

**18P343**

(Pages: 2)

Name.....

Reg. No.....

**THIRD SEMESTER M.Sc. DEGREE EXAMINATION, NOVEMBER 2019**

(Regular/Supplementary/Improvement)

(CUCSS-PG)

**CC15P CP3 E01 – COUNSELLING PSYCHOLOGY**

(Clinical Psychology)

(2015 Admission onwards)

Time: Three Hours

Maximum: 36 Weightage

**Part A**

Answer *all* questions. Each question carries 1 weightage.

1. Advance empathy.
2. Paraphrasing and reflecting.
3. Encounter group.
4. Outcome goals.
5. Active listening.
6. Congruence in counselling.
7. Process goal.
8. Guidance.
9. Four life position in TA.
10. Free association.
11. Cognitive rehearsal.
12. Decision making.
13. Transference.
14. Termination.

**(14 x 1 = 14 Weightage)**

**Part B**

Answer any *seven* questions. Each question carries 2 weightage.

15. Family counselling.
16. Characteristics of effective counsellors.
17. Importance of goal settings in counselling and types of goal.
18. Rational emotive therapy.
19. Ethical and legal issues in group counselling.
20. Explain opening techniques in counseling skills
21. Stress management.

22. Existential approach.
23. Projective techniques.
24. Termination and follow-up.

**(7 x 2 = 14 Weightage)**

**PART C**

Answer any *two* questions. Each question carries 4 weightage.

25. Briefly explain the counselling intervention programs.
26. Write an essay on eclectic counselling.
27. What is Group counselling? And different types of group and process involved in group counselling.
28. Career/ Vocational Counselling on theoretical basis.

**(2 x 4 = 8 Weightage)**

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