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Name.....

Reg. No.....

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2019

(Regular/Supplementary/Improvement)

CC15U BPE2 T8 - FOUNDATION OF PHYSICAL EDUCATION

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any *three* questions from **Part A** and *one* question from **Part B**.

Part C is compulsory.

Part A

1. Describe recent trends and problems in physical education.

(1 x 15 = 15 Marks)

2. (A) Match the following:-

- | | | |
|----------------------|---|------------------------|
| 1. Thorndike | - | Spencer & Schiller |
| 2. Surplus | - | Gutsmuth |
| 3. Recreation theory | - | Trial and error method |
| 4. Body type | - | Aristotle |
| 5. Cathartic theory | - | Sheldon |

(5 x 1 = 5 Marks)

- (B) Fill in the blanks:-

1. Puberty is the period in between _____ to _____ years.
2. _____ is the application of skills and knowledge that were learned in one situation to another learning situation.
3. _____ is a graphical representation of how learning takes place in particular situation.
4. Full form of UNESCO _____
5. Athletic body types are known as _____

(5 x 1 = 5 Marks)

- (C) State whether the following statements are True or False:

1. Existentialism says that society is more important than individual.
2. Broad shoulders people are ectomorph.
3. Physical education is science not an art.
4. Growth and development is gradual and long process.
5. Knowledge derived through science experience is Idealism.

(5 x 1 = 5 Marks)

3. Briefly explain the followings:
- (a) Aim and objectives of physical education
 - (b) Pragmatism
 - (c) Growth and development

(3 x 5 = 15 Marks)

4. Describe the following:
- (a) Agencies of education & their role
 - (b) Disadvantages of biped position
 - (c) Anatomical and mental age

(3 x 5 = 15 Marks)

5. Write short notes:
- (a) Theories of play
 - (b) Recreational programme for special groups
 - (c) Scope and nature of physical education

(3 x 5 = 15 Marks)

Part B

6. Role of physical education in context to social problems.

(1 x 15 = 15 Marks)

7. Describe the following:
- (a) Individual difference
 - (b) Naturalism
 - (c) Role of education in national Integration

(3 x 5 = 15 Marks)

Part C

8. Write short notes on any five of the following:
- (a) Montessori.
 - (b) Leisure.
 - (c) Realism.
 - (d) Sheldon's Classification of body types.
 - (e) Curriculum.
 - (f) Heredity.
 - (g) Evolution of man.
 - (h) UNESCO

(5 x 3 = 15 Marks)
