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Name: Reg. No.

## FIRST SEMESTER M.S.W. DEGREE EXAMINATION, DECEMBER 2017

(Regular/Supplementary/Improvement)

(CUCSS-PG)

# CC15P SW1 C05 - PERSONAL AND PROFESSIONAL SKILLS FOR SOCIAL WORKERS

(2015 Admission onwards)

Time: Three hours

Maximum: 36 Weightage

#### PART A

Answer *all* questions. Each question carries 1 weightage. (Answer to each question should not exceed 50 words)

- 1. Self-Awareness and self-esteem.
- 2. Active listening.
- 3. Advocacy letters.
- 4. Structure of Case Note.
- 5. Burnout.
- 6. Group Synergy.
- 7. Professional Integrity.
- 8. Ethical decision making.
- 9. Cyber Law.
- 10. Attitude.

 $(10 \times 1 = 10 \text{ Weightage})$ 

## PART B

Answer any *six* questions. Each question carries 3 weightage. (Answer to each question should not exceed 300 words)

- 11. Explain the core qualities for building relationship in social work practice.
- 12. Discuss the different Ego states.
- 13. Brief on the ICT resources in social work.
- 14. Describe the yoga and meditation for self-development.
- 15. Explain the principles of intra group dynamics relevant in the context of team building.
- 16. A proper understanding of non-verbal cues in a one to one helping process very important. Explain.
- 17. Write a note on Literature Review.
- 18. How can build and manage effective team?
- 19. Explain the need for self-development in social work

 $(6 \times 3 = 18 \text{ Weightage})$ 

## PART C

Answer any *two* questions. Each question carries 4 weightage.

(Each question should not exceed 800 words)

- 20. Explain the purpose, process and barriers of communication
- 21. What is stress and how can we manage stress?
  - 22. Explain transactional analysis and its application in social work practice
  - 23. What are the various techniques to understand self?

 $(2 \times 4 = 8 \text{ Weightage})$ 

(Answer to each question should not exceed 50 words)

Self-Awareness and self-esteem.

. Active listening.

Advocacy letters

4. Structure of Case Note.

Burnout.

5. Group Synergy

Professional Integrit

8. Ethical decision making.

Cyber Law

10 Attitude

(10 x I = 10 Weightage)

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Answer any six questions. Each question carries 3 weightage (Answer to each question should not exceed 300 words)

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  - 2 Discuss the different Ego states
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 $(6 \times 3 = 18 \text{ Weightage})$