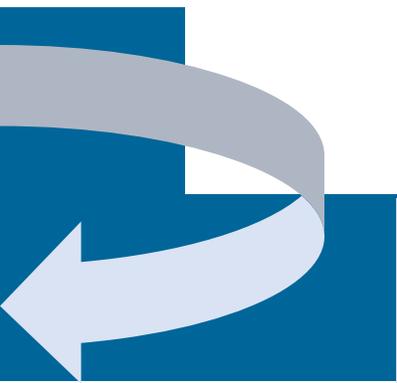




# Self Defense Training Programme

**Organized by** : Women Development Cell  
**Date** : 13.02.2024  
**Venue** : St. Chavara Hall  
**No. of students Participated** : 42





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## REPORT

On 13th February 2024, Women's Development Cell in association with Jeevani Students Well-being Centre, Christ College and Kerala Police conducted 'Women's Self-defence Training Programme'. The training programme was welcomed by Principal, Fr. Dr. Jolly Andrews, CMI. Ms. Aleena Johnson Counsellor from Jeevani Students Wellbeing and Ms. Sheeba Varghese vice-principal felicitated the gathering. ASI, Sindu.T.K from the Thrissur circle delivered a talk on the relevance of women's self-defence and explained how the self-defence training increased the confidence of girls and protected them from atrocities. After the talk Senior Police officials Jiji.V.V and Shajamol conducted an interesting practical session in which all the students actively participated.

# BROCHURE

 **CHRIST**  
COLLEGE (AUTONOMOUS)  
IRINJALAKUDA, KERALA

## **Kerala Police Women Self defence Training Programme**

 *In association with*  
**Women's Development Cell &  
Jeevani  
Students Well Being Centre  
Christ College**



  
**13/02/2024**

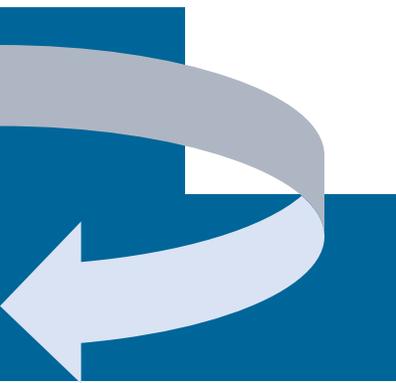
  
**10.00 AM to  
1.00PM**

  
**Chavara Seminar Hall**





## PHOTOS



# ATTENDANCE

Kerala Police Self Defence Training Programme  
Feb. 13<sup>th</sup>, 2024 (Conducted by WDC & Jeevani)

Admi.No	NAME	Batch /	SIGNATURE
29957	SANAYA SANTHOSH	PSYCHOLOGY A	[Signature]
29885	ANGONA SEBASTIAN	PSYCHOLOGY A	[Signature]
11946	VAIDERI.C.V	Integrated Criminology	[Signature]
11930	Ann Mariya Jiju	Integrated Criminology	[Signature]
11945	SWETHA S.	INTEGRATED Criminology	[Signature]
30403	Nana	Psychology A	[Signature]
12294	Shamma A	I.M.A HISTORY	[Signature]
12312	Beena D	I.M.A HISTORY	[Signature]
10555	Rukmini. R. Varma	BSc physics 2 <sup>nd</sup> year	[Signature]
29943	NANDITHA NATH PH	PSYCHOLOGY-A 1 <sup>st</sup> year	[Signature]
29927	JESLIYA P.J.	PSYCHOLOGY-A 1 <sup>st</sup> year	[Signature]
12251	Karjón marlyja	I.M.A HISTORY	[Signature]
12246	KRISHAENDU.T.B	I.M.A HISTORY	[Signature]
12249	ALIDHI AS	" "	[Signature]
12285	Anisha Kurukose	" "	[Signature]
12240	Anugraha paully	" "	[Signature]
12242	Shreya P Nair	I.M.A History	[Signature]
11218	Riyana Abdul sidag-c	BSc Criminology (2 <sup>nd</sup> year)	[Signature]
11383	Seeya A.V	" "	[Signature]
29962	Shaino Mariya Anil	BSc Psychology A - 1 <sup>st</sup> year	[Signature]
10839	Sreha Stephen	BSc physics	[Signature]

Kerala Police Self Defence Training Programme  
Feb. 13<sup>th</sup>, 2024 (Conducted by WDC and Jeevani)

Admi.No	NAME	Batch	SIGNATURE
12245	Inosha Bayju	I.M.A HISTORY	[Signature]
29945	Hiba Fatima Alisha	Psychology - A batch	[Signature]
29964	Sivani Nandakumar	Psychology - A batch	[Signature]
29826	Amika MA	Psychology - A batch	[Signature]
29922	Aleena P.S	Psychology B batch	[Signature]
29947	Caroline M	Psychology B batch	[Signature]
29905	Deva Nanda S Nair	Psychology B Batch	[Signature]
29881	Aishwarya N.S	Psychology B Batch	[Signature]
29274	Ashwini Krishna V G	Psychology B Batch	[Signature]
29838	Mulla Suresh	Psychology B Batch	[Signature]
29894	Amulya George	Psychology B Batch	[Signature]
29896	Anwar Anilkumar Wamee	Psychology B Batch	[Signature]
29860	Ashwin Hakim	Psychology B Batch	[Signature]
29936	Manasa	Psychology B Batch	[Signature]
29870	Akhilanoor P.F	Psychology B	[Signature]
29898	Apreen U	Psychology B	[Signature]
29951	Thasim	Psychology B	[Signature]
29932	Kruthika o.R	Psychology B	[Signature]
10781	Sivanandana A.S	BSc Physics	[Signature]
29911	FAIZA ZARINE M.B	BSc Psychology (B)	[Signature]
29914	CHAYATHRI DEVI C.S	BSc Psychology (B)	[Signature]