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THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2016

(CUCSS - PG)

(Clinical Psychology)

CC15P CP3 C09 - Psychotherapeutics - II

(2015 Admission)

Time: Three Hours

Maximum: 36 Weightage

Part - I

(Answer all questions. Each question carries one weightage)

- 1. Shaping
- 2. Classical conditioning
- 3. Interpersonal therapy
- 4. Guided imagery
- 5. Social learning theory
- 6. Token economy
- 7. Contingency management
- 8. Reinforcement
- 9. Meditation
- 10. Biofeedback
- 11. Modelling
- 12. Aversive techniques
- 13. Implosion therapy
- 14. Family therapy

 $(14 \times 1 = 14 \text{ weightage})$

Part - II

(Answer any seven questions. Each question carries two weightage)

- 15. Cognitive view of psychopathology.
- 16. Systematic desensitization
- 17. Marital therapy.
- 18. Ethical issues in psychopathology
- 19. Crisis intervention
- 20. The effectiveness of psychotherapy
- 21. Jacobson's Progressive Muscular Relaxation
- 22. Breathing techniques in psychotherapy
- 23. Therapies based on classical conditioning.
- 24. Goals of Interpersonal psychotherapy

 $(7 \times 2 = 14 \text{ weightage})$

Part - III

(Answer any two questions. Each question carries four weightage)

- 25. Give a critical evaluation on the differences among therapeutic approaches.
- 26. Discuss the goals and processes of marital therapy.
- 27. Define assertiveness training. Describe the steps in assertiveness training.
- 28. Application of behavioral therapies in detail.

 $(2 \times 4 = 8 \text{ weightage})$
