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(Pages: 2)

Name.....

Reg. No.....

# SECOND SEMESTER M.Sc. DEGREE EXAMINATION, JULY 2016

(CUCSS - PG)

(Clinical Psychology)

## CC 15P CP2 E01 - HEALTH PSYCHOLOGY

(2015 Admission)

Time: Three Hours

Maximum: 36 Weightage

#### Part I

(Answer all questions. Each question carries 1 weightage)

- 1. Prognosis.
- 2. Autoimmune disorders.
- 3. GAS
- 4. Social engineering.
- 5. Phantom limb
- 6. PTSD
- 7. Type I diabetes.
- 8. Metabolic syndrome.
- 9. Epidemiology.
- 10. Atherosclerosis.
- 11. Psychosomatic medicine.
- 12. Living will.
- 13. Window of vulnerability.
- 14. Psycho neuro- immunology.

 $(14 \times 1 = 14 \text{ Weightage})$ 

#### Part II

(Answer any seven questions. Each question carries 2 weightage)

- 15. What are behavior change models? Explain.
- 16. Briefly describe the psychological causal factors of hypertension.
- 17. Describe the scope of health psychology.
- 18. Explain the role of medical staff in dealing with terminal illness.
- 19. What can a health psychologist do with AIDS patients?
- 20. What is meant by mental health? Explain the characteristics of a mentally healthy individual.
- 21. Describe how psychological factors affect immune system.
- 22. Explain the psychological techniques to reduce stress.
- 23. What are the different ways of pain management? Explain.
- 24. Explain the risk factors of the habit of smoking.

 $(7 \times 2 = 14 \text{ Weightage})$ 

### Part III

(Answer any two questions. Each question carries 4 weightage)

- 25. Describe how the field of health psychology originated.
- 26. Explain psychological factors involved in causing and treating pain.
- 27. Describe risk factors of obesity.
- 28. Explain psychological factors involved in cancer and arthritis.

 $(2 \times 4 = 8 \text{ Weighta})$ 

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