

18P340

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Name.....

Reg. No.....

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2019

(Regular/Supplementary/Improvement)

(CUCSS-PG)

**CC15P CP3 C08 - A COMBINED INDIAN AND WESTERN APPROACH IN
HOLISTIC CLINICAL PSYCHOLOGY**

Clinical Psychology - Core

(2015 Admission onwards)

Time : Three Hours

Maximum : 36 Weightage

PART A

Answer *all* questions. Each question carries 1 weightage

1. Karmayoga.
2. Meaning of patanjali yoga.
3. Rajo Guna.
4. Reiki.
5. Self actualization.
6. Holistic psychology.
7. Psychopathology.
8. Meaning of Yoga.
9. Prathyahara.
10. Levels of consciousness.
11. Sufism.
12. Bhakthi Yoga.
13. Existentialism.
14. Hatha Yoga.

(14 x 1 = 14 Weightage)

PART B

Answer any *seven* questions. Each question carries 2 weightage.

15. Humanistic approach in psychotherapy.
16. Yoga theory of personality.
17. Purpose of a combined east -west approach in clinical psychology.
18. Alternate Eastern therapeutic approach.
19. Existential approach in psychotherapy.
20. Jnana Yoga.

21. The limitations of western approach.
22. The features of psychotherapy in India.
23. Yoga theory of psychopathology.
24. Concept and liberation in Zen.

(7 x 2 = 14 Weightage)

PART C

Answer any *two* questions. Each question carries 4 weightage.

25. Discuss and differentiate the Indian and Western approach in holistic clinical psychology.
26. Elaborate the Patanjali's Astanga yoga and the aim of yoga.
27. Explain in detail the phenomenological approach in psychotherapy.
28. Give a detailed account of Influence of yoga and other eastern holistic approach in psychotherapy.

(2 x 4 = 8 Weightage)
