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Name.....

Reg. No.....

SECOND YEAR B.P.Ed. (INTEGRATED) DEGREE EXAMINATION, APRIL 2019

(Regular/Supplementary/Improvement)

CC15U BPE2 T9 - EDUCATIONAL AND SPORTS PSYCHOLOGY

(2015 Admission onwards)

Time: Three Hours

Maximum: 75 Marks

Answer any **three** questions from **Part A** and **one** question from **Part B**.

Part C is compulsory.

Part A

1. Define psychology. Explain the meaning, nature and scope of sports psychology.

(1 x 15 = 15 Marks)

2. (A). Expand or complete the following:

1. Father of sports psychology is
2. Method of comparing two or more naturally occurring groups.
3. is the level of anxiety about sporting events.
4. The motivation result from external reward.
5. PMR

(5 x 1 = 5 Marks)

(B) Match the following:

- | | | |
|-----------------------|---|---------------|
| 1. Trial-and-Error | - | Intrinsic |
| 2. Stress | - | E.L.Thorndike |
| 3. Motivation | - | Pavlov |
| 4. Cohesion | - | chronic worry |
| 5. Conditioned Reflex | - | Team work |

(5 x 1 = 5 Marks)

(C). Fill in the blanks:

1. is an aspect of educational program.
2. is an individual's unique pattern of trait.
3. is doing something unpleasant to someone.
4. is the process of acquiring new knowledge or skill.
5. is known as the father of Psychology.

(5 x 1 = 5 Marks)

3. Write short notes on:
- a) Kinds of Learning.
 - b) Types of Motivation.
 - c) Personality Traits.
- (3 x 5 = 15 Marks)**

4. Explain the following:
- a) Condition reflex theory.
 - b) Experimentation method.
 - c) Learning curve.
- (3 x 5 = 15 Marks)**

5. Describe the following:
- a) Effects of sports on personality.
 - b) Inverted U hypothesis.
 - c) Laws of learning.
- (3 x 5 = 15 Marks)**

Part B

6. Define growth and development. Explain the stages of growth and development.
- (1 x 15 = 15 Marks)**
7. Write short notes on:
- a) Guidance and counselling.
 - b) Stages of mind.
 - c) Introspection method.

(3 x 5 = 15 Marks)

Part C

8. Answer any *five* of the following:
- a) Group cohesion.
 - b) Drive.
 - c) Re-inforcement.
 - d) Learning by insight.
 - e) Extrovert and introvert.
 - f) Motive.
 - g) Cognition.
 - h) Leadership.
- (5 x 3 = 15 Marks)**
