

22BP33

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Name:

Reg. No:

THIRD YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2025

(Regular/Supplementary/Improvement)

**CC15U BPE3 T14 / CC19U BPE3 T14 – TESTS AND MEASUREMENTS IN
PHYSICAL EDUCATION**

(2015 Admissions onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any **three** questions from **Part –A.**
Any **one** question from **Part-B.** Question from **Part C** is Compulsory.

Part – A

1. Define the term Test, Measurement and Evaluation. Explain the need and importance in the field of physical education.

(1 × 15 = 15 Marks)
2. Write Short notes on the following:
 - a) Anthropometric Measurements.
 - b) Snellen's Chart.
 - c) Percentiles and quartiles.

(3 × 5 = 15 Marks)
3. Briefly explain the following:
 - a) Criteria for a good test.
 - b) MC. Donald Soccer Test.
 - c) BMI

(3 × 5 = 15 Marks)
4. Describe the following:
 - a) Any fitness Test.
 - b) Nutritional Status.
 - c) Duties during the test.

(3 × 5 = 15 Marks)
5. Define Physical Fitness and explain the components of physical fitness.

(1 × 15 = 15 Marks)

Part – B

6. If the mean of the given frequency distribution is 35, then find the missing frequency y. Also, calculate the median and mode for the distribution.

Class	10-20	20-30	30-40	40-50	50-60
Frequency	2	4	7	y	1

(1 × 15 = 15 Marks)

7. Write Short notes on the following:

- a) J.C.R Test.
- b) Somato Typing.
- c) Muscular Strength.

(3 × 5 = 15 Marks)

Part – C

8. Answer any *five* of the following:

- a) Validity.
- b) Agility.
- c) Vital Capacity.
- d) Sampling.
- e) Kinds of data.
- f) Norms.
- g) Cardio- respiratory endurance.
- h) Test - Retest Method.

(5 × 3 = 15 Marks)
