

**17P242**

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Name.....

Reg. No.....

**SECOND SEMESTER M.Sc. DEGREE EXAMINATION, MAY 2018**

(Regular/Supplementary/Improvement)

(CUCSS - PG)

(Clinical Psychology)

**CC 15P CP2 E01 - HEALTH PSYCHOLOGY**

(2015 Admission onwards)

Time: Three Hours

Maximum: 36 Weightage

**Part A**

Answer *all* questions. Each question carries 1 weightage.

1. Nociception.
2. Chronic pain.
3. LDL
4. Biofeedback.
5. Task oriented coping.
6. Biomedical model.
7. Congenital analgesia.
8. Epidemiology.
9. Mental health.
10. Gender.
11. Type II diabetes.
12. Acupuncture.
13. Phantom limb.
14. Social engineering.

**(14 x 1 = 14 Weightage)**

**Part B**

Answer any *seven* questions. Each question carries 2 weightage.

15. Explain benefits of yoga.
16. Psychoneuroimmunology.
17. Psychological factors in cancer.
18. Gender and health.
19. Transtheoretical model.
20. Theories of pain.

21. General Adaptation syndrome.
22. Characteristics of mentally health individual.
23. Health belief model.
24. Stress and illness.

**(7 x 2 = 14 Weightage)**

**Part C**

Answer any *two* questions. Each question carries 4 weightage.

25. Define objectives of health psychology. Critically evaluate different health models.
26. What is stress? Explain various stress management techniques.
27. Elaborate psychological factors in cancer and coronary heart diseases.
28. Explain how poor health behaviours can be modified.

**(2 x 4 = 8 Weightage)**

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