

**17P343**

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Name.....

Reg. No.....

**THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2018**

(CUCSS-PG)

**CC15P CP3 E01 – COUNSELLING PSYCHOLOGY**

(Clinical Psychology)

(2015 Admission onwards)

Time : Three Hours

Maximum : 36 Weightage

**Part A**

Answer *all* questions. Each question carries 1 weightage.

1. Objectivity in counselling.
2. Process goals.
3. Principle of informed consent.
4. Premature termination.
5. Projective techniques.
6. The ability –potential response.
7. Thought suppression technique.
8. Role-play.
9. Self recording.
10. Existential anxiety.
11. Group dynamics.
12. Stress inoculation technique.
13. GAS
14. Phenomenology.

**(14 x 1 = 14 Weightage)**

**Part B**

Answer any *seven* questions. Each question carries 2 weightage.

15. Characteristics of effective counsellor.
16. Purpose and goals of counselling.
17. Skills involved in relationship building.
18. Chief techniques in behaviouristic counselling.
19. Eclectic counselling.
20. Cognitive distortions.
21. Types of groups.
22. Importance of career counselling.

23. Role of school counsellor.
24. Stress management techniques.

**(7 x 2 = 14 Weightage)**

**Part C**

Answer any *two* questions. Each question carries 4 weightage.

25. Elucidate the assumptions underlying the client centered perspective and describe the way it can be applied in counselling.
26. Briefly describe the techniques and process of group counseling and explain its relevance in current scenario.
27. Explain the different stages of counselling process.
28. Give a brief account of the perspectives of family counselling and its effectiveness in problem management.

**(2 x 4 = 8 Weightage)**

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