiety disorders manifest as Nomophobia symptoms. The signs and symptoms are observed in Nomophobia cases include-anxiety, respiratory alterations, trembling, perspiration, agitation, disorientation and tachycardia. Nomophobia may also act as a proxy to other disorders. So, we have to be very judicious regarding its diagnosis. Some mental disorders can precipitate Nomophobia also and vice versa. The increasing dependence and obsession that people experience in relation to their mobile phones have resulted in the rise of a new phobia

– nomophobia – which is the extreme and overwhelming fear of being without your mobile phone.

The term, “NOMOPHOBIA,” was coined by the United Kingdom (UK) Post Office in 2008 during a study who commissioned You Gov, a UK-based research organization. The objective of that study was to evaluate the possibility of anxiety disorders occurred due to overuse of mobile phones. The study found that nearly 53% British who used mobile phones, pretend to be apprehensive when they “lose their mobile phone, run out of battery or credit, or have no network coverage”. That study also revealed that approximately 58% of male and 47% of female suffered from the mobile phone anxiety, and additionally 9% felt strained when their mobile phones were switched off. 55% of the participants agreed that they are not able to maintain connectivity with their dear and near one, which was the main reason for their phobia. On comparing the stress levels it was found that the anxiety level was at-par with those of “wedding day jitters.”

Phone addiction is the compulsive overuse of a mobile phone, where someone fears not having their mobile phone with them or not being able to send or receive messages. Many of those addicted to their phones experience phantom vibrations – the phenomenon of thinking that your phone is vibrating from a notification when it actually is not. A study found that many students today display addictive mobile phone behaviour, where they spend a whopping average of 8 10 hours per day on their phones. Recent research shows that 47% of teenagers use their phones whilst on the toilet, and 81% of people never turn their phone off – even when in bed. Although mobile phones can be a great tool to help people connect with each other, spending too much time on it can reduce concentration, decrease quality of sleep and, crucially, negatively impact academic performance. Over-usage of cell phones may increase anxiety due to the pressure to be continually connected to social networks and could rob chances of perceived solitude, relieving daily stress, that has been linked as a component of well-being. People can use mobile phones to connect with friends and family, to obtain interpersonal needs such as family affection and tolerance. Mobile phones can also allow users to get support and accompany on the Internet. People indeed use mobile phones to regulate emotions, and as a powerful tool for cyber-psychology, mobile phones are connected to people’s emotional life.

The most common psychological consequences of nomophobia are anxiety, depression or isolation –mobile phones are thought to keep us in touch with others, but the problem arises when online relationships replace face-to-face ones. There are also physical consequences such as headaches, stomach aches, eye discomfort due to overexposure to the screen, or wrist and neck pain due to improper positioning.

Mental distress or psychological distress encompasses the symptoms and experiences of a person's internal life that are commonly held to be troubling, confusing or out of the ordinary. Mental distress can potentially lead to a change of behaviour, affect a person's emotions in a negative way, and affect their relationships with the people around them. Those who are members of vulnerable populations might experience discrimination that places them at increased risk for experiencing mental distress as well. This may be something which resolves without further medical intervention, though people who endure such symptoms longer term are more likely to be diagnosed with mental illness. This definition is not without controversy as some mental health practitioners would use the terms "mental distress" and "mental disorder" interchangeably. Some users of mental health services prefer the term "mental distress" in describing their experience as they feel it better captures that sense of the unique and personal nature of their experience, while also making it easier to relate to, since everyone experiences distress at different times.

Currently, access to the Internet through smartphones has led to their functions going beyond purely communicative ones, allowing the management of massive, instantaneous, and easily accessible information. More and more young people are acquiring a smartphone at an early age (1–4 years). Home confinement by COVID-19 imposed the need to adapt to the new reality using technology to ensure that private and working life could continue under health restrictions. Smartphones, more than ever, have been an excellent tool for communication and information management, which has boosted the use of these devices in all areas of daily life. The present study extends the existing literature on nomophobia by providing results of interest in terms of gender and the exceptional healthcare context of COVID-19. The results suggest that despite intense daily smartphone use young people did not reach severe nomophobia figures. This fact underlines the need for appropriate and healthy technology education. Understanding the characteristics of the populations that use the smartphone the most may help to analyse nomophobia rates and the massive use of the device.

In this study "A study on nomophobia among the students of Christ College (Autonomous) Irinjalakuda" aim to find out whether there is nomophobia among the students of Christ College (Autonomous) Irinjalakuda. Recognizing a problem is critical for solving it, so recognizing the status of nomophobia can help us make the necessary interventions to address the emerging non- drug addictions of the 21st century.

CHAPTER-2

REVIEW OF LITERATURE

(Ashvneet Kaur, 2021) Nomophobia and social interaction anxiety among university students proved that of majority of the students (55.50%) were 14–16 years old when they owned their first smartphone, followed by 30.62% students in the age group of 17–19 years, 8.13% students in the age group of 11–13 years, 3.83% students in the age group of 20–21 years and even 1.91% students in the age group of 8–10 years. Most of the students (52.15%) had no social interaction anxiety, whereas 40.19% suffered from probable social phobia, followed by 7.66% who suffered from probable social anxiety. All the students were nomophobic and had different levels of nomophobia. The majority of the students, i.e., 118(56.5%), were moderately nomophobic, and 74(35.4%) were severely nomophobic, whereas only 17(8.1%) were mildly nomophobic. There was a significant association of nomophobia with the department of study, family income per month, working status of parents, and the age at which smartphone ownership was obtained, and time in hours per day spent on using a smartphone. .66% who suffered from probable social anxiety. Nomophobia and social interaction anxiety were found to have a weak positive correlation. The students having higher social interaction anxiety scores had higher scores on nomophobia

(MB Pavithra, 2015) A study on nomophobia-mobile phone dependence, among students of a medical college in Bangalore, the study population of 200 students comprised of 47.5% females and 52.5% males. Majority (74%) of the students spent Rupees 300-500 per month on mobile recharge. About 23% students felt they lose concentration and become stressed when they do not have their mobile around, 79 (39.5%) students were Nomophobic in this study and another 27% were at risk of developing Nomophobia .The study is indicative of increasing prevalence of Nomophobia among younger generation. Further research and multi-centric studies are required to investigate more in depth the psychological aspects and solutions for nomophobia.

(G Jilisha , 2019) The study of Nomophobia: A mixed-methods study on prevalence, associated factors, and perception among college students in Puducherry, India .

Resulted that 774 participants, 23.5% had severe nomophobia scores. Older age, male gender, duration and frequency of smartphone usage, use for social networking, checking without reason, and checking smartphone after waking up in the morning were significantly associated with nomophobia. The in-depth interview showed attributes of addiction among the students, like dependency and compulsive behaviour. Students also experienced anxiety and frustration when they had to part with their smart phones. Duration of smartphone usage was found to be 3–6 hours in nearly half of the participants (52.1%), and 19% of the participants even reported using their smartphone for 7 hours and more per day. Nearly 38% felt that their smartphone use was hampering their academic performance, and 55% said that they check their smartphones as soon as they get up in the morning. Out of 774 responses from participants, the highest proportion of perceived ill health effect due to smartphone use was reported for headache (23.6%), followed by eye strain (21.8%). A sizable minority of the students had signs of severe nomophobia, distinct patterns of usage, and misperceptions regarding health.

(**Sethia et al., 2018**) A study on nomophobia-mobile phone dependence, among students of a medical college in Bangalore. Study population of 200 students comprised of 47.5% females and 52.5% males. Majority (74%) of the students spent Rupees 300-500 per month on mobile recharge. About 23% students felt they lose concentration and become stressed when they do not have their mobile around, 79 (39.5%) students were Nomophobic in this study and another 27% were at risk of developing Nomophobia. The result of our study is indicative of increasing prevalence of Nomophobia among younger generation. Further re-search and multi-centric studies are required to investigate more in depth the psychological aspects and solutions for nomophobia.

(**Madhusudan Muralidhar, 2017**) A research conducted on Nomophobia and its determinants among the students of a medical college in Kerala, The grades of nomophobia showed a no statistically significant association with sex, admission quota whereas statistically significant association with phase of the MBBS. The prevalence of nomophobia was 97%. The grades of nomophobia showed no statistically significant association with sex, admission quota, and residence whereas statistically significant association with phase of the MBBS) with highest prevalence among phase II students. 99.06% students were using smart phones for calling family members, 91.84% for calling friends and 88.57% for listening to music

stically significant association with phase of the MBBS ($P = 0.001$) with no nomophobia . There was high prevalence of nomophobia among the students of the medical college. Nomophobia was not found to be associated with sex, quota of admission, place of origin, and place of stay. The most common reasons for smartphone use were calling of family members.

(Caglar Yildirim, Evren Sumuer, Müge Adnan, Soner Yildirim) ‘A growing fear: Prevalence of nomophobia among Turkish college students’. The purpose of the study was to investigate the prevalence of nomophobia (the fear of being out of mobile phone contact) among young adults in Turkey. The Nomophobia Questionnaire (NMP-Q) was administered to 537 Turkish college students. The study employed a causal-comparative research design. Convenience sampling is used in this for the purpose of sampling. The results of the study revealed that 42.6% of young adults had nomophobia, and their greatest fears were related to communication and information access. The study also found that gender and the duration of smartphone ownership had an effect on young adults’ nomophobic behaviours, whereas age and the duration of mobile phone ownership had no effect.

(Dony Darma Sagita, Fatma Santika, 2021) conducted a study on ‘Nomophobia in adolescents based on gender: a case study of East Jakarta, Indonesia’ In this study they state that Nomophobia is a modern phobia that occurs mostly in adolescents due to addiction to the use of a smartphone. The purpose of this study is to analyse the differences in the level of nomophobia among adolescents based on gender and it was a quantitative research with a comparative descriptive approach. Data were obtained from 400 adolescents selected using the convenience sampling technique. The instrument used was the Indonesian version of the Nomophobia Questionnaire (NMP-Q) was used to assess nomophobia. Beck’s Depression Inventory (BDI), Beck’s Anxiety Inventory (BAI), and Short Form-36 (SF-36) were used to measure depression, anxiety, and quality of life, respectively. A cross-sectional study was carried out in 1386 high school students aged between 14 and 17 years. Out of 1386 adolescents, 569 (41.05%), 303 (21.86%), and 82 (5.1%) have mild, moderate, and severe nomophobia, respectively. There were significantly more males with nomophobia. There was a statistically significant relationship between NMP-Q score and BDI, BAI, and SF-36 scores. A significant positive correlation was observed between NMP-Q score and scores on BDI and BAI and a significant negative correlation between SF-36 score. The

results of the study indicate that nomophobia is an emerging mental health condition, especially in male adolescents. Nomophobia is significantly associated with depression, anxiety, and poor quality of life. Multi centric studies are needed to better understand this disorder.

(Burhanettin, Ozdemir, Ozlem Cakir, Irshad Hussain, 2018)Prevalence of Nomophobia among university students: A comparative study of Pakistani and Turkish undergraduate students was a study conducted by This study focused on to examine prevalence of nomophobia among university students; and the relationship among nomophobia, self-esteem, loneliness and self- happiness with respect to gender and year of study of the university students in Pakistan and Turkey. The study subjects consisted of 729 students 368 (50.5%) of which were from Turkey and 361 (49.5%) from Pakistan. The data were collected by using Nomophobia Scale (NMP-Q), UCLA Loneliness Scale (ULS-8), Self-Happiness Scale, and Rosenberg' Self-Esteem Scale by the researchers from Pakistan and Turkey respectively. The relationship and the effect of each psychological structure on nomophobia were examined with multiple linear regression model. The difference across the categories of independent variables on each of the dependent variables (loneliness, self-happiness, self-esteem and nomophobia) and on linear combination of dependent variables for each country was examined by multivariate MANOVA. According to multivariate effects results, the main effect of gender on self-esteem and nomophobia was statistically significant which indicates that differences between male and female students with respect to self-esteem and nomophobia were significant. The study demonstrated differences between Turkish and Pakistani students' score on nomophobia, loneliness and self-happiness were significant, while difference on self-esteem across countries was not statistically significant.

(Sudip Bhattacharya, Md Abu Bashir, Abhay Srivastava, Amarjeet Singh, 2019)Nomophobia: No mobile phone phobia a study .In this study they describe about what is nomophobia, which are the various psychological factors causing nomophobia, its after effects, signs and symptoms and significant of related studies in this field. According to this study the term NOMOPHOBIA or NO Mobile Phone Phobia is used to describe a psychological condition when people have a fear of being detached from mobile phone connectivity. The term NOMOPHOBIA is constructed on definitions described in the DSM-IV, it has been labelled as a “phobia for a particular/specific

things". Various psychological factors are involved when a person overuses the mobile phone, eg, low self-esteem, extrovert personality. The burden of this problem is now increasing globally. Other mental disorders like, social phobia or social anxiety, and panic disorder may also precipitate nomophobic symptoms. It is very difficult to differentiate whether the patient become nomophobic due to mobile phone addiction or existing anxiety disorders manifest as Nomophobic symptoms. The signs and symptoms are observed in NOMOPHOBIA cases include-anxiety, respiratory alterations, trembling, perspiration, agitation, disorientation and tachycardia. NOMOPHOBIA may also act as a proxy to other disorders. So, we have to be very judicious regarding its diagnosis. Some mental disorders can precipitate Nomophobia also and viceversa. The complexity of this condition is very challenging to the patients' family members as well as for the physicians as Nomophobia shares common clinical symptoms with other disorders. That's why Nomophobia should be diagnosed by exclusion. We have to stay in the real world more than virtual world. We have to re-establish the human-human interactions, face to face connections. So, we need to limit our use of mobile phones rather than banning it because we cannot escape the force of technological advancement.

(Mohammad Darvishi, Majid Noori, Mohammad Reza Nazer, Soheil Sheikholeslami, Ebrahim Karimi, 2019)Investigating different dimensions of nomophobia among medical students: a cross-sectional study .This aimed to investigate nomophobia (no mobile phone phobia) among medical students of Islamic Azad University, Tehran Branch. This descriptive cross-sectional study was conducted on 100 students studying in different majors of medical sciences in Islamic Azad University, Tehran Branch, from 2016 to 2017. Demographic data of all participants were recorded in a data sheet. In the next stage, a questionnaire was designed by the researcher to evaluate the effect of age, gender, education, and the duration of using cell phone variables on discomfort, anxiety, and insecurity due to lack of access to cell phone or other related issues. Raw data were analysed using SPSS statistical software version 21. The significance level was considered $P < 0.05$.The results of the study showed that participants with lower mean age felt more discomfort, anger, anxiety, and insecurity due to lack of access to mobile phones and other related issues compared to other people. However, no variable was statistically significant ($P\text{-value} > 0.05$). Except anxiety, results showed that longer duration of mobile phone use might lead to a

significant decrease in discomfort, anger, and insensibility variables among users ($P\text{-value} > 0.05$). The incidence of nomophobia (with its different aspects) was significantly lower in females ($P\text{-value} > 0.05$). Also, in participants with higher educational status, the nomophobia was recorded to be more frequent ($P\text{-Value} > 0.05$).

CHAPTER -3

RESEARCH METHDOLOGY

Title of the study

A study on nomophobia among the students of Christ College [Autonomous]
Irinjalakuda

Statement of the problem

The problem of nomophobia is characterized by the mental stress feel when separated from Mobile phone which affect college students .This issue has become increasingly prevalent in this modern technological era leading to serious health problems. Understanding and addressing nomophobia is crucial because it can significantly impact individuals overall wellbeing and daily functioning.

Significance of the study

This study aimed to find out how common nomophobia was among college students and to understand its severity. Knowing the extent of the problem helped to address it more effectively. The study sought to determine if nomophobia significantly affected students. If it did, then those in charge could take steps to quickly fix the problem. By investigating this issue, authorities would be able to figure out who needed help and what kind of help they required. It was important because nomophobia could make it hard for students to focus on their studies and enjoy their time at college. Once this study determined how many students were dealing with this issue and how severe it was for them, a plan could be made to improve the situation.

Objective

General objective

1. To asses nomophobia among the respondents.

Specific objective

1. To find out the socio-demographic profile of the respondents
2. To assess the mental stress among the respondents due to nomophobia

Definitions

Conceptual definition

* Caglar Yildirim and Ana-Paula Correia (2015): Nomophobia is defined as "the fear of losing one's connection to the virtual world represented by the mobile device."

* John Dewey (1916): defined a student as "an active participant in the learning process who interacts with their environment to construct knowledge."

*Mental stress: A form of stress that occurs because of how events in one's external or internal environment are perceived, resulting in the psychological experience of distress and anxiety (Lazarus & Folkman, 1984).

* Glen H. Elder Jr. (1983): Elder described sociodemographic factors as "the social and demographic attributes, such as age, gender, ethnicity, education, income, and marital-status that characterize a population."

Operational definition

*Nomophobia: Nomophobia is a term used to describe the fear or anxiety that people experience when they are unable to use their mobile phones or other digital devices, particularly smartphones.

*Student: Student refers to individuals pursuing a final year under graduation degree from Christ College [Autonomous] Irinjalakuda.

*Mental stress: It refers to the fear or anxiety that individuals experience when they are unable to use or access their mobile phones. Mental stress faced by a nomophobic person includes feelings of unease, anxiety, and distress when separated from their phone, as well as the fear of missing out on important information or communication.

*Socio-demographic: Socio-demographic are characteristics of respondents. Generally, characteristics such as age, gender, education level, location etc.

Pilot study

The researcher did interaction with the research guide to know the feasibility of the research.

Research Design

The research design of the study is descriptive in nature because this study involve gathering data and describe a phenomenon called nomophobia.

Universe/ Population of the study

The population under investigation in this study includes all final year UG student of Christ College (Autonomous) Irinjalakuda who own a mobile phone.

Unit of the study

***Sample unit**

A final year UG student of Christ College (Autonomous) Irinjalakuda, who own a mobile phone.

***Sample size**

Researcher collected the data from 60 respondents.

***Inclusion criteria**

All final year UG students of Christ College (Autonomous) Irinjalakuda, who own a mobile phone.

Sampling

1. Sample design: Probability sampling
2. Sample method: Simple random method will be designed used for selecting sample.

Tool of data collection

1. Primary data Researcher used nomophobia questionnaire [NMP-Q] as the tool for primary data collection. (The NMP-Q is a psychometric instrument designed to assess nomophobia. It is used in research and clinical settings to measure the extent and impact of nomophobia on individuals.)
2. Secondary data Researcher used books, journals, magazines, newspaper as the secondary sources of data. .

Data analysis and interpretation

Chapterization

Chapter I: Introduction

Chapter II: Review of literature

Chapter III: Research Methodology

Chapter IV: Result and discussion

Chapter V: Findings, suggestion and conclusion

Limitation

As it is a quantitative research this simplifies complex social or human behaviours into quantifiable variables that tend to ignore subtleties.

Ethical Consideration

Confidentiality: the researcher will store data securely and will not share the personal information of respondents to others, by this the researcher ensure that respondents privacy are maintained.

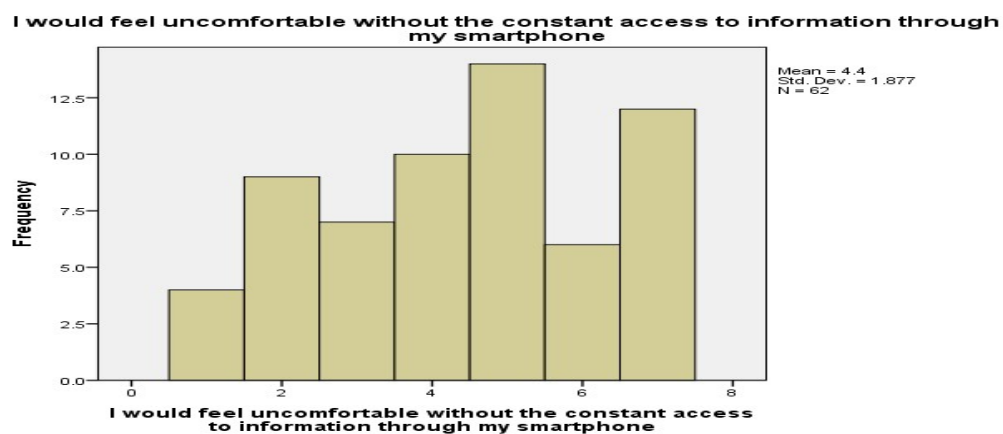
CHAPTER 4

RESULT AND DISCUSSION

TABLE 1

Feeling uncomfortable without using a smartphone.

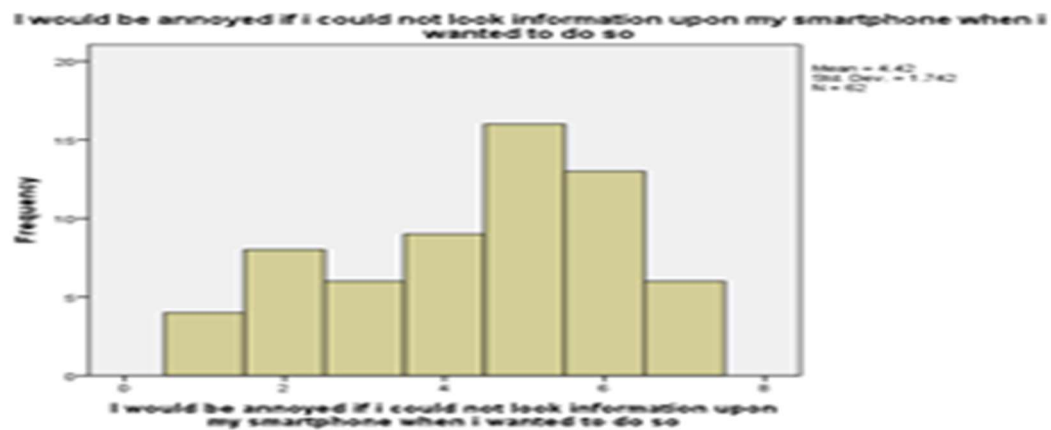
	Frequency	Percent
strongly disagree	4	6.5
disagree	9	14.5
somewhat disagree	7	11.3
neither agree nor disagree	10	16.1
somewhat agree	14	22.6
agree	6	9.7
strongly agree	12	19.4
Total	62	100.0

FIGURE 1

The above table 1 & figure 1 shows that the largest percentage of respondents 51.7% agree with the above statement where, a relatively smaller percentage 32.3% disagree with the statement. About 16.1% of respondents selected "neither agree nor disagree," suggesting that they are neutral or unsure about their level of discomfort without constant smartphone access.

TABLE 2*Feel annoyed without smart phones*

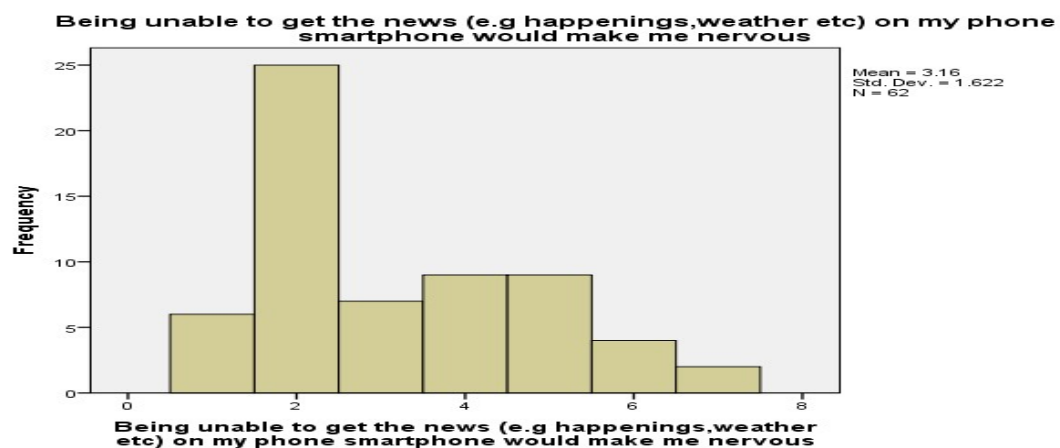
	Frequency	Percent
strongly disagree	4	6.5
disagree	8	12.9
somewhat disagree	6	9.7
neither agree nor disagree	9	14.5
Valid somewhat agree	16	25.8
agree	13	21.0
strongly agree	6	9.7
Total	62	100.0

FIGURE 2

The above table 4.2 & figure 4.2 shows that the majority of respondents either somewhat agree (25.8%) or agree (21.0%) with the statement. On the other hand, a significant portion of respondents (14.5%) neither agree nor disagree with the statement. A smaller percentage of respondents disagree (12.9%), somewhat disagree (9.7%), or strongly disagree (6.5%) with the statement.

TABLE 3*Feel nervous without smart phone*

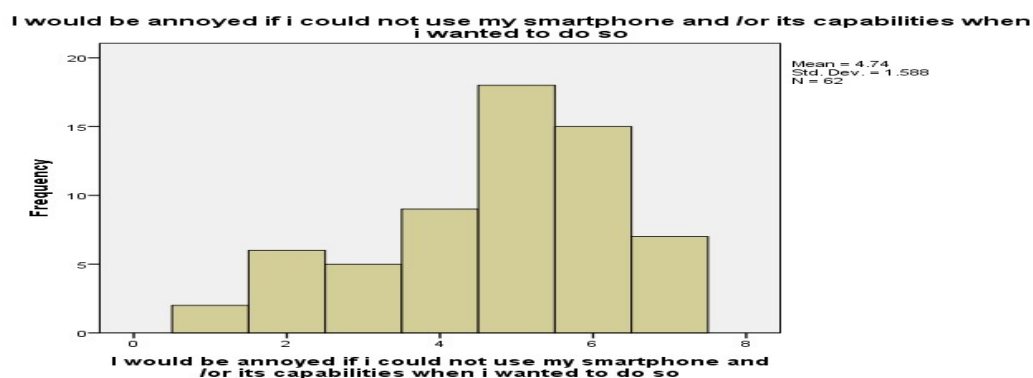
	Frequency	Percent
strongly disagree	6	9.7
disagree	25	40.3
somewhat disagree	7	11.3
neither agree nor disagree	9	14.5
somewhat agree	9	14.5
agree	4	6.5
strongly agree	2	3.2
Total	62	100.0

FIGURE 3

The above table 3 & figure 3 shows that the majority of respondents (approximately 61.3%) either disagree or somewhat disagree that being unable to get the news on their smartphone would make them nervous. On the other hand, a smaller proportion of respondents (approximately 24.5%) either agree or somewhat agree that being unable to get the news on their smartphone would make them nervous. Additionally, only a small percentage of respondents (3.2%) strongly agree with this statement.

TABLE 4*Being unable to use smart phone when needed would annoyed*

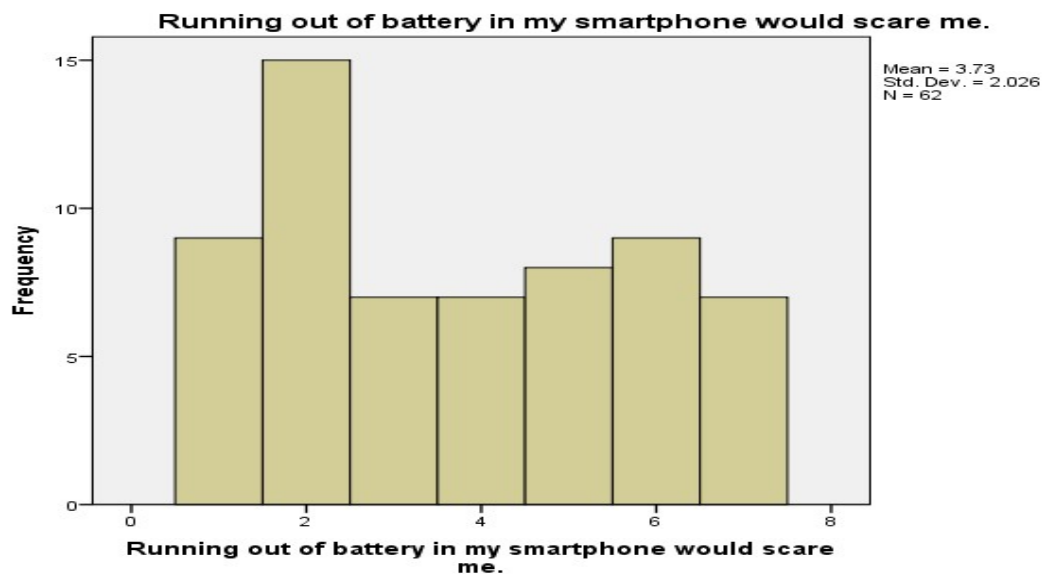
	Frequency	Percent
strongly disagree	2	3.2
disagree	6	9.7
somewhat disagree	5	8.1
neither agree nor disagree	9	14.5
somewhat agree	18	29.0
agree	15	24.2
strongly agree	7	11.3
Total	62	100.0

FIGURE 4

The above table 4 & figure 4 shows that majority of respondents (64.5%) either somewhat agree or agree that they would be annoyed if they could not use their smartphone and/or its capabilities when they wanted to do so. A substantial portion of respondents (14.5%) neither agree nor disagree, indicating a level of ambivalence towards the statement. A smaller proportion of respondents (12.9%) disagree or strongly disagree with the statement, indicating that they would not be annoyed if they could not use their smartphone.

TABLE 5*Feel scared when battery drain out from smart phone*

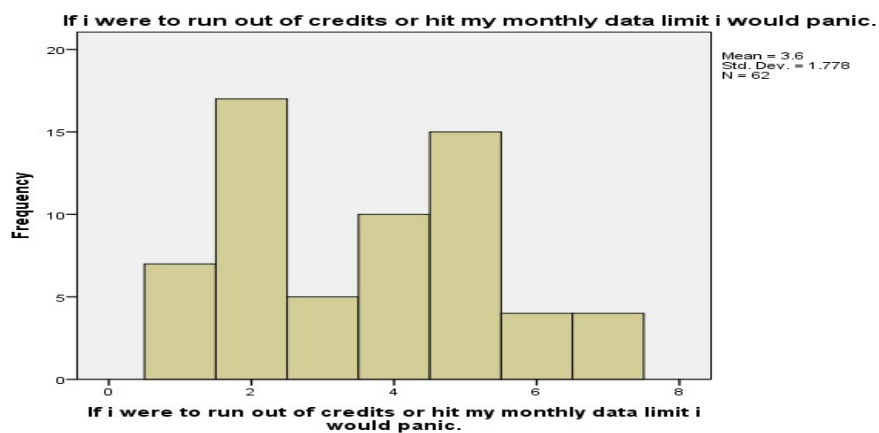
	Frequency	Percent
strongly disagree	9	14.5
disagree	15	24.2
somewhat disagree	7	11.3
neither agree nor disagree	7	11.3
somewhat agree	8	12.9
agree	9	14.5
strongly agree	7	11.3
Total	62	100.0

FIGURE 5

The above table5 & figure 5 shows that the majority of respondents (38.7%) either disagree or strongly disagree with the statement, indicating that they are not scared by the prospect of their smartphone running out of battery. However, a significant portion (27.4%) either somewhat agree or strongly agree with the statement, suggesting that a notable portion of respondents do experience fear or anxiety related to their smartphone battery running out.

TABLE 6*Feel panic when the monthly data limit run out*

	Frequency	Percent
Valid	strongly disagree	7
	disagree	17
	somewhat disagree	5
	neither agree nor agree	10
	somewhat agree	15
	agree	4
	strongly agree	4
	Total	62
		100.0

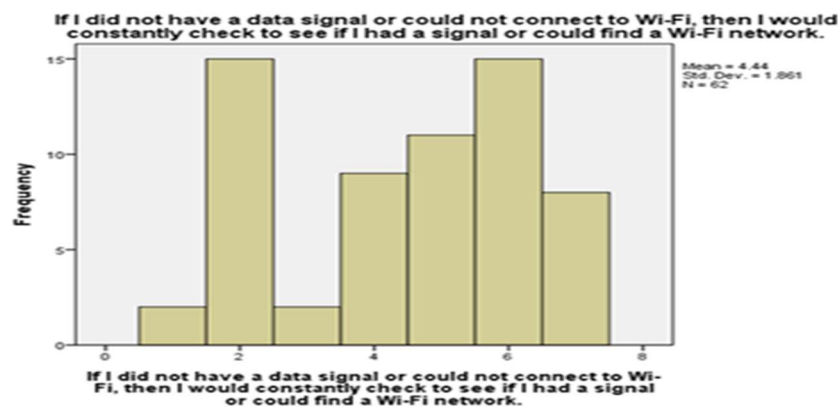
FIGURE 6

The above table 5 & figure 5 shows that a total of 46.8% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement with the statement, while 30.7% of respondents (somewhat agree + agree + strongly agree) express some level of agreement.

TABLE 7

Without data or wifi, would repeatedly look for a signal or available network

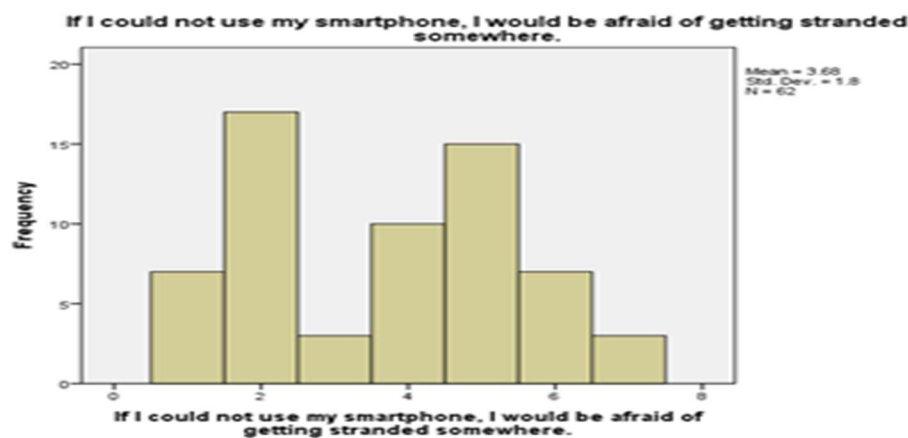
	Frequency	Percent
strongly disagree	2	3.2
disagree	15	24.2
somewhat disagree	2	3.2
neither disagree nor agree	9	14.5
somewhat agree	11	17.7
agree	15	24.2
strongly agree	8	12.9
Total	62	100.0

FIGURE 7

The above table 7 & figure7 shows that a total of 54.8% of respondents (somewhat agree + agree + strongly agree) express some level of agreement with the statement, while 30.6% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 14.5% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 8*Fear being stranded without smartphone*

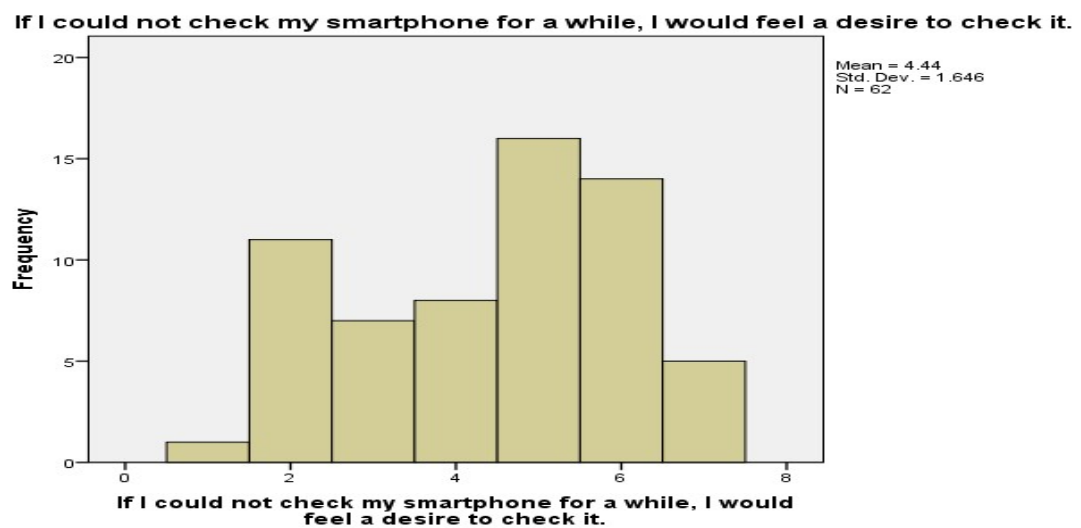
	Frequency	Percent
strongly disagree	7	11.3
disagree	17	27.4
somewhat disagree	3	4.8
neither agree nor disagree	10	16.1
somewhat agree	15	24.2
agree	7	11.3
strongly agree	3	4.8
Total	62	100.0

FIGURE 8

The above table 8 & figure 8 shows that a total of 43.5% of respondents (somewhat disagree + disagree + strongly disagree) express some level of disagreement with the statement, while 40.3% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 16.1% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 9*Desire to check smartphone when away*

	Frequency	Percent
strongly disagree	1	1.6
disagree	11	17.7
somewhat disagree	7	11.3
neither agree nor disagree	8	12.9
somewhat agree	16	25.8
agree	14	22.6
strongly agree	5	8.1
Total	62	100.0

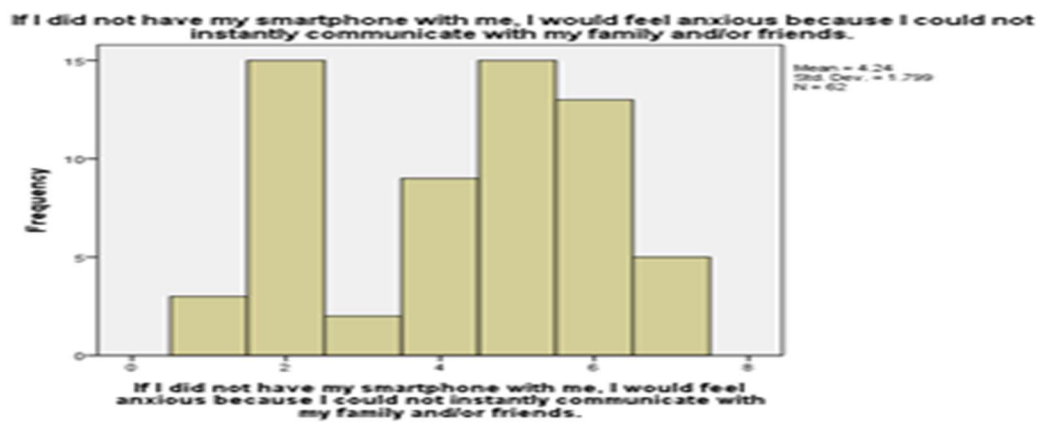
FIGURE 9

The above table9 & figure 9 shows that majority of respondents (48.4%) either somewhat agree or agree to the statement and 8.1% of respondents strongly agree to the statement, where 30.6% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 12.9% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 10

Without smart phone, feel anxious can't communicate with family/friends

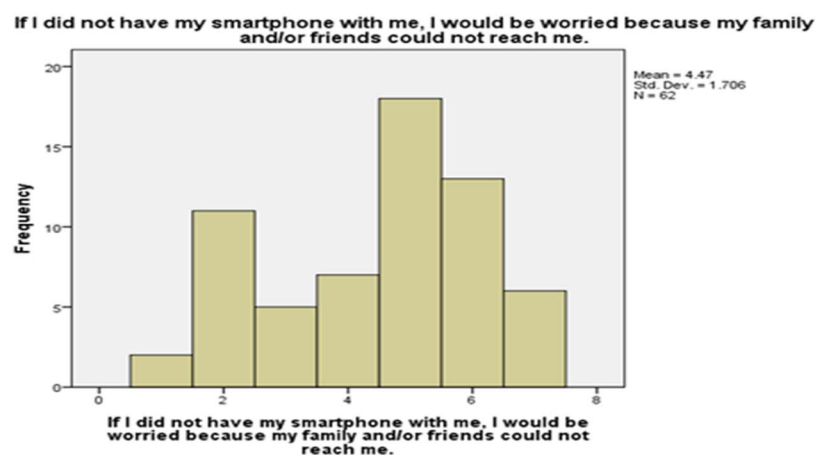
	Frequency	Percent
strongly disagree	3	4.8
disagree	15	24.2
somewhat disagree	2	3.2
neither agree nor disagree	9	14.5
somewhat agree	15	24.2
agree	13	21.0
strongly agree	5	8.1
Total	62	100.0

FIGURE 10

The above table 10 & figure10 shows that a total of 53.3% of respondents (somewhat agree + agree + strongly agree) express some level of agreement with the statement, while 32.3% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 14.5% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 11*Without smart phone, worry about family/friends*

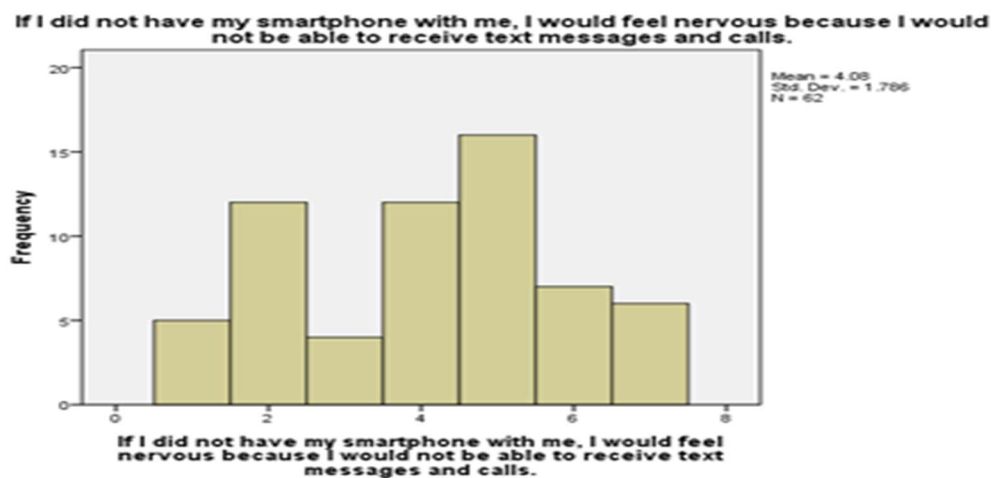
	Frequency	Percent
strongly disagree	2	3.2
disagree	11	17.7
somewhat disagree	5	8.1
neither agree nor disagree	7	11.3
somewhat agree	18	29.0
agree	13	21.0
strongly agree	6	9.7
Total	62	100.0

FIGURE 11

The above table11 & figure11 shows that majority of respondents (59.7%) either somewhat agree or agree or strongly agree to the statement, where 29% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 11.3% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 12*Without smart phone, nervous; no calls or text*

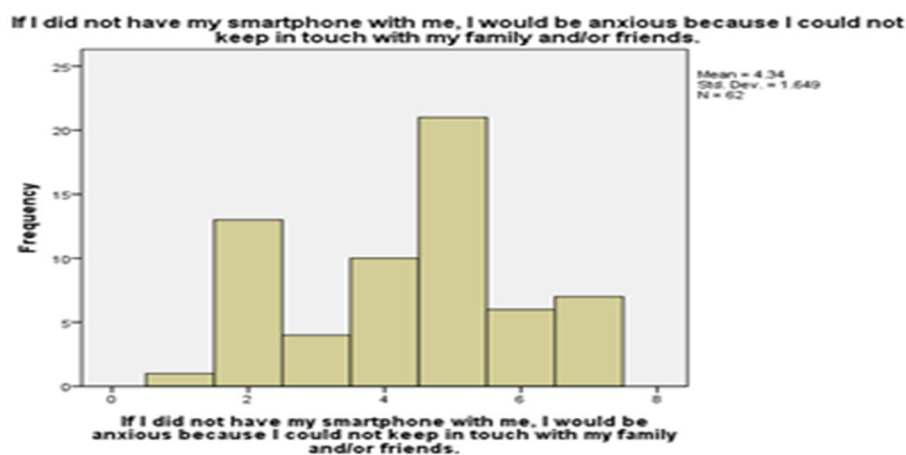
	Frequency	Percent
strongly disagree	5	8.1
disagree	12	19.4
somewhat disagree	4	6.5
neither agree nor disagree	12	19.4
somewhat agree	16	25.8
agree	7	11.3
strongly agree	6	9.7
Total	62	100.0

FIGURE 12

The above table 12 & figure12 shows that a total of 46.8% of respondents (somewhat agree + agree + strongly agree) express some level of agreement with the statement, while 33.9% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 19.4% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 13*Without smart phone, anxious without family/ friends contact*

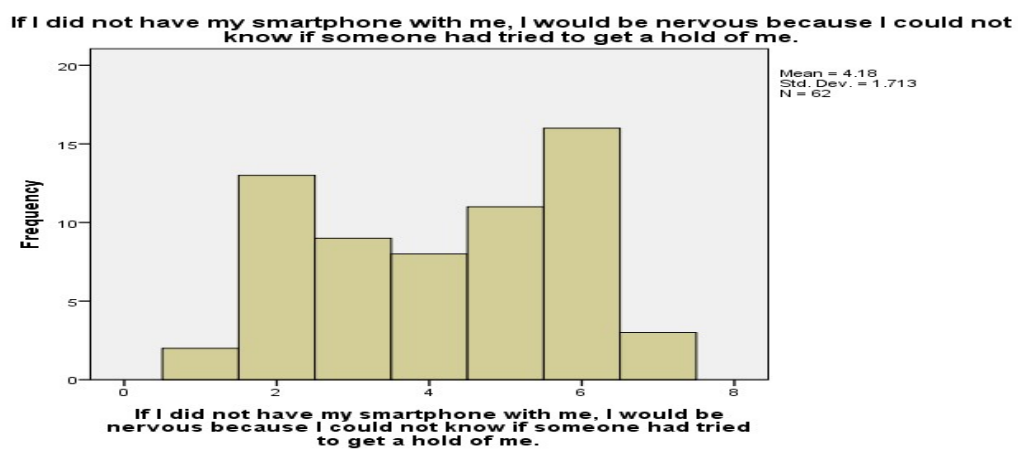
	Frequency	Percent
strongly disagree	1	1.6
disagree	13	21.0
somewhat disagree	4	6.5
neither agree nor disagree	10	16.1
somewhat agree	21	33.9
agree	6	9.7
strongly agree	7	11.3
Total	62	100.0

FIGURE 13

The above table 13 & figure 13 shows that a majority of respondents 54.9% (somewhat agree + agree + strongly agree) agree with the statement, while 29% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 16.1% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 14*Without smart phone, nervous, miss message*

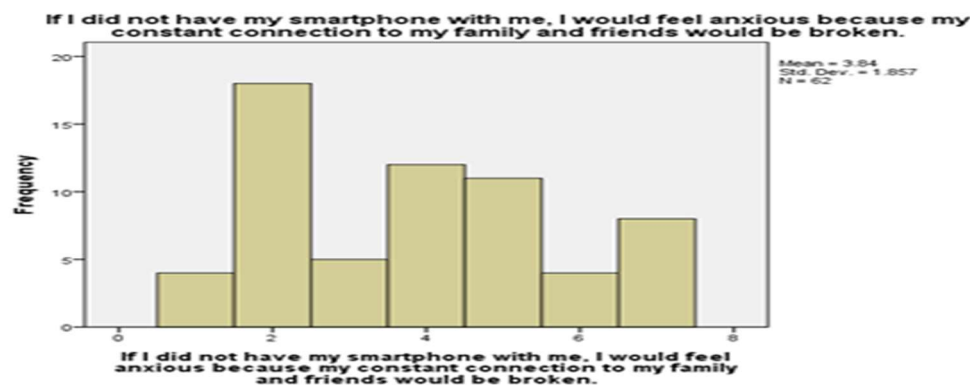
	Frequency	Percent
strongly disagree	2	3.2
disagree	13	21.0
somewhat disagree	9	14.5
neither agree nor disagree	8	12.9
somewhat agree	11	17.7
agree	16	25.8
strongly agree	3	4.8
Total	62	100.0

FIGURE 14

The above table 14 & figure 14 shows that a total of 48.3% of respondents (somewhat agree + agree + strongly agree) express some level of agreement with the statement, while 38.7% of respondents (strongly disagree + disagree + somewhat disagree) express some level of disagreement. Additionally, 12.9% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 15*Without smart phone, anxious due to lost connection*

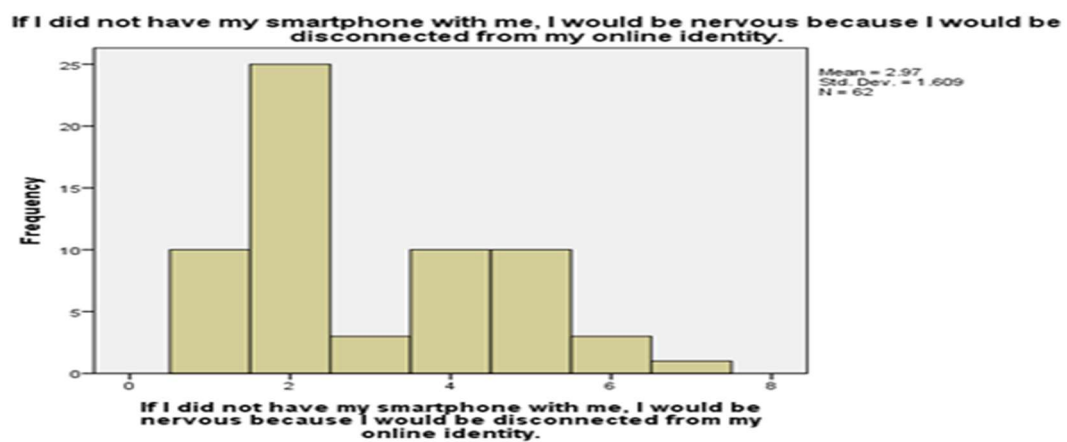
	Frequency	Percent
strongly disagree	4	6.5
disagree	18	29.0
somewhat disagree	5	8.1
neither agree nor disagree	12	19.4
somewhat agree	11	17.7
agree	4	6.5
strongly agree	8	12.9
Total	62	100.0

FIGURE 15

The above table15 & figure 15 shows that a total of 43.5% of respondents (somewhat disagree + disagree + strongly disagree) express some level of disagreement with the statement, while 37.1% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 19.4% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 16*Without smart phone, nervous due to online identity loss*

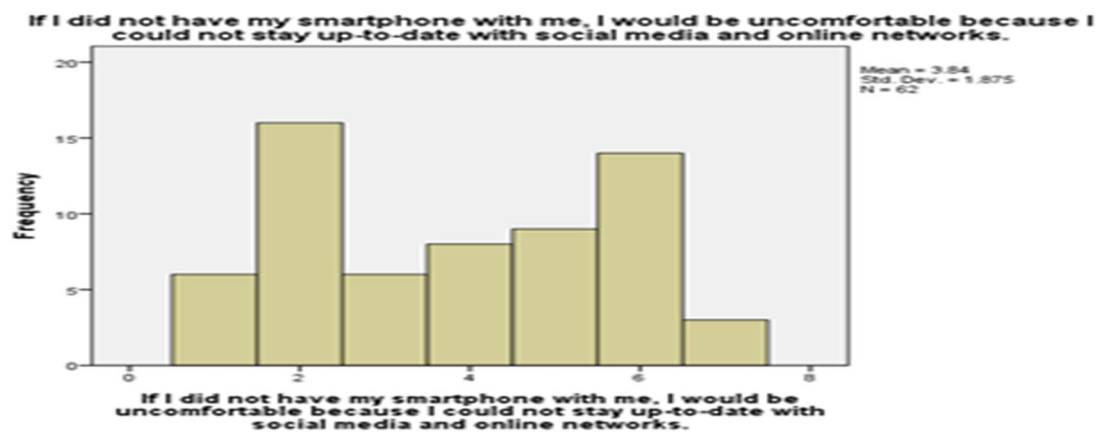
	Frequency	Percent
strongly disagree	10	16.1
disagree	25	40.3
somewhat disagree	3	4.8
neither agree nor disagree	10	16.1
somewhat agree	10	16.1
agree	3	4.8
strongly agree	1	1.6
Total	62	100.0

FIGURE 16

The above table 16 & figure 16 shows that a majority of respondents 61.3% (somewhat disagree + disagree + strongly disagree) agree with the statement, while 22.5% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 16.1% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 17*Without smart phone, uncomfortable, can't stay updated online*

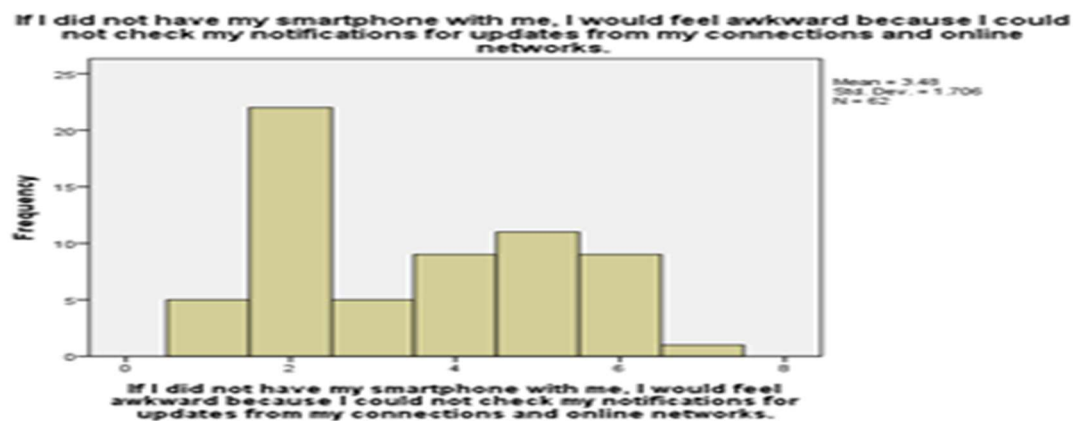
	Frequency	Percent
strongly disagree	6	9.7
disagree	16	25.8
somewhat disagree	6	9.7
neither agree nor disagree	8	12.9
somewhat agree	9	14.5
agree	14	22.6
strongly agree	3	4.8
Total	62	100.0

FIGURE 17

The above table 17 & figure17 shows that a total of 45.2% of respondents (somewhat disagree + disagree + strongly disagree) express some level of disagreement with the statement, while 41.9% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 12.9% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 18*Without smart phone, feel awkward without notifications*

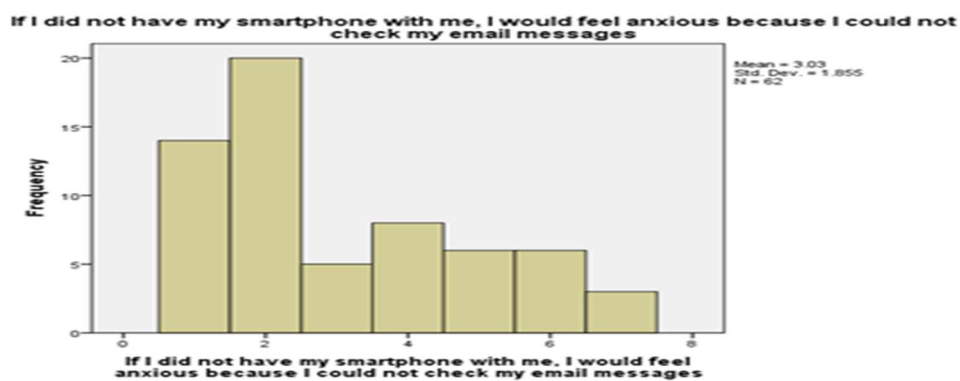
	Frequency	Percent
strongly disagree	5	8.1
disagree	22	35.5
somewhat disagree	5	8.1
neither agree nor disagree	9	14.5
somewhat agree	11	17.7
agree	9	14.5
strongly agree	1	1.6
Total	62	100.0

FIGURE 18

The above table 18 & figure18 shows that a majority of respondents 51.6% (somewhat disagree + disagree + strongly disagree) agree with the statement, while 33.8% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 14.5% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 19*Without smart phone, anxious without email access*

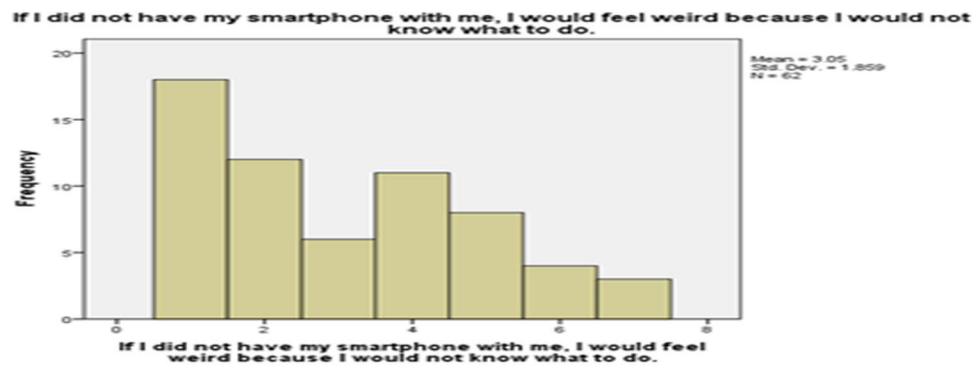
	Frequency	Percent
Valid		
strongly disagree	14	22.6
disagree	20	32.3
somewhat disagree	5	8.1
neither agree nor disagree	8	12.9
somewhat agree	6	9.7
agree	6	9.7
strongly agree	3	4.8
Total	62	100.0

FIGURE 19

The above table19 & figure19 shows that a majority of respondents 62.9% (somewhat disagree + disagree + strongly disagree) agree with the statement, while 24.2% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 12.9% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 20*Without smart phone, feel lost, unsure what to do*

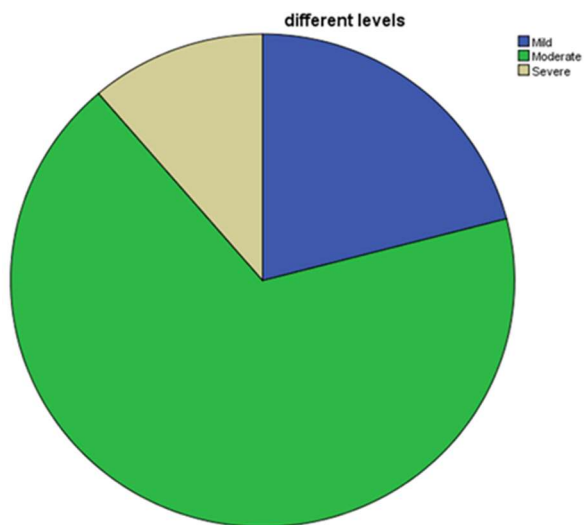
	Frequency	Percent
strongly disagree	18	29.0
disagree	12	19.4
somewhat disagree	6	9.7
neither agree nor disagree	11	17.7
somewhat agree	8	12.9
agree	4	6.5
strongly agree	3	4.8
Total	62	100.0

FIGURE 20

The above table 20 & figure 20 shows that a majority of respondents 58.1% (somewhat disagree + disagree + strongly disagree) agree with the statement, while 24.2% of respondents (strongly agree + agree + somewhat agree) express some level of agreement. Additionally, 17.7% of respondents neither disagreed nor agreed with the statement, indicating a neutral stance.

TABLE 21*Levels of nomophobia*

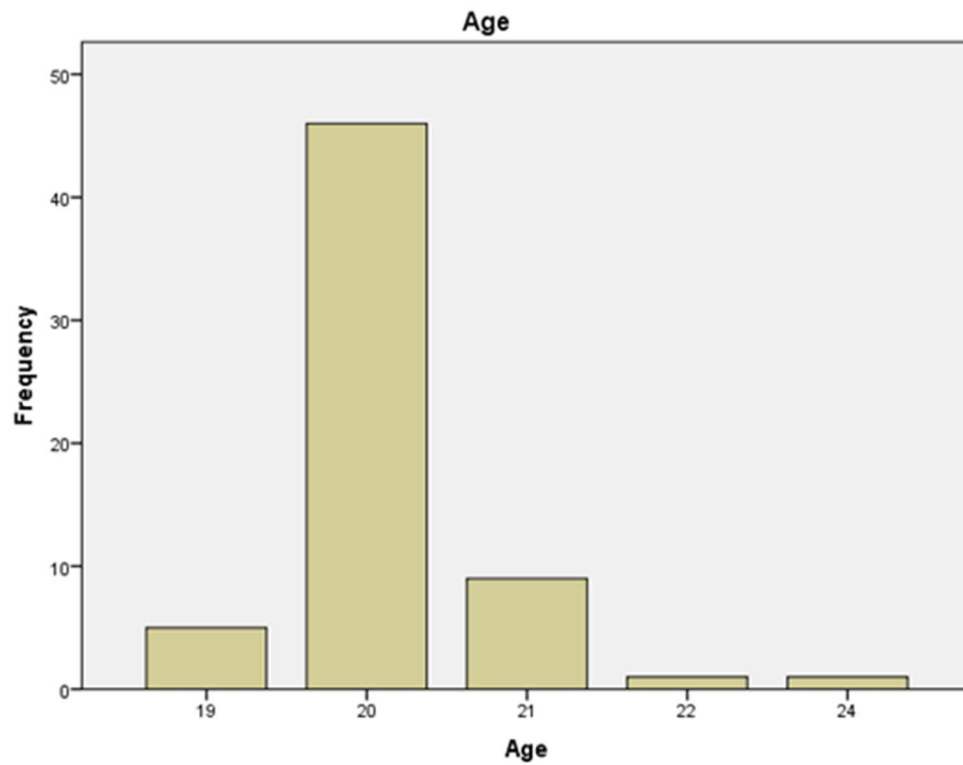
	Frequency	Percent
Valid		
Mild	13	21.0
Moderate	42	67.7
Severe	7	11.3
Total	62	100.0

FIGURE 21

The above table 21 or figure 21, illustrates the prevalence of nomophobia among the respondents. It reveals that the majority (67.7%, 42 individuals) experience a moderate level of nomophobia, while 21% (13 individuals) exhibit a mild level, and 11.3% (7 individuals) report severe levels. Notably, none of the respondents indicate an absence of nomophobia.

FIGURE 22

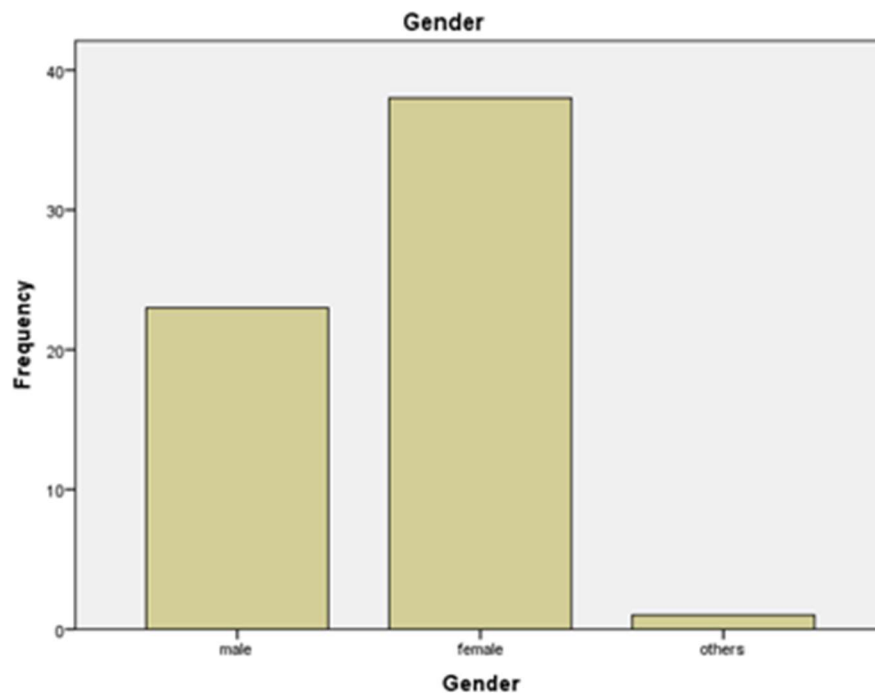
Distribution of respondents based on age



The above figure 22 shows the distribution of respondents based on age, majority of the respondents belong to 20 year (74.2%) and others below to the age of 19, 21, 22 and 24

FIGURE 23

Distribution of respondent based on gender



The above figure 23 shows the distribution of respondents based gender, the majority of the respondents identified as females (61.3%), followed by (37.1%) identified as males and a small proportion (1.6%) falls under the others category.

CHAPTER -5

FINDINGS, SUGGESTIONS AND CONCLUSION

Findings:

The study's findings shed light on the prevalent issue of nomophobia among college students, revealing a significant 68% demonstrating a moderate level of concern and dependency on their mobile devices. This underscores the need for interventions to address potential negative impacts on mental health due to excessive smartphone usage.

Furthermore, the data show that 21% experience a milder form of nomophobia, while 11.3% report severe levels, highlighting the diverse responses to mobile technology within the college demographic. These statistics emphasize the nuanced nature of nomophobia and the varying degrees of distress it can cause among students.

Of note is the absence of students displaying no signs of nomophobia, indicating the pervasive influence of mobile technology in college life. This suggests that virtually all students are affected to some extent by nomophobia, influencing their daily routines, social interactions, and overall well-being.

The findings also reveals that the majority of the respondents, comprising 74.2%, fall within the 20 years of the age. Additionally, a significant proportion, accounting for 61.3%, identify as female.

Suggestions :

1. Colleges can include lessons about healthy tech habits, stress management, and taking breaks from screens in their curriculum. These lessons help students learn to use smartphones responsibly and maintain a healthy balance with technology.
2. Colleges can create tailored support programs, like counselling and workshops, to help students with different levels of nomophobia. These programs offer practical strategies for managing smartphone use.
3. Encouraging students to participate in activities away from screens and to interact in person can lessen their reliance on mobile devices. Hosting campus

events and social gatherings that encourage face-to-face interactions offers students chances to find a balance between online and offline activities.

4. Setting up areas on campus where technology is not allowed, like libraries and study areas, gives students a break from always being connected. These zones provide students with quiet spaces to focus on their work or relax without interruptions from their devices.
5. It's important for colleges to keep studying how nomophobia and digital tech affect students' mental health.

Social work implication:

- Social casework can conduct individualized case work to assist college students in breaking free from the trap of nomophobia.
- We can conduct group interventions to help individuals overcome nomophobia-related issues through social group work.
- Social workers can engage in community organization efforts to support students experiencing different levels of nomophobia.
- Social work research can be utilized to explore correlations between various variables, such as nomophobia, academic performance, focus, and social anxiety, providing further insights.

Conclusion:

"A study on nomophobia among the students of Christ college (autonomous) Irinjalakuda" reveals that nomophobia is widespread among college students, with 68% showing moderate levels of concern. This highlights the urgent need for interventions to address excessive smartphone use and its impact on mental health. Additionally, 21% experience milder nomophobia, while 11.3% report severe cases, indicating varying responses to mobile technology. The absence of students without nomophobia suggests its pervasive influence on college life. Therefore, targeted interventions are necessary to mitigate its negative effects. By understanding the relationship between mobile technology and mental health, educators and mental health professionals can develop strategies to promote healthier smartphone habits and improve overall well-being among students. Further research is needed to better understand and address nomophobia in college settings.

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APPENDIX

A STUDY ON NOMOPHOBIA AMONG THE STUDENTS OF CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA

We Alwin Sajan, Anitta Joshy, Varsha Balakrishnan declare that the following questionnaire titled “A study on nomophobia among the students of Christ College (autonomous) Irinjalakuda “is designed and conducted for the purpose of academic research. This questionnaire is a part of Christ College (autonomous) Irinjalakuda, study to gather data for understand the extend and impact of nomophobia among college students. Participation in this survey is voluntary, and all responses will be kept confidential. The information collected will be used for research purposes only.

Socio-demographic questions:

1. What is your name? (not compulsory)
2. Age
 - a. 19
 - b. 20
 - c. 21
 - d. 22
3. Gender
 - a. Male
 - b. Female
 - c. Others

QUESTIONS	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
1. I would feel uncomfortable without constant access to information through my smartphone							
2. I would be annoyed if I could not look information up on my smartphone when I wanted to do so.							
3. Being unable to get the news (e.g., happenings, weather, etc.) on my smartphone would make me nervous.							
4. I would be annoyed if I could not use my smartphone and/or its capabilities when I wanted to do so.							
5. Running out of battery in my smartphone would scare me.							
6. If I were to run out of credits or hit my monthly data limit, I would panic.							
7. If I did not have a data signal or could not connect to Wi-Fi, then I would constantly check to see if I had a signal or could find a Wi-Fi network.							
8. If I could not use my smartphone, I would be afraid of getting stranded somewhere.							
9. If I could not check my smartphone for a while, I would feel a desire to check it.							
10. If I did not have my smartphone with me, I would feel anxious because I could not instantly communicate with my family and/or friends.							
11. If I did not have my smartphone with me, I would be worried because my family							

and/or friends could not reach me.							
12. If I did not have my smartphone with me, I would feel nervous because I would not be able to receive text messages and calls.							
13. If I did not have my smartphone with me, I would be anxious because I could not keep in touch with my family and/or friends.							
14. If I did not have my smartphone with me, I would be nervous because I could not know if someone had tried to get a hold of me.							
15. If I did not have my smartphone with me, I would feel anxious because my constant connection to my family and friends would be broken.							
16. If I did not have my smartphone with me, I would be nervous because I would be disconnected from my online identity.							
17. If I did not have my smartphone with me, I would be uncomfortable because I could not stay up-to-date with social media and online networks.							
18. If I did not have my smartphone with me, I would feel awkward because I could not check my notifications for updates from my connections and online networks.							
19. If I did not have my smartphone with me, I would feel anxious because I could not check my email messages							
20. If I did not have my smartphone with me, I would feel weird because I would not know what to do.							

A STUDY ON THE AWARENESS ON HUMAN SEXUALITY AMONG HIGHER SECONDARY STUDENTS

A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.

Submitted By

Juni Tressa Joseph (REG NO: CCAVBSW038)

Jilbi Joy Mathew (REG NO: CCAVBSW037)

Amal Ignatious Aloor (REG NO: CCAVBSW003)

under the supervision of

Mrs. Rosemary T George

Asst. Professor, Department Of Social Work



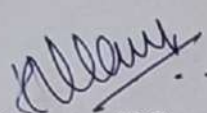
Department of Social Work

Christ College (Autonomous), Irinjalakuda March

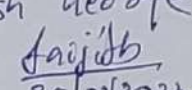
2024


CERTIFICATE

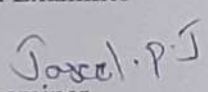
This is to certify that the project entitled "**A Study On The Awareness On Human Sexuality Among Higher Secondary Students**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. Juni Tressa Joseph**(Reg. No. CCAVBSW038), **Amal Ignatious Aloor**(REG NO: CCAVBSW003), **Jilbi Joy Mathew**(REG NO: CCAVBSW037), during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Mrs. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George

Dr Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

WE, Ms Juni Tressa Joseph ,Mr.Amal Ignatious Aloor,Mr.Jilbi Joy Mathew hereby declare that the project entitled "A STUDY ON THE AWARENESS ON HUMAN SEXUALITY AMONG HIGHER SECONDARY STUDENTS" , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of **Mrs. Rosemary T George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

JUNI TRESSA JOSEPH



AMAL IGNATIUS ALOOR

JILBI JOY MATHEW

IRINJALAKKUDA

25 / 03 / 2024

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PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODYSHAMING AMONG ADOLESCENT

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the Degree
In Bachelor of Social Work

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Asst. Professor, Department of social work



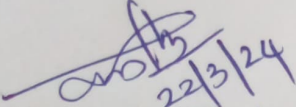
CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

Department of Social Work
Christ College (Autonomous), Irinjalakuda

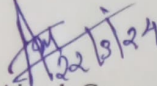
March 2024

CERTIFICATE

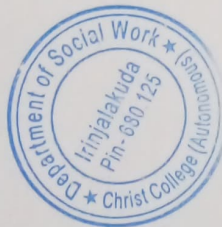
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Name: Ms. Amrutha M Thankan

Guide and Supervisor

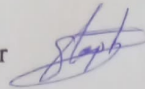

Dr Ajeesh George

Head, Dept. of Social Work



Signature of External Examiner

Name of External Examiner



Stephy Francis

DECLARATION

We, **Ms. Ananya P Devachan, Mr. Ameen Ashok, Mr. Adarsh K Shaji** hereby declare that the project entitled "**A STUDY ON PSYCHO-SOCIAL PROBLEMS DUE TO TOXIC BODY SHAMING AMONG ADOLESCENT**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Amrutha M Thankan** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place : Irinjalakuda

Name: ANANYA P DEVACHAN

Date: 25-3-2024

AMEEN ASHOK

ADARSH K SHAJI

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**TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG
HIGHER SECONDARY STUDENTS OF VADANAPALLY
PANCHAYAT**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Bachelor of Social Work.**

SUBMITTED BY

ANDREW EVELIN T (REG NO: CCAVBSW005)

BENNAT BENSHY (REG NO: CCAVBSW009)

HARITHA CJ (REG NO: CCAVBSW010)

Under the supervision of

Mr. SAIJITH N S

Asst. Professor, department of social work



Department of social work

Christ college (autonomous)

Irinjalakuda

March 2024

CERTIFICATE

This is to certify that the project entitled **“TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG HIGHER SECONDARY STUDENTS OF VADANAPALLY PANCHAYAT”**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. ANDREW EVELIN T (Reg. No. CCAVBSW005)**, **Ms. BENNAT BENSHY (Reg. No. CCAVBSW009)**, **Ms. HARITHA C J (Reg. No. CCAVBSW010)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

Saijith N S
25/03/2024

Mr. Saijith N S
Guide and Supervisor



For Dr. Ajeesh George
Ajeesh George
25/03/2024

Dr. Ajeesh George
Head of Dept. of Social Work

[Signature]

Signature of External Examiner
Jaseel P J
Name of External Examiner

DECLARATION

We , Mr. ANDREW EVELIN T ,Ms. BENNAT BENSHEY, Ms. HARITHA C J hereby declare that the project entitled "TO STUDY ABOUT THE AWARENESS ON NDPS ACT AMONG HIGHER SECONDARY STUDENTS OF VADANAPALLY PANCHAYAT" , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Mr. Saijith N S of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

ANDREW EVELIN T 
BENNAT BENSHEY
HARITHA C J

Place: Trinjalkuda

Date: 25/03/2024

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**A STUDY ON NOMOPHOBIA AMONG THE STUDENTS OF
CHRIST COLLEGE [AUTONOMOUS] IRINJALAKUDA**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted By

ANITTA JOSHY(REG.NO.CCAVBSW006)

VARSHA BALAKRISHNAN (REG NO: CCAVBSW050)

ALWIN SAJAN (CCAVBSW002)

Under The Supervision Of

Ms. ROSEMOL DANY A

Asst. Professor, Department Of Social Work



Department Of Social Work


Christ College (Autonomous)

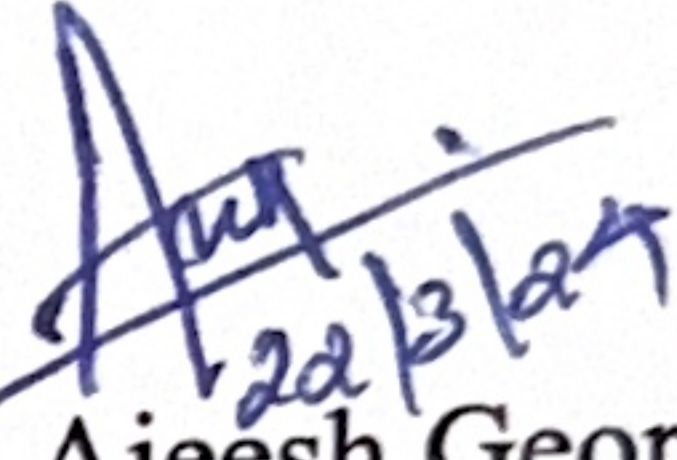
Irinjalakuda

March 2024


CERTIFICATE

This is to certify that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms.ANITTA JOSHY (Reg.No.CCAVBSW006)**, **Ms.VARSHA BALAKRISHNAN (Reg.No.CCAVBSW050)**, **Mr.ALWIN SAJAN (Reg.No.CCAVBSW002)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


22/3/24
Mrs. Rosemol Dany A
Guide and Supervisor


22/3/24
Dr. Ajeesh George
Head, Dept. of Social Work




Signature of External Examiner


Name of External Examiner

DECLARATION

We, Ms. ANITTA JOSHY, Ms. VARSHA BALAKRISHNAN , Mr.ALWIN SAJAN hereby declare that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms.Rosemol Dany A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

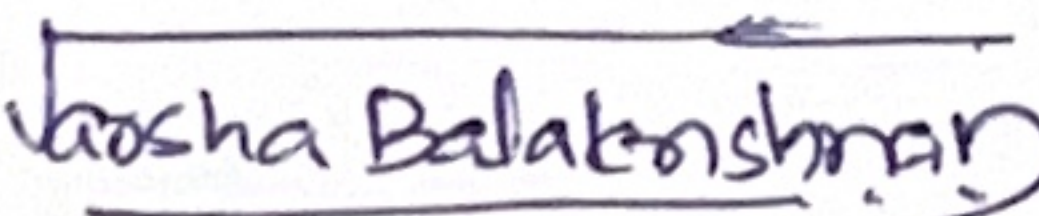
ANITTA JOSHY 

VARSHA BALAKRISHNAN

ALWIN SAJAN 

IRINJALAKUDA

Date : 22 | 03 | 2024



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**A STUDY ON PSYCHO-SOCIAL ISSUES FACED
BY CHILDREN IN COASTAL AREA**

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

SUBMITTED BY

JERIN JOSEPH JAMION (CCAVBSW011)

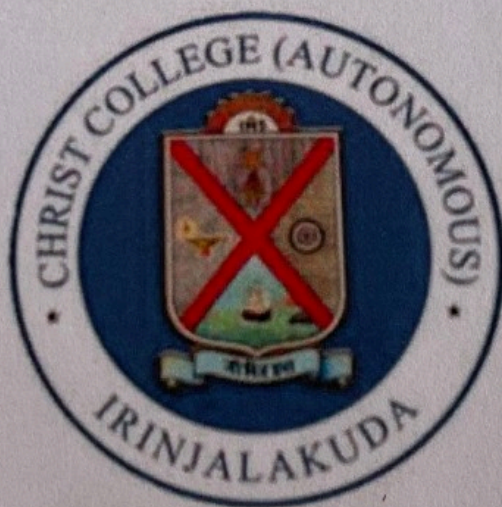
ATHIRA BABU (CCAVBSW008)

SONA S (CCAVBSW048)

Under the supervision of

Ms. Ashely George

Asst. Professor, Department Social Work

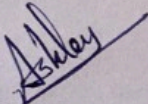


Department of Social Work
Christ College (Autonomous)
Irinjalakuda

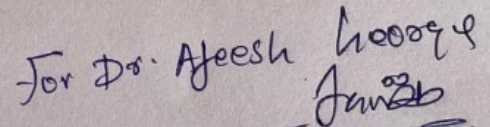
March 2024

CERTIFICATE

This is to certify that the project entitled **"A STUDY ON PSCYHO-SOCIAL ISSUES FACED BY CHILDREN IN COASTAL AREA"** submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. JERIN JOSEPH JAIMON (CCAVBSW011), MS. ATHIRA BABU (CCAVBSW008), SONA S (CCAVBSW048)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



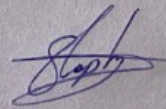
Mrs. Ashley George
Guide and Supervisor



Dr. Ajeesh George
Head, Dept. of Social Work



Signature of External Examiner

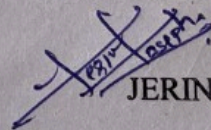


Name of External Examiner

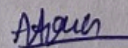
Stephy Francis

DECLARATION

WE, Mr. JERIN JOSEPH JAIMON, Ms. ATHIRA BABU, Ms. SONA S hereby declare that the project entitled "A STUDY ON PSYCHO-SOCIAL ISSUES FACED BY CHILDREN IN COASTAL AREA " submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of Ms. **Ashley George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.



JERIN JOSEPH JAIMON



ATHIRA BABU



SONA S

IRINAJALAKUDA

25-3-2024

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**A STUDY ON THE PSYCHOLOGICAL WELL-BEING AMONG THE
FEMALE COLLEGE STUDENTS RESIDING IN HOSTEL.**

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

Submitted by

SENONI SHAJI

Reg No: CCAVBSW046

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, Department of social work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work

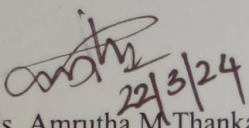
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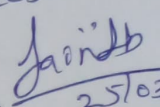
Irinjalakuda

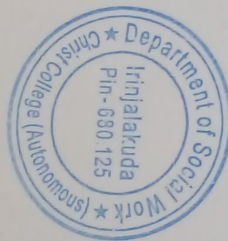
March 2024

CERTIFICATE

This is to certify that the project entitled "**A study on the Psychological Well-being among the female college students residing in hostel.**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. Senoni Shaji (CCAVBSW046)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

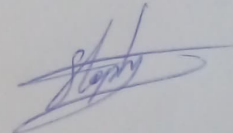

Name: Ms. Amrutha M Thankan
Guide and Supervisor

For Dr. Ajeesh George

Dr. Ajeesh George
Head, Dept. of Social Work



Signature of External Examiner

Name of External Examiner



Stephy Francis

DECLARATION

I, **Ms. Senoni Shaji** hereby declare that the project entitled "**A study on the Psychological Well-being among the female college students residing in hostel**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Amrutha M Thankan** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.



Name: Senoni Shaji

Place: Irinjalakuda

Date: 25-03-2024

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A STUDY ON LONELINESS AND SOCIAL ISOLATION AMONG ELDERLY

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

Submitted by
SENONU SHAJI
(Reg No: CCAVBSW047)

Under the Supervision of
MS. ASHLEY GEORGE
Asst. Professor, Department of Social Work

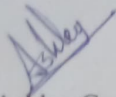


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Christ College (Autonomous)
Irinjalakuda

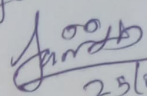
March 2024

CERTIFICATE

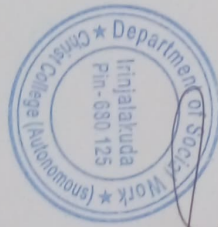
This is to certify that the project entitled "**A Study on Loneliness and Social Isolation among Elderly**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. Senonu Shaji (CCAVBSW047)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

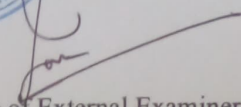


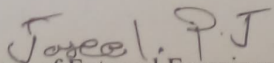
Name: Ashley George
Guide and Supervisor

For Dr. Ajeesh George

25/03/2024

Dr. Ajeesh George
Head, Dept. of Social Work

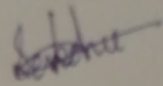



Signature of External Examiner


Name of External Examiner

DECLARATION

I, Ms. Senonu Shaji hereby declare that the project entitled "A Study on Loneliness and Social Isolation among Elderly", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research workdone by me during 2023-24 under the supervision and guidance of Ms. Ashley George of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.



Name: Senonu Shaji

Place: Irinjalakuda

Date:

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**A STUDY ON PSYCHO-SOCIAL ISSUES FACED
BY CHILDREN IN COASTAL AREA**

A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

SUBMITTED BY

JERIN JOSEPH JAMION (CCAVBSW011)

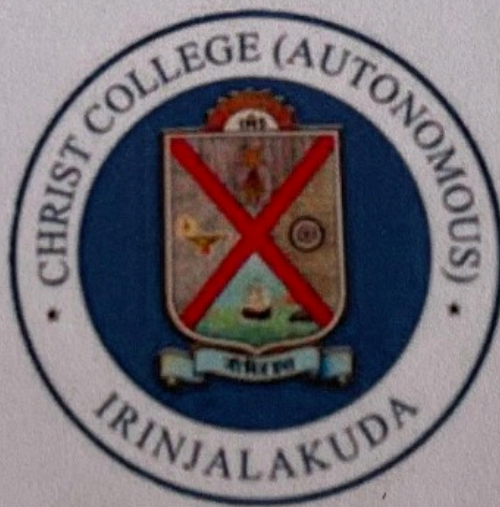
ATHIRA BABU (CCAVBSW008)

SONA S (CCAVBSW048)

Under the supervision of

Ms. Ashely George

Asst. Professor, Department Social Work

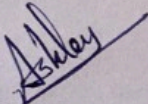


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Christ College (Autonomous)
Irinjalakuda

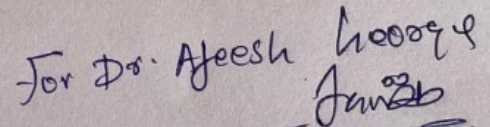
March 2024

CERTIFICATE

This is to certify that the project entitled "**A STUDY ON PSCYHO-SOCIAL ISSUES FACED BY CHILDREN IN COASTAL AREA**" submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. JERIN JOSEPH JAIMON (CCAVBSW011), MS. ATHIRA BABU (CCAVBSW008), SONA S (CCAVBSW048)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



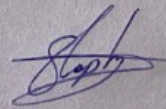
Mrs. Ashley George
Guide and Supervisor



Dr. Ajeesh George
Head, Dept. of Social Work



Signature of External Examiner

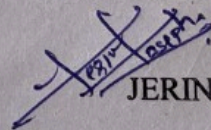


Name of External Examiner

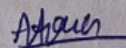
Stephy Francis

DECLARATION

WE, Mr. JERIN JOSEPH JAIMON, Ms. ATHIRA BABU, Ms. SONA S hereby declare that the project entitled "A STUDY ON PSYCHO-SOCIAL ISSUES FACED BY CHILDREN IN COASTAL AREA " submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of Ms. **Ashley George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.



JERIN JOSEPH JAIMON



ATHIRA BABU



SONA S

IRINAJALAKUDA

25-3-2024

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**A STUDY ON THE ATTITUDE OF YOUNG ADULTS TOWARDS DIVORCE
AMONG THE SOCIAL WORK STUDENTS OF CHHRIST COLLEGE
(AUTONOMOUS) IRINJALAKUDA**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

**SUBMITTED BY
STEPHEN GEORGE (CCAVBSW049)
AIBEL KURIAN (CCAVBSW054)**

**UNDER THE SUPERVISION OF
MS. RENI k MANI
ASST. PROF, DEPARTMENT OF SOCIAL WORK**




**DEPARTMENT OF SOCIAL WORK
CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA**

MARCH 2024

CERTIFICATE

This is to certify that the project entitled **“A Study on the attitude of young adults towards divorce among the social work students of Christ college (Autonomous) Iringalakuda”**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Stephen George (Reg. No.CCAVBSW049) & Aibel Kurian (Reg. No.CCAVBSW054)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Ms. Reni K Mani
Guide and Supervisor



For Dr. Ajeesh George
Sainth
25/02/2024
Dr. Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner

Joscel P.J
Name of External Examiner

DECLARATION

I, **Mr. Stephen George and Aibel Kurian** hereby declare that the project entitled **"A Study on the attitude of young adults towards divorce among the social work students of Christ college (Autonomous) Irinjalakuda."**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance **Ms Reni K Mani** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.



NAME STEPHEN GEORGE
AIBEL KURIAN

PLACE 21/03/2024

DATE IRINJALAKUDA

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**A STUDY ON NOMOPHOBIA AMONG THE STUDENTS OF
CHRIST COLLEGE [AUTONOMOUS] IRINJALAKUDA**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted By

ANITTA JOSHY (REG.NO.CCAVBSW006)

VARSHA BALAKRISHNAN (REG NO: CCAVBSW050)

ALWIN SAJAN (CCAVBSW002)

Under The Supervision Of

Ms. ROSEMOL DANY A

Asst. Professor, Department Of Social Work



Department Of Social Work


Christ College (Autonomous)

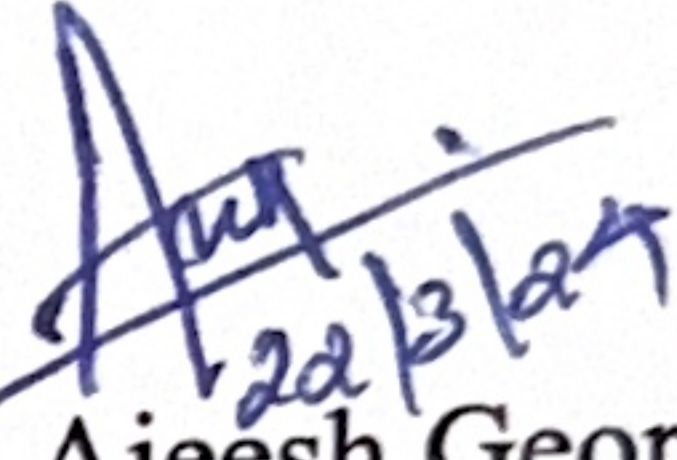
Irinjalakuda

March 2024


CERTIFICATE

This is to certify that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms.ANITTA JOSHY (Reg.No.CCAVBSW006)**, **Ms.VARSHA BALAKRISHNAN (Reg.No.CCAVBSW050)**, **Mr.ALWIN SAJAN (Reg.No.CCAVBSW002)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


22/3/24
Mrs. Rosemol Dany A
Guide and Supervisor


22/3/24
Dr. Ajeesh George
Head, Dept. of Social Work




Signature of External Examiner


Name of External Examiner

DECLARATION

We, Ms. ANITTA JOSHY, Ms. VARSHA BALAKRISHNAN , Mr.ALWIN SAJAN hereby declare that the project entitled "A study on nomophobia among the students of Christ College [Autonomous] Irinjalakuda", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms.Rosemol Dany A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

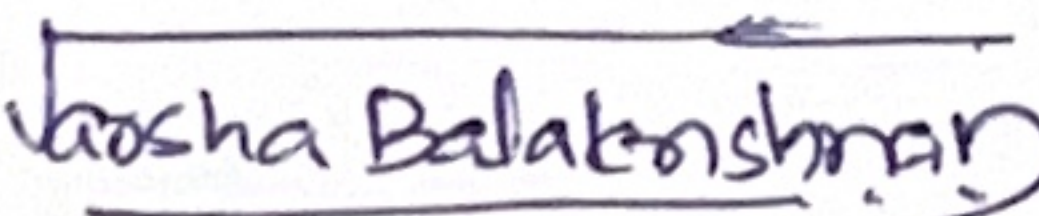
ANITTA JOSHY 

VARSHA BALAKRISHNAN

ALWIN SAJAN 

IRINJALAKUDA

Date : 22 | 03 | 2024



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A STUDY ON PSYCHO-SOCIAL FACTORS AFFECTING THE EMPLOYEES OF THE IT SECTOR OF INFOPARK, KOCHI

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

ASHIK PAULSON (REG NO. CCAVBSW031)

ASHA THOMAS (REG NO. CCAVBSW030)

ARYA M.B (REG NO. CCAVBSW051)

Under the supervision of

DR AJEESH GEORGE

Asst. Professor, department of social work

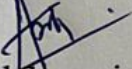


**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

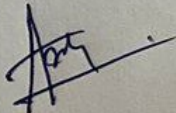
March 2024

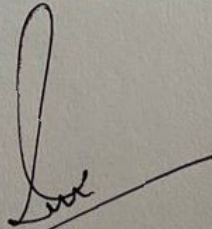
CERTIFICATE

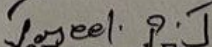
This is to certify that the project entitled “**Psycho-social factors affecting the employees of the IT sector of Infopark, Kochi**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Ashik Paulson (Reg. No. CCAVBSW031)**, **Ms. Asha Thomas (Reg. No. CCAVBSW030)**, **Ms. Arya M.B (Reg. No. CCAVBSW051)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

Name 
Guide and Supervisor



Dr Ajeesh George 
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

we, **Mr. Ashik Paulson, Ms. Asha Thomas, Ms. Arya M.B** hereby declare that the project entitled **“Psycho-social factors affecting the employees of the IT sector of Infopark, Kochi”**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of **Dr Ajeesh George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Ashik Paulson
Arya M.B
Asha Thomas



Irinjalakuda

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DECLARATION

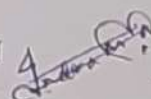
We, **Mr. Aisal Joy, Ms. Lakshmindra M N , Ms. Midhuna Thankachan** hereby declare that the project entitled "**A STUDY ON BULLYING FACED BY COLLEGE STUDENTS**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Rosemary T Gerorge** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 22/03/2024

Name: Aisal Joy

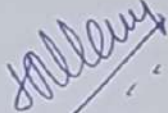
Lakshmindra M N



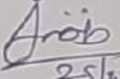
Midhuna Thankachan

CERTIFICATE

This is to certify that the project entitled “ **A STUDY ON BULLYING FACED BY COLLEGE STUDENTS** ”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Aisal Joy** : (Reg No. CCAVBSW024), **Ms. Lakshmindra M N** : (Reg No. CCAVBSW052), **Ms. Midhuna Thankachan** : (Reg No. CCAVBSW014), during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University

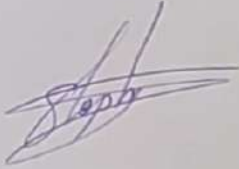

Name. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George

Dr. Ajeesh George
Head, Dept. of Social Work
25/13/2024

Signature of External Examiner

Name of External Examiner


Stephy Francis

A STUDY ON BULLYING FACED BY COLLEGE STUDENTS

A project submitted to the Christ College (Autonomous),
Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

Submitted by

AISAL JOY (Reg No. CCAVBSW024)

LAKSHMINDRA M N (Reg No. CCAVBSW052)

MIDHUNA THANKACHAN (Reg No. CCAVBSW014)

Under the supervision of
Ms. ROSEMARY T GEORGE
Asst. Professor, Department Of Social Work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work
Christ College (Autonomous)
Irinjalakuda

March 2024

**SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BEING OF
FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT
MURIYAD GRAM PANCHAYAT.**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

**FATHAH KHAN- (CCAVBSW033)
GAYATHRI K- (CCAVBSW034)
MEGHNA JOSEPH- (CCAVBSW053)**

**Under the Supervision Of
Dr. AJEESH GEORGE
Head of the Department, Social Work**



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

Department of Social Work

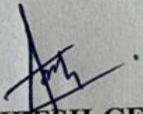
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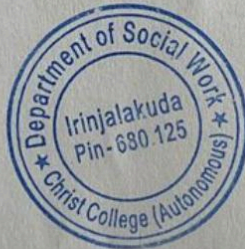
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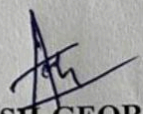
MARCH 2024

CERTIFICATE

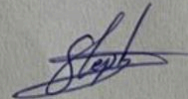
This is to certify that the project entitled "**SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BIENG OF FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT MURIYAD GRAM PANCHAYAT**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. FATHAH KHAN (Reg.No.CCAVBSW033), Ms. GAYATHRI K (Reg.No.CCAVBSW034), Ms. MEGHNA JOSEPH (Reg.No.CCAVBSW053)** during the period 2023-24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associateship/fellowship and or similar title to any candidate of any University.


Dr AJEESH GEORGE
Guide and Supervisor




Dr AJEESH GEORGE
Head, Dept. of Social Work

Signature of External Examiner



Name of External Examiner

Stephy Francis

DECLARATION

WE, Mr. FATHAH KHAN, Ms. GAYATHRI K, Ms. MEGHNA JOSEPH hereby declare that the project entitled "SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BIENG OF FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT MURIYAD GRAM PANCHAYAT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Dr. AJEESH GEORGE** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 25/03/2024

FATHAH KHAN

GAYATHRI K

MEGHNA JOSEPH

Meghna

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A STUDY ON ATTITUDE OF SOCIAL WORK STUDENTS TOWARDS HOMOSEXUALS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

**RICHARD BABU
(Reg.NO: CCAVBSW043)**

**AKSHAY P
(Reg.NO: CCAVBSW055)**

**NANDANA T
(Reg.NO: CCAVBSW039)**

Under the supervision of

Mr. SAIJITH NS

ASST.PROFESSOR, SOCIAL WORK DEPARTMENT



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

March 2024

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DECLARATION

We, **Mr. Richard Babu**(Reg.NO: CCAVBSW043), **Ms. Nandana T**(Reg.NO: CCAVBSW039) and **Mr. Akshay P**(Reg.NO: CCAVBSW055) hereby declare that the project entitled “**a study on attitude of social work students towards homosexuals**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Mr..Saijith N.S** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date:

Name: Richard Babu

Nandana T

Akshay P



CERTIFICATE

This is to certify that the project entitled “A study on attitude of social work students towards homosexuals”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Richard Babu (Reg.NO: CCAVBSW043)**, **Ms. Nandana T (Reg.NO: CCAVBSW039)** and **Mr. Akshay P (Reg.NO: CCAVBSW055)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

Saijith
25/03/2024

Mr. Saijith N. S
Guide and Supervisor



Ajeesh
22/3/24

Dr Ajeesh George
Head, Dept. of Social Work

[Signature]
Signature of External Examiner

Joseel P J
Name of External Examiner

MENSTRUAL IRREGULARITY AND HEALTH PROBLEMS AMONG ADOLESCENT GIRLS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted by

Malavika K (REG NO: CCAVBSW013)

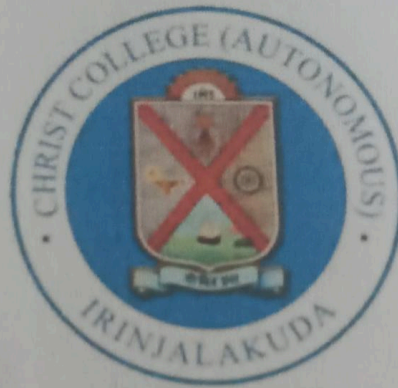
Aiswarya Rose Thomas (REG NO: CCAVBSW026)

Bhatty Joseph (REG NO: CCAVBSW032)

Under the supervision of

Ms. Rosemary T George

Asst. Professor, department of social work



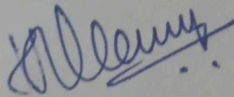
Department of social work

Christ college (autonomous)Irinjalakuda

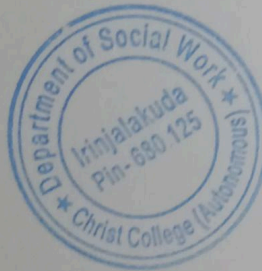
March 2024

CERTIFICATE

This is to certify that the project entitled "**Menstrual Irregularity And Health Problems Among Adolescent Girls**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. Malavika K (Reg No. CCAVBSW013), Ms. Aishwarya Rose Thomas (Reg No. CCAVBSW026), Mr. Bhatti Joseph (Reg No. CCAVBSW032)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associateship/fellowship and or similar title to any candidate of any University.

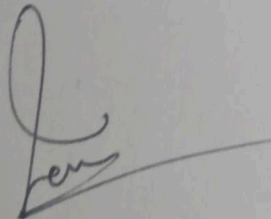


Ms. Rosemary T George
Guide and Supervisor
Work



For Dr Ajeesh George
10/03/2024
25/03/2024

Dr Ajeesh George
Head, Dept. of Social



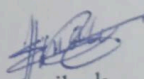
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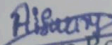
Name of External Examiner:


Gascel PJ

DECLARATION

We, Ms. Malavika K, Ms. Aishwarya Rose Thomas, Mr. Bhatta Joseph hereby declare that the project entitled "**Menstrual Irregularity And Health Problems Among Adolescent Girls**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by us during 2023-24 under the supervision and guidance of Ms. Rosemary T George of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship of other similar title to any candidate in any University.


Malavika k


Aishwarya Rose Thomas


Bhatta Joseph

Irinjalakuda
21/ 03 / 2024

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**SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BEING OF
FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT
MURIYAD GRAM PANCHAYAT.**

A project submitted to the Christ College (Autonomous),
Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work

Submitted by

FATHAH KHAN- (CCAVBSW033)
GAYATHRI K- (CCAVBSW034)
MEGHNA JOSEPH- (CCAVBSW053)

Under the Supervision Of

Dr. AJEESH GEORGE

Head of the Department, Social Work



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

Reaccredited by NAAC with 'A++' grade

Department of Social Work


Christ College (Autonomous)

Irinjalakuda

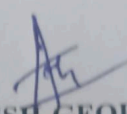
MARCH 2024

CERTIFICATE

This is to certify that the project entitled "SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BEING OF FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT MURIYAD GRAM PANCHAYAT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Mr. FATHAH KHAN (Reg.No.CCAVBSW033), Ms. GAYATHRI K (Reg.No.CCAVBSW034), Ms. MEGHNA JOSEPH (Reg.No.CCAVBSW053) during the period 2023-24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associateship/fellowship and or similar title to any candidate of any University.


Dr AJEESH GEORGE
Guide and Supervisor




Dr AJEESH GEORGE
Head, Dept. of Social Work

Signature of External Examiner

Name of External Examiner

Stephy Francis

DECLARATION

WE, Mr. FATHAH KHAN, Ms. GAYATHRI K, Ms. MEGHNA JOSEPH hereby declare that the project entitled "SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BIENG OF FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT MURIYAD GRAM PANCHAYAT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Dr. AJEESH GEORGE of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 25/03/2024

FATHAH KHAN

GAYATHRI K

MEGHNA JOSEPH

Meghna

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**SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BEING OF
FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT
MURIYAD GRAM PANCHAYAT.**

**A project submitted to the Christ College (Autonomous),
Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

Submitted by

**FATHAH KHAN- (CCAVBSW033)
GAYATHRI K- (CCAVBSW034)
MEGHNA JOSEPH- (CCAVBSW053)**

**Under the Supervision Of
Dr. AJEESH GEORGE
Head of the Department, Social Work**



CHRIST
COLLEGE (AUTONOMOUS)
IRINJALAKUDA, KERALA
Reaccredited by NAAC with 'A++' grade

Department of Social Work

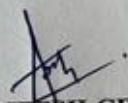
Christ College (Autonomous)

Irinjalakuda

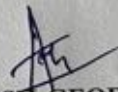
MARCH 2024

CERTIFICATE

This is to certify that the project entitled "SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BIENG OF FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT MURIYAD GRAM PANCHAYAT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Mr. FATHAH KHAN (Reg.No.CCAVBSW033), Ms. GAYATHRI K (Reg.No.CCAVBSW034), Ms. MEGHNA JOSEPH (Reg.No.CCAVBSW053) during the period 2023-24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associateship/fellowship and or similar title to any candidate of any University.


Dr. AJEESH GEORGE
Guide and Supervisor




Dr. AJEESH GEORGE
Head, Dept. of Social Work

Signature of External Examiner



Name of External Examiner

Stephy Francis

DECLARATION

WE, Mr. FATHAH KHAN, Ms. GAYATHRI K, Ms. MEGHNA JOSEPH hereby declare that the project entitled "SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BIENG OF FARMERS: A CONTEXTUALIZATION OF KOLE FARMERS AT MURIYAD GRAM PANCHAYAT", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Dr. AJEESH GEORGE** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date: 25/03/2024

FATHAH KHAN

GAYATHRI K

MEGHNA JOSEPH

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A STUDY ON STRESS AMONG MIGRATED STUDENTS

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

SUBMITTED BY

ALOSH SHAJU(CCAVBSW028)

FARZIN K N (REG NO: CCAVBSW022)

HANNA MARIYAM P T (CCAVBSW035)

Under the supervision of

Ms. Ashley George

Asst. Professor, Department of Social work



**DEPARTMENT OF SOCIAL WORK
CHRIST COLLEGE (AUTONOMOUS)
IRINJALAKUDA
MARCH 2024**

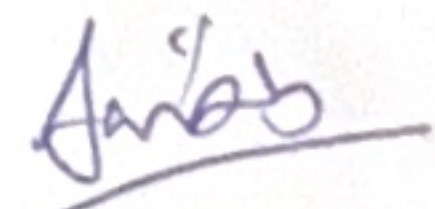
CERTIFICATE

This is to certify that the project entitled “**A STUDY ON STRESS AMONG MIGRATED STUDENTS**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **ALOSH SHAJU (CCAVBSW028) FARZIN K N (REG NO: CCAVBSW022) HANNA MARIYAM P T (CCAVBSW035)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



Ms. Ashley George
Guide and Supervisor



For Dr. Ajeesh George


Dr Ajeesh George
Head, Dept. of Social Work

Signature of External Examiner



Name of External Examiner

Stephy Francis

DECLARATION

We , Mr. ALOSH SHAJU, Mr. FARZIN KN, Ms. HANNA MARIYAM PT hereby declare that the project entitled "A STUDY ON STRESS AMONG MIGRATED STUDENTS" ,submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. ASHLEY GEORGE of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship or of others similar title to any candidate in any University.

ALOSH SHAJU

FARZIN K N

HANNA MARIYAM P T



IRINJALAKUDA

19 / 03 / 2024

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**A STUDY ON CHALLENGES EXPERIENCED BY THE PARENTS OF
CHILDREN AFFECTED WITH
ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD)**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work**

**SUBMITTED BY
ALAN GEO BABY
(REG.NO: CCAVBSW027)
JANSON PAUL JAMES
(REG.NO: CCAVBSW036)
NASEEHA BANU V.B
(REG.NO: CCAVBSW015)**

**Under the supervision of
Ms. Rosemol Dany A
Asst. Professor, Department of Social Work**



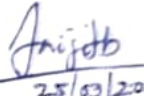
**Department of Social Work
Christ College (Autonomous)
Irinjalakuda**

March 2024

CERTIFICATE


This is to certify that the project entitled "A Study on challenges experienced by parents of children with Attention-deficit/hyperactivity disorder (ADHD)", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Alan Geo Baby (Reg.No.CCAVBSW027), Janson Paul James (Reg.No.CCAVBSW036) and Naseeha Banu V.B (Reg. No.CCAVBSW015) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


Ms. Rosemol Dany A
Guide and supervisor

For Dr. Ajeesh George

25/03/2024
Dr. Ajeesh George
Head, Dept. of social work

Signature of External Examiner

Name of External Examiner


Stephy Francis

DECLARATION

We, Alan Geo Baby , Janson Paul James and Naseeha Banu hereby declare that the project entitled "**A Study on challenges experienced by parents of children affected with Attention deficit hyperactivity disorder (ADHD)**",submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Ms. Rosemol Dany** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

ALAN GEO BABY

JANSON PAUL JAMES

NASEEHA BANU V.B

IRINJALAKUDA

19/03/2024

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A STUDY ON THE AWARENESS ON HUMAN SEXUALITY AMONG HIGHER SECONDARY STUDENTS

A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.

Submitted By

Juni Tressa Joseph (REG NO: CCAVBSW038)

Jilbi Joy Mathew (REG NO: CCAVBSW037)

Amal Ignatious Aloor (REG NO: CCAVBSW003)

under the supervision of

Mrs. Rosemary T George

Asst. Professor, Department Of Social Work



Department of Social Work

Christ College (Autonomous), Irinjalakuda March

2024

CERTIFICATE

This is to certify that the project entitled "A Study On The Awareness On Human Sexuality Among Higher Secondary Students", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. Juni Tressa Joseph (Reg. No. CCAVBSW038), Amal Ignatious Aloor (REG NO: CCAVBSW003), Jilbi Joy Mathew (REG NO: CCAVBSW037), during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.



Mrs. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George
Jagide
25/03/2024

Dr Ajeesh George
Head, Dept. of Social Work



Signature of External Examiner

Joscel. P.T
Name of External Examiner

DECLARATION

WE, Ms Juni Tressa Joseph ,Mr.Amal Ignatious Aloor,Mr.Jilbi Joy Mathew hereby declare that the project entitled "A STUDY ON THE AWARENESS ON HUMAN SEXUALITY AMONG HIGHER SECONDARY STUDENTS" , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of **Mrs. Rosemary T George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

JUNI TRESSA JOSEPH

AMAL IGNATIUS ALOOR

 . JILBI JOY MATHEW

IRINJALAKKUDA

25 / 03 / 2024

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A STUDY ON THE AWARENESS ON HUMAN SEXUALITY AMONG HIGHER SECONDARY STUDENTS

A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.

Submitted By

Juni Tressa Joseph (REG NO: CCAVBSW038)

Jilbi Joy Mathew (REG NO: CCAVBSW037)

Amal Ignatious Aloor (REG NO: CCAVBSW003)

under the supervision of

Mrs. Rosemary T George

Asst. Professor, Department Of Social Work



Department of Social Work

Christ College (Autonomous), Irinjalakuda March

2024

CERTIFICATE

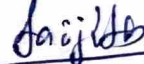
This is to certify that the project entitled "A Study On The Awareness On Human Sexuality Among Higher Secondary Students ", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the Degree in Bachelor of Social Work is a record of original research work done by Ms. Juni Tressa Joseph(Reg. No. CCAVBSW038), Amal Ignatious Aloor(REG NO: CCAVBSW003), Jilbi Joy Mathew(REG NO:CCAVBSW037), during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

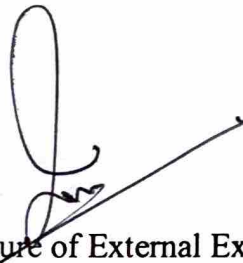


Mrs. Rosemary T George
Guide and Supervisor



For Dr. Ajeesh George

Dr Ajeesh George 
25/03/2022
Head, Dept. of Social Work



Signature of External Examiner

Joseel P.J
Name of External Examiner

DECLARATION

WE, **Ms Juni Tressa Joseph ,Mr.Amal Ignatious Aloor,Mr.Jilbi Joy Mathew** hereby declare that the project entitled “**A STUDY ON THE AWARENESS ON HUMAN SEXUALITY AMONG HIGHER SECONDARY STUDENTS**” , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research workdone by me during 2023-24 under the supervision and guidance of **Mrs. Rosemary T George** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

JUNI TRESSA JOSEPH

AMAL IGNATIUS ALOOR

JILBI JOY MATHEW

IRINJALAKKUDA

25 / 03 / 2024

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Submitted by

RICHARD BABU
(Reg.NO: CCAVBSW043)

AKSHAY P
(Reg.NO: CCAVBSW055)

NANDANA T
(Reg.NO: CCAVBSW039)

Under the supervision of

Mr. SAIJITH NS

ASST.PROFESSOR, SOCIAL WORK DEPARTMENT



CHRIST

COLLEGE (AUTONOMOUS)

IRINJALAKUDA, KERALA

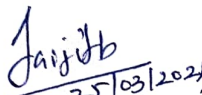
Reaccredited by NAAC with 'A++' grade

Department of Social Work
Christ College (Autonomous)
Irinjalakuda


March 2024

CERTIFICATE


This is to certify that the project entitled “A study on attitude of social work students towards homosexuals”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr. Richard Babu (Reg.NO: CCAVBSW043), Ms. Nandana T (Reg.NO: CCAVBSW039) and Mr. Akshay P (Reg.NO: CCAVBSW055)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.


25/03/2024
Mr. Saijith N. S
Guide and Supervisor




22/3/24
Dr Ajeesh George
Head, Dept. of Social Work


Signature of External Examiner


Name of External Examiner

DECLARATION

We, **Mr. Richard Babu**(Reg.NO: CCAVBSW043), **Ms. Nandana T**(Reg.NO: CCAVBSW039) and **Mr. Akshay P**(Reg.NO: CCAVBSW055) hereby declare that the project entitled “**a study on attitude of social work students towards homosexuals**”, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of **Mr..Saijith N.S** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

Place: Irinjalakuda

Date:

Name: Richard Babu

Nandana T

Akshay P

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FUNCTIONS OF ICDS IN TRIKKUR GRAMMA PANCHAYATH

A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.

SUBMITTED BY

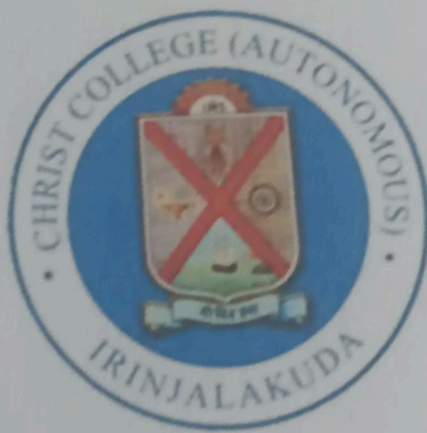
Navaneeth R

REG NO CCAVBSW040

Under the Supervision of

Mr Saijith N S

Asst. professor Department of social work



Department of Social work Christ college (Autonomous)

Irinjalakuda

MARCH 2024

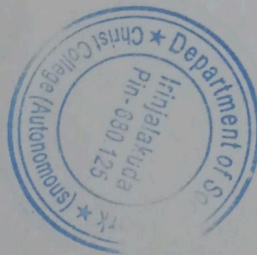
CERTIFICATE

This is to certify that the project entitled "**Title of the study**", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Mr/Ms. NAVANEETH .R** (Reg. No. **CCAVBSW040**) during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

*This is only a
Conceptual Review-*

Name: Saijith N S
Guide and Supervisor

*Saijith
25/03/2024*



For Dr. Ajeesh George

*Saijith
25/03/2024*
Dr Ajeesh George
Head, Dept. of Social Work

Signature of External Examiner

Name of External Examiner

[Signature]

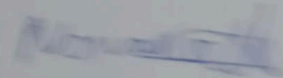
Stephy Francis

DECLARATION

I, Mr/Ms NAVANEETH.R hereby declare that the project entitled "Title of the study", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the Degree in Bachelor of Social Work is a record of original research work done by me during 2023-24 under the supervision and guidance of Dr/Mr/Ms SIVITHA P.S of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship or other similar title to any candidate in any University.

Name:

NAVANEETH.R



Place: IRINJALAKUDA

Date: 25/03/2024

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**SEX EDUCATION IN ADOLESCENCES: A STUDY ON
ATTITUDE OF PARENTS IN IN MURIKKUNGAL,
MATTATHUR PANCHAYATH**
A project submitted to the Christ College (Autonomous), Irinjalakuda,
Affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.

SUBMITTED BY

KALYANI K J (REG NO: CCAVBSW012)

NIDHAL MUHAMMED MUSTHAFA (REG NO: CCAVBSW012)

ROBIN T J (REG NO: CCAVBSW044)

Under the supervision of

Ms. Amrutha M Thankan

Asst. Professor, department of social work



**Department of social work
Christ college (autonomous)**

Irinjalakuda

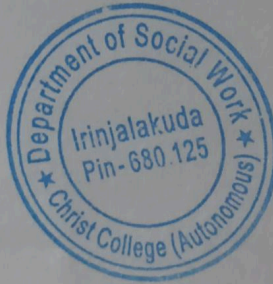
March 2024

CERTIFICATE

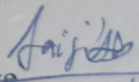
This is to certify that the project entitled **"SEX EDUCATION IN ADOLESCENCES: A STUDY ON ATTITUDE OF PARENTS IN IN MURIKKUNGAL, MATTATHUR PANCHAYATH"**, submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. KALYANI K J(Reg. No. CCAVBSW012)**, **Mr. NIDHAL MUHAMMED MUSTAFHA(Reg. No. CCAVBSW012)**, **Mr. ROBIN T J(Reg. No. CCAVBSW044)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

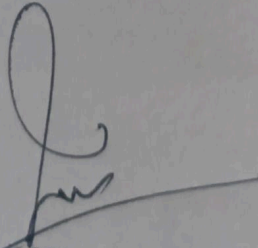


Ms. Amrutha M Thankan
Guide and Supervisor



For Dr. Ajeesh George


Dr Ajeesh George
Head, Dept. of Social Work
25/03/2024



Signature of External Examiner

Name of External Examiner

Joseel. PJ

DECLARATION

I, Ms. KALYANI K J ,Mr. ROBIN TJ, Mr. NIDHAL MUHAMMED MUSTHAFA hereby declare that the project entitled "SEX EDUCATION IN ADOLESCENCES: A STUDY ON ATTITUDE OF PARENTS IN MURIKKUNGAL, MATTATHUR PANCHAYATH" , submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by me during 2023-24 under the supervision and guidance of Ms. **Amrutha M Thankan** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/ Associate ship/ Fellowship of other similar title to any candidate in any University.

KALYANI K J

ROBIN T J

NIDHAL MUHAMMED MUSTHAFA

IRINJALAKKUDA

22 / 03 / 2024

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**A STUDY ON SOCIO-ECONOMIC CONDITION OF
MIGRANT WORKERS IN CHALAKKUDY.**

**A project submitted to the Christ College (Autonomous), Irinjalakuda,
affiliated to the University of Calicut in partial fulfilment of the
Degree of Bachelor of Social Work.**

Submitted by

NIKHILA. K. UNNIKRISHNAN (REG NO: CCAVBSW016)

NINITHA THOMAS (REG NO: CCAVBSW042)

SIJIL BABU (REG NO: CCAVBSW017)

Under the supervision of

Ms. ROSEMOL DANY A

Asst. Professor, Department of Social Work

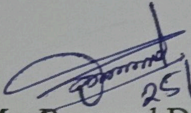


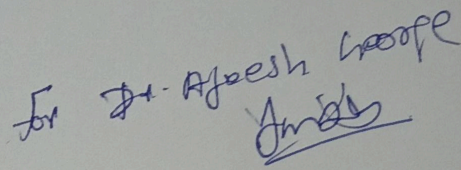
**Department of social work
Christ college (autonomous)
Irinjalakuda**

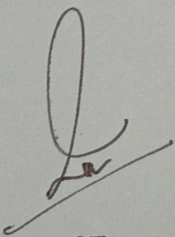
March 2024

CERTIFICATE

This is to certify that the project entitled "A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements for the award of the **Degree in Bachelor of Social Work** is a record of original research work done by **Ms. NIKHILA K UNNIKRISHNAN (Reg. No. CCAVBSW016)**, **Ms. NINITHA THOMAS (Reg No. CCAVBSW042)**, **Mr. SIJIL BABU (Reg. No. CCAVBSW017)** during the period 2023- 24 under my supervision/guidance and that this project has not formed the basis for the award of any Degree/Diploma/Associate ship/fellowship and or similar title to any candidate of any University.

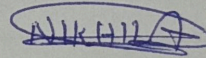

25/3/24
Ms. Rosemol Dany A
Guide and Supervisor


Dr Ajeesh George
Head, Dept. of Social Work

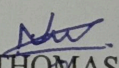
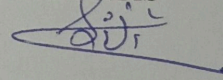

Signature of External Examiner
Name of External Examiner Jose L. P. J

DECLARATION

We, Ms. NIKHILA K UNNIKRISHNAN, Ms. NINITHA THOMAS, Mr. SIJIL BABU hereby declare that the project entitled "A STUDY ON SOCIO-ECONOMIC CONDITION OF MIGRANT WORKERS IN CHALAKKUDY", submitted to the Christ College (Autonomous), affiliated to the University of Calicut, in partial fulfilment of the requirements of the award of the **Degree in Bachelor of Social Work** is a record of original research work done by us during 2023-24 under the supervision and guidance of **MS. ROSEMOL DANY A** of Department of Social Work, Christ College (Autonomous) and it has not formed the basis for the award of any Degree/Diploma/Associateship/Fellowship of other similar title to any candidate in any University.



NIKHILA K UNNIKRISHNAN


NINITHA THOMAS
SIJIL BABU

IRINJALAKKUDA

25/03/2024

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