

17P244

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Name.....

Reg. No.....

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, MAY 2018

(Regular/Supplementary/Improvement)

(CUCSS – PG)

CC15P SW2 C08 - THEORY AND PRACTICE OF COUNSELLING

(2015 Admission onwards)

Time: Three Hours

Maximum: 36 Weightage

Part I

Answer *all* questions. Each question carries 1 weightage.

1. Counselling setting.
2. Stages of death and dying.
3. Eclectism.
4. Ego states.
5. Referral.
6. Genetic counseling.
7. Privileged communication.
8. Confrontation.
9. Peer counseling.
10. Absenteeism.

(10 x 1 = 10 Weightage)

Part II

Answer any *six* questions. Each question carries 3 weightage.

11. Differentiate directive approach and nondirective approach in counselling.
12. Discuss the scope of career counselling in present scenario
13. Elucidate with example the techniques of paraphrasing, reflecting and summarising.
14. Briefly explain the importance of relationship in counselling.
15. How social case work is different from counselling?
16. Write a brief note on mindfulness based stress reduction.
17. Explain pre test and post test counselling.
18. Discuss the various personal qualities needed for an effective counsellor.
19. 'Licensure is important in counselling' – Discuss.

(6 x 3 = 18 Weightage)

Part III

Answer any *two* questions. Each question carries 4 weightage.

20. Explain the counselling process for a couple who is encountered with a marital discord.
21. Define skill in counselling and explain various skills needed for counsellor. Discuss the importance of nonverbal skills in counselling.
22. Addiction is increasing day-by-day. How a counsellor can intervene in the problem of addiction?
23. Explain the principles, therapy process and requisite therapist behaviour needed for a RET practitioner.

(2 x 4 = 8 Weightage)
