

17P341

(Pages: 2)

Name:

Reg. No.....

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2018

(Regular/Supplementary/Improvement)

(CUCSS - PG)

CC15P CP3 C09 - PSYCHOTHERAPEUTICS - II

(Clinical Psychology)

(2015 Admission onwards)

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer *all* questions. Each question carries 1 weightage.

1. Systematic Desensitization.
2. Extinction.
3. Modeling.
4. Meditation.
5. Breathing Exercise.
6. Punishment.
7. Flooding.
8. Chemical Aversion.
9. Vicarious Learning.
10. Contingency Management.
11. Shaping.
12. Social skills.
13. Token Economy.
14. Graded Exposure.

(14 x 1 = 14 Weightage)

Section B

Answer any *seven* questions. Each question carries 2 weightage

15. Classical conditioning.
16. Assertiveness training.
17. Jacobson's Progressive muscle relaxation.
18. Clinical assessment used in cognitive therapy.
19. Schedules of reinforcement.
20. Social learning theory.
21. Different phases of interpersonal therapy.

22. Cognitive Distortions.
23. Biofeedback techniques.
24. Crisis intervention therapy.

(7 x 2 = 14 Weightage)

Section C

Answer any *two* questions. Each question carries 4 weightage.

25. Write an essay on marital therapy.
26. Give a detailed account of behavior modification techniques.
27. Explain in detail the process and techniques used in cognitive therapy.
28. Write an essay on operant conditioning and its application in clinical settings.

(2 x 4 = 8 Weightage)
