

15BP41

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Name:.....

Reg. No.....

FOURTH YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2019

CC15U BPE4 T17 – CORRECTIVE PHYSICAL EDUCATION

(2015 Admissions Regular)

Time: Three Hours

Maximum: 75 Marks

I. Answer any one of the following:

1. Explain the importance of knowledge of corrective physical education to a Physical Educator.

Or

2. Explain Posture and write briefly on the different deviations commonly seen.

(1 x 15 = 15 Marks)

II. Write short notes on :

1. Principles of administering massage manipulations.
2. Therapeutic uses of Massage.
3. Classification of Massage.

(3 x 5 = 15 Marks)

III. Explain the following:

1. Kyphosis.
2. Lordosis.
3. Scoliosis.

(3 x 5 = 15 Marks)

IV. Fill in the blanks:

1. Percussion manipulation is also called
2. Kneading, Petrissage and Friction are types of manipulation.
3. Hacking , Clapping, Beating and Pounding are manipulations.
4. Scoliosis is also called
5. Bowlegs is also called

(5 x 1 = 5 Marks)

V. State True or False:

1. Shaking is a stroking Manipulation.
2. Isotonic contractions keep the length of the muscle same.
3. Clapping is a Pressure Manipulation.
4. Beating is a Percussion Manipulation.
5. Endomorphs have lots of body fat, lots of muscle.

(5 x 1 = 5 Marks)

VI. Answer in one word:

1. Body types marked by tall, slender and less musculature is a typical
2. Body types marked by short stature and bulky musculature is a
3. Body types with well defined musculature and proportionate limb lengths is a
4. Activity performed in water to assist rehabilitation after an injury
5. Lateral deviations of the spine is called
6. A test for Posture is
7. When the arches of the feet are fallen it is known as
8. Author of the text “Development and Adapted Physical Education” is
9. Lying, sitting, standing, kneeling and hanging are called positions.
10. Isotonic, Isometric and Isokinetic are movements that are

(10 x 1 = 10 Marks)

VII. Match the following:

- | | | |
|-----------------------|---|----------------------|
| 1. Round shoulders | - | Flatfoot |
| 2. Manipulations | - | Bodytypes |
| 3. Isotonic | - | Lordosis |
| 4. Hanging | - | Massage |
| 5. Somato type | - | Kyphosis |
| 6. Postural deviation | - | Fundamental Position |
| 7. Lumbar protrusion | - | Same tension |
| 8. Pressure | - | Foot Impression |
| 9. Relaxation | - | Kneading |
| 10. Pedograph | - | Therapy |

(10 x 1 = 10 Marks)
