

18P250

(Pages: 2)

Name.....

Reg. No.....

SECOND SEMESTER M.S.W. DEGREE EXAMINATION, APRIL 2019

(CUCSS - PG)

(Social Work)

CC18P SW2 C11 - THEORY AND PRACTICE OF COUNSELLING

(2018 Admissions: Regular)

Time: Three Hours

Maximum : 36 Weightage

Part 1

Answer *all* questions. Each question carries 1 weightage.

Answer to each question should not exceed 50 words.

1. Grief Counseling.
2. Ego states.
3. Levels of consciousness.
4. Paraphrasing.
5. Empathy.
6. Token Economy.
7. Rational Self Analysis (RSA).
8. Systematic desensitization.
9. Psychotherapy.
10. Individual counseling.

(10 x 1 = 10 Weightage)

Part II

Answer any *six* questions. Each question carries 3 weightage

Answer to each question should not exceed 300 words.

11. Differentiate between Crisis counselling, Trauma counselling and Grief counselling.
12. Write a short note on Behaviour Therapy.
13. Discuss the Code of ethics and legal and ethical aspects of Counselling.
14. Differentiate between Counselling, Case work and Psychotherapy.
15. Explain the roles and functions of counselor in school settings.
16. Elaborate Transactional Analysis along with its indications and contraindications.
17. Differentiate between individual counselling and group counselling.
18. Explain the elements in counselling.
19. Brief about the personal qualities of a counselor.

(6 x 3 = 18 Weightage)

Part III

Answer any *two* questions. Each question carries 4 weightage.

Answer to each question should not exceed 800 words.

20. Explain Psycho Analytic Theory in counselling and how is it different from Client Centered Therapy.
21. Elaborate on skills required for the stages of counselling.
22. Explain the stages of counselling in detail.
23. Write about the roles of counsellor in the context of HIV/AIDS.

(2 x 4 = 8 Weightage)
