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Name.....

Reg. No.....

FIRST YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2019

(Regular/Supplementary/Improvement)

CC15U BPE1 T4 - HISTORY OF PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part A** and *one* question from **Part B**.

Part C is compulsory.

Part A

1. Give a detailed note on Physical Education in Ancient Rome.

(1 x 15 = 15 Marks)

2. A. Expand the following:

- a. IASSPE
- b. NPED
- c. YMCA
- d. NFC
- e. CABPER

(5 x 1 = 5 Marks)

B. Match the following:

- | | | |
|-------------------------|-----|---------|
| a. Spartakiad | --- | Sweden |
| b. Lingiad | --- | Rome |
| c. Fredrich Ludwig John | --- | Greece |
| d. Thermae | --- | USSR |
| e. Palaestra | --- | Germany |

(5 x 1 = 5 Marks)

C. Fill in the blanks:

- a. Sports Authority of India was established in -----
- b. The Isthmian Games were held once in 2 years at Corinth for the honour of God -----
- c. The term 'fortius' in the Olympic motto denotes -----
- d. ----- is the collective term for four separate sports festivals held in ancient Greece.
- e. ----- was the founder President of the Kerala Sports Council.

(5 x 1 = 5 Marks)

3. Briefly explain the following:

- a. Akharas and Vyayam Shalas and its contributions.
- b. Differentiate Spartan and Athenian System of Education.
- c. Physical Education in Japan.

(3 x 5 = 15 Marks)

4. Describe the following:

- a. Utilitarianism.
- b. NDS
- c. NAPESS

(3 x 5 = 15 Marks)

5. Write Short notes on:

- a. Origin of Modern Olympic Games.
- b. National Sports Awards.
- c. G.V. Raja

(3 x 5 = 15 Marks)

Part B

6. Briefly explain the Post Independence developments in Indian Physical Education.

(1 x 15 = 15 Marks)

7. Write short notes on:

- a. Development of Sports Sciences in India.
- b. The Turnverine Movement in America.
- c. The British Influence on P.E. in India.

(3 x 5 = 15Marks)

Part C

8. Write short notes on any *five* of the following:

- a. Circus.
- b. Olympic Flag.
- c. Youth Welfare programme.
- d. Paralympics.
- e. Adhoc Enquiry Committee 1958.
- f. Indian Olympic Association.
- g. Spring field college of P.E.
- h. Contribution of Adolf Spiese.

(5 x 3 = 15 Marks)
