

**18P341**

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Name.....

Reg. No.....

**THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

(Regular/Supplementary/Improvement)

(CUCSS-PG)

**CC17P CP3 CO9 - PSYCHOTHERAPEUTICS - II**

Clinical Psychology

(2015 Admission onwards)

Time: Three Hours

Maximum: 36 Weightage

**Section A**

Answer *all* questions. Each question carries 1 weightage.

1. Distinguish between positive and negative reinforcement.
2. CBT
3. JPMRT
4. Grief.
5. Family system theory.
6. Gottman method of couple therapy.
7. Meditation.
8. Response prevention.
9. EMDR
10. In-vivo exposure.
11. Conditioned inhibition.
12. Distinguish between chemical aversion and verbal aversion.
13. All or nothing thinking.
14. Structural family therapy.

**(14 x 1 = 14 Weightage)**

**Section B**

Answer any *seven* questions. Each question carries 2 weightage.

15. What is reinforcement? Explain schedules of reinforcement.
16. Explain temporal relationship between the CS and UCS.
17. Assertiveness training.
18. Cognitive distortion.
19. Family therapy.
20. Ethical issues in psychotherapy.
21. Token economy.

22. Basic principles of classical conditioning.
23. Interpersonal therapy.
24. Social learning theory.

**(7 x 2 = 14 Weightage)**

**Section C**

Answer any *two* questions. Each question carries 4 weightage.

25. Compare and contrast in detail the classical conditioning and operant conditioning.
26. Describe different relaxation technique in detail.
27. Write about crisis intervention therapy.
28. Explain cognitive view of psychopathology. Describe process of cognitive behaviour therapy.

**(2 x 4 = 8 Weightage)**

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