

17P240

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Name:.....

Reg. No.....

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, MAY 2018

(Regular/Supplementary/Improvement)

(CUCSS - PG)

CC15P CP2 C06 - PSYCHOTHERAPEUTICS - I

(Clinical Psychology)

(2015 Admission Onwards)

Time: Three Hours

Maximum: 36 Weightage

PART-I

Answer *all* questions. Each question carries 1 weightage.

1. Disputing.
2. Flooding.
3. Self Transcendence.
4. Reframing.
5. Arbitrary Inference.
6. Dysfunctional Belief.
7. Goals of Behaviour Therapy.
8. Mirror Technique.
9. Archetype.
10. EMDR
11. Guided Discovery.
12. Contact boundaries.
13. Self efficacy.
14. Counter transference.

(14 x 1= 14 Weightage)

PART-II

Answer any *seven* questions. Each question carries 2 weightage.

15. Behavioural interview.
16. Goals of Psychoanalytic Psychotherapy.
17. Grief Resolution.
18. Assessment in Cognitive Therapy.
19. Therapeutic Processes in Existential Therapy.
20. Systematic Desensitization.
21. In vivo Therapies.

22. Cognitive Distortions.
23. Role Playing.
24. Briefly describe how awareness is created in Gestalt Therapy.

(7 × 2 = 14 Weightage)

PART-III

Answer any *two* questions. Each question carries 4 weightage.

25. Give Brief account on the Major Family Therapies.
26. Explain in detail the therapeutic approach in REBT.
27. Critically analyze the types of Psychotherapy.
28. Explain Thoeris of Behaviour therapy. Give a brief account of the modeling techniques.

(2 × 4 = 8 Weightage)
