

21BP48

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Name:.....

Reg. No.....

FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATIONS, APRIL 2025

(Regular/Supplementary/Improvement)

CC15U BPESS4 T27 / CC19U BPESS4 T27 – HANDBALL

(Specialization Course)

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

I. Answer any *one* of the following:

1. Draw a neat diagram of handball court with all specification.

Or

2. Explain the role of technical officials from the beginning of the match till the end.

(1 × 15 = 15 Marks)

II. Write short notes on the following:

3. Explain the role of coach during a match.

4. Explain two leadup activities for improving goalkeeping technique.

5. Fake and faints.

(3 × 5 = 15 Marks)

III. Explain the following:

6. Motor skills needed for a handball player.

7. Development of handball in India.

8. 6-0 Defense.

(3 × 5 = 15 Marks)

IV. Fill in the blanks:

9. The size of a Handball post is -----x-----

10. Length of the penalty throw line is -----

11. The Goal lines are ----- cm wide

12. A faulty substitution has to be punished with -----

13. Goalkeeper shall not ----- the opponent while in the act of defense.

(5 × 1 = 5 Marks)

V. Write true or false:

14. It is allowed to hit the ball with the knees - True/ false.

15. A player is allowed to roll the ball repeatedly with one hand - True/ False.

16. Play continues if a ball touches the referee on the court. - True/ false.

17. Passive play results in losing of ball position - True/ false.
18. A player can use one's trunk to block one opponent, in a struggle for position of the ball - true/ false.

(5 × 1 = 5 Marks)

VI. Match the following:

- | | | |
|---|---|--------------------|
| 19. International body for Handball | - | HFI |
| 20. Suspension | - | Punishment |
| 21. Number of players in substitution bench | - | Unlimited |
| 22. Time out | - | 1 minute |
| 23. Indian body for Handball | - | IHF |
| 24. Passive play | - | 7 |
| 25. Maximum number of steps without dribbling | - | 3 |
| 26. Number of players allowed in the goal are a | - | 3 steps |
| 27. Substitutions | - | forewarning signal |
| 28. Minimum suspension period | - | 2 min |

(10 × 1 = 10 Marks)

VII. Write the answer in one word:

29. Winner of Olympic handball in Paris 2024.
30. International handball federation head quarter is situated in which country?
31. How many players are needed in one team at the starting of the match?
32. How over time is played?
33. The maximum number of players allowed in a team is
34. What is the purpose of goal keeper's restraining line?
35. How many time outs are allowed in one match per team?
36. What is the results of faulty substitution?
37. What is rolling substitution.
38. Weight of the men ball.

(10 × 1 = 10 Marks)
