

**23BP24**

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Name: .....

Reg. No: .....

**SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2025**

(Regular/Supplementary/Improvement)

**CC15U BPE2 T9 / CC19U BPE2 T9 - EDUCATIONAL AND SPORTS PSYCHOLOGY**

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

**PART-A**

Answer any *three* questions.

1. Explain the need and importance of educational psychology and sports psychology?  
(1 × 15 = 15 Marks)

2. (A) Complete the following:

- a) Motive, Need and -----
- b) ----- transfer, Negative transfer and zero transfer.
- c) Coach gives peptalk during competition is ----- motivation.
- d) Father of stimulus and response theory is -----
- e) The word personality comes from the Latin word persona meaning -----

(5 × 1 = 5 Marks)

(B) Match the following:

- a) Learning - Ability to stick together
- b) Introspection - Science of human behavior
- c) Need - Modification of behavior through experience
- d) Cohesion - Observation of one's own thoughts
- e) Psychology - Physiological or Psychological requirement

(5 × 1 = 5 Marks)

(C) Fill in the blanks:

- a) Learning by insight was proposed by -----
- b) Engaging in an activity for sheer enjoyment is ----- type of motivation.
- c) Infancy, ----- Adolescence.
- d) A thorough study of a single person or community is called -----
- e) Law of use and disuse is also called -----

(5 × 1 = 5 Marks)

3. Briefly Explain:

- a) Reward and punishment
- b) Importance of team cohesion.
- c) Law of Readiness.

(3 × 5 = 15 Marks)

4. Explain the following:
- a) Plateau in learning.
  - b) Growth and development.
  - c) Role of sports psychology in sports.

**(3 × 5 = 15 Marks)**

5. Describe the following:
- a) Conscious mind.
  - b) Observation method.
  - c) Individual difference in sports.

**(3 × 5 = 15 Marks)**

### **PART-B**

Answer any *one* question.

6. Explain trial and error theory with educational implications.

**(1 × 15 = 15 Marks)**

7. Write short notes on the following:
- a) Importance of motivation in sports.
  - b) Socialization through sports.
  - c) Principles of growth and Development.

**(3 × 5 = 15 Marks)**

### **PART-C**

Answer any *five* questions.

- 8. Types of groups.
- 9. Achievement motivation.
- 10. Introvert and Extrovert.
- 11. Counseling Psychology.
- 12. Learning Curve.
- 13. Cognition.
- 14. Guidance.
- 15. Personality.

**(5 × 3 = 15 Marks)**

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